

**Cowapa League
District One A-2
District One-AA
District One 3A
1962-**

Astoria	1981-
Banks	1962-1965
	1978-1980
	1995-
Bishop Dagwell	1966-1968
Clatskanie	1962-2002
Concordia Lutheran	1962-1967
Corbett	1962-1968
Estacada	1962-1963
Gaston	1962
Knappa	1964-1969
Neah-Kah-Nie	1969-1983
Rainier	1962-
St. Helens	1980-2000
Scappoose	1966-
Seaside	1968-
Tillamook	1972-1998
	2003-
Vernonia	1968-1971
Warrenton	1968-1971

Honor Roll of Champions
of the
Cowapa League
District One A-2
District One-AA
District One 3A

Three Time State Champions

Greg Strobel	Scappoose	1968-70	191
Walt Markee	Tillamook	1978-80	115-136
Tom Lofland	Scappoose	1980-82	115
Jack Vantress	Tillamook	1984-87	98-136

Two Time State Champions

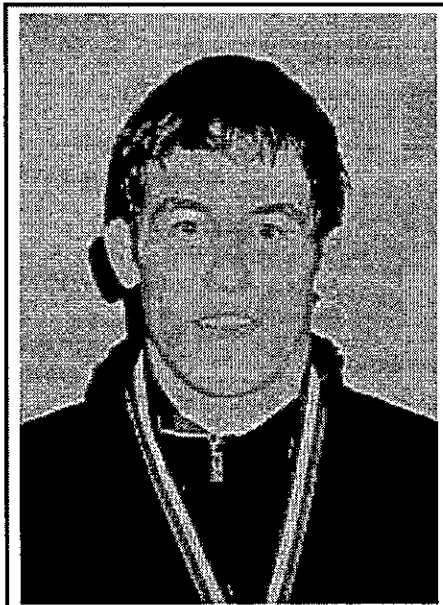
Don Schimmel	Rainier	1966-67	141-148
Kelly Bledsoe	Rainier	1969-70	178
Tim Strobel	Scappoose	1973-74	157-168
Scott Ames	Scappoose	1981-82	Hwt-191
Joe Sloan	Rainier	1985-86	123
Doug Nicholson	Tillamook	1985-86	130
Jeff McCoy	St. Helens	1989-90	189-191
Mike Pense	St. Helens	1991-92	275
Sam Lofland	Scappoose	1997, 2000	119-140
Chad Winters	Seaside	2000, 2002	103-119

Four Time District Champions

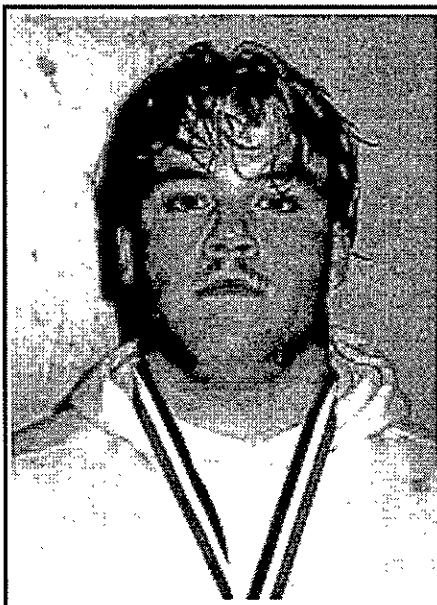
Walt Markee	Tillamook	1977-80	106-136
Tom Lofland	Scappoose	1979-82	106-115
Rob Tanner	Tillamook	1989-92	112-148

Outstanding Wrestlers

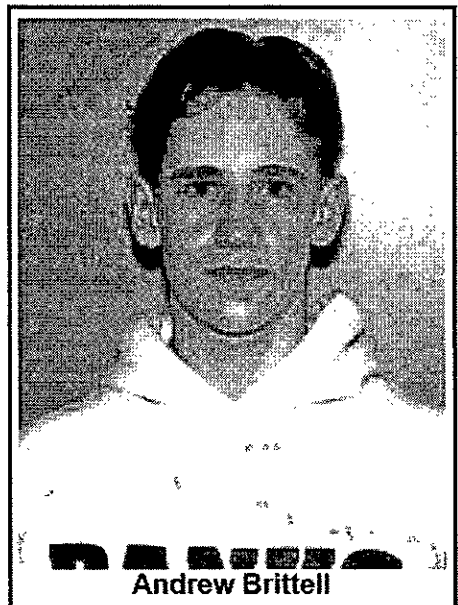
1969	Elvin Sherman	Clatskanie	106
1976	Mark Lindorff	Tillamook	148
1982	Todd Nicholson	Tillamook	130
1987	Jack Vantress	Tillamook	136
1988	Jeff McCoy	St. Helens	168
1990	Jeff McCoy	St. Helens	191
1991	Rob Tanner	Tillamook	136
1992	Rob Tanner	Tillamook	148
1993	Jamie Dixson	Tillamook	178
1995	Don Maller	Banks	142
1996	Clint Turner	Banks	151



Nick Hurliman
Tillamook



Larry Scott
Banks



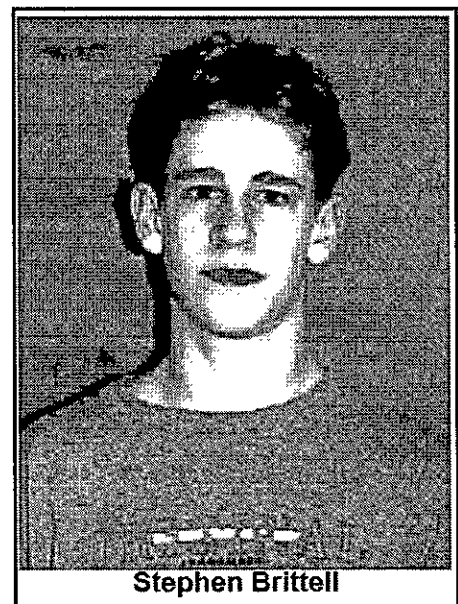
Andrew Brittell
Banks



Jeremy Abarno
Banks



Coleman Nelson
Scappoose



Stephen Brittell
Banks

Cowapa League District One A-2\AA\3A

1st Cowapa League Championships February 18, 1961 Rainier High School Rainier, Oregon

98 pounds

1. Gary Bassham (pin)	Estacada
2. Buddy Hopkins	Estacada
3. John Klein (decision)	Rainier
4. Neil Slaymaker	Rainier

106 pounds

1. Tim Seal (decision)	Estacada
2. Dave Crater	Estacada
3. George Chavez (decision)	Rainier
4. Jim Herinckz	Banks

115 pounds

1. Paul Carrico (decision)	Rainier
2. Ted Hodgekiss	Estacada
3. Joe Nolesco (pin)	Rainier
4. Da Hermes	Concordia

126 pounds

1. John Hopkins (decision)	Estacada
2. Gerald Caulfield	Rainier
3. Jim Budge (decision)	Rainier
4. Charles Cansler	Estacada

131 pounds

1. Dave Turner (pin)	Estacada
2. Don Dobbins	Estacada
3. Dan Carter (decision)	Rainier
4. Dennis Wildermuth	Concordia

136 pounds

1. Roy Atwood (decision)	Estacada
2. Gary Kimper	Banks
3. Curry Slaymaker (pin)	Rainier
4. Paul Vandehey	Banks

142 pounds

1. Steve White (decision)	Rainier
2. Robert Young	Estacada
3. Vic Raatz (pin)	Concordia
4. Glen Smith	Estacada

148 pounds

3. Bruce Lindskey (decision)	Concordia
4. Dan Cook	Estacada

157 pounds

1. Larry Carter (decision)	Rainier
2. Pat Sullivan	Estacada
3. Ed Larson (pin)	Estacada
4. Dan Schuldhelsz	Concordia

168 pounds

1. Rollin Schimmel (decision)	Rainier
2. Wayne Bassham	Estacada
3. Randy Grauer (decision)	Concordia
4. Gregg Anderson	Concordia

178 pounds

1. Earl Isabell (pin)	Estacada
2. Martin Marquart	Rainier

191 pounds

1. Irwin Schimmel (decision)	Rainier
2. Daryl Genteman	Estacada

Heavyweight

1. David Paine (pin)	Estacada
2. John Curtis	Rainier

Team Results

1. Estacada	176
2. Rainier	114
3. Banks	26
4. Concordia	24

Review, Rainier, Feb. 23, 1961, page 5.
News-Register, McMinnville, Feb. 28, 1961, page 6.

District One A-2 Championships March 3-4, 1962 Rainier High School Rainier, Oregon

98 pounds

1. Haines	Corbett
2. Matney	Estacada
3. Lanning	Estacada
4. Al Wells	Gaston

106 pounds

1. Harold Tipton	Rainier
2. Hanson	Concordia
3. Reiter	Corbett
4. Abbott	Estacada

115 pounds

1. Moore	Estacada
2. Tim Seal	Estacada
3. Pfaff	Rainier
4. Neil Slaymaker	Rainier

123 pounds

1. Ted Hodgekiss	Estacada
2. Wildermuth	Concordia
3. Klein	Rainier
4. Tanner	Corbett

130 pounds

2nd 1. Dave Turner	Estacada
2. Heinrichs	Concordia
3. Canzler	Corbett
4. Davis	Corbett

136 pounds

1. George Raatz	Concordia
2. Gary Kemper	Banks
3. Davidson	Estacada
4. Young	Estacada

141 pounds

2nd 1. Dick Goodling	Corbett
2. White	Rainier
3. Nelson	Clatskanie
4. Young	Estacada

148 pounds

1. Hauck	Corbett
2. Bruce Lindskey	Concordia
3. Don Carter	Rainier
4. Dobbins	Estacada

157 pounds

1st 1. Roland Schimmel	Rainier
2. Cook	Estacada
3. Ellis	Corbett
4. Davis	Corbett

168 pounds

1. Bill Gentleman	Estacada
2. Tim Herinckx	Banks
3. Johnson	Clatskanie
4. Hadlock	Rainier

178 pounds

2nd 1. Larry Adamson	Estacada
2. Lanson	Estacada
3. Fogle	Corbett
4. Willis Meeuwsen	Banks

191 pounds

1. Baker	Corbett
2. Hig	Estacada
3. Schmidt	Rainier
4. Krause	Rainier

Heavyweight

1. Frenz	Concordia
2. John Curtis	Rainier
3. Davis	Estacada
4. Guthu	Estacada

Team Results

1. Estacada	162
2. Corbett	104
3. Rainier	92
4. Concordia	70
5. Banks	26
6. Clatskanie	14
7. Gaston	10

Cowapa League Dual Meet Championships 1. Estacada

News-Times, Forest Grove, March 8, 1962, page 5.
Review, Rainier, March 8, 1962, page 5.

Cowapa League Tournament February 2, 1963 Estacada High School Estacada, Oregon

123 pounds

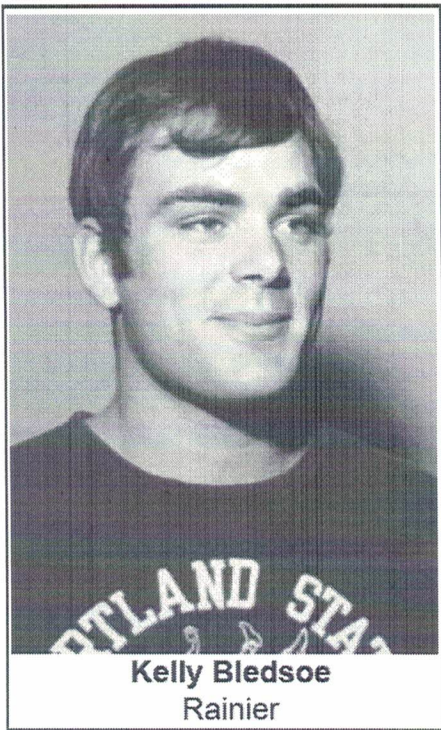
1. Mike Williams	Estacada
2. Paul Herb	Banks

Team Results

1. Estacada	183
2. Rainier	93
3. Concordia	91
4. Clatskanie	26
5. Banks	19

News-Times, Forest Grove, Feb. 7, 1963, page 5.





District One A-2 Championships
February -23, 1963
Corbett High School
Corbett, Oregon

	98 pounds	
1.	Robert Minto	Estacada
2.	Ernie Fogel	Corbett
	106 pounds	
1.	John Lanning	Estacada
2.	Scott Justice	Estacada
	115 pounds	
1.	Steve Poorman	Rainier
2.	Robert Haines	Corbett
	123 pounds	
1.	Tim Williams	Estacada
2.	Jim Pfaff	Rainier
	130 pounds	
2nd	1. Arthur Canzler	Corbett
	2. Bud Hopkins	Estacada
	136 pounds	
1.	Lloyd David	Corbett
2.	Gary Moore	Corbett
3.	Jim Herinckx	Banks
4.	Gary Zulckes	Estacada
	157 pounds	
4th	FL. Don Carter	Rainier
	168 pounds	
2nd	1. Roland Schimmel	Rainier
4th	2. Bob Siegel	Banks
	178 pounds	
4th	1. Pat Sullivan	Estacada
	2. Stan Fogel	Corbett
	191 pounds	
1.	Ed Larson	Estacada
2.	Larry Evens	Corbett
	Heavyweight	
1.	Gary Davis	Estacada
2.	Steve Guthu	Estacada

Team Results

1.	Estacada	157
2.	Corbett	114
3.	Rainier	97

News-Times, Forest Grove, Feb. 28, 1963, page 4.
Clackamas County News, Estacada, Feb. 28, 1963, page 1.

District One A-2 Championships
February 28-29, 1964
Corbett High School
Corbett, Oregon

	98 pounds	
1.	Mike Vandecovering	Banks
2.	John Alder	Banks
3.	John Martin	Clatskanie
	106 pounds	
1.	Floyd Pellham	Rainier
3.	Roger Bleth	Rainier
	115 pounds	
1.	Steve Poorman	Rainier
2.	Jim Boyle	Rainier
	130 pounds	
2nd	1. Art Canzler	Corbett
	2. Bill Jackson	Banks
	136 pounds	
2.	Harold Tipton	Rainier
	141 pounds	
2.	John Klein	Rainier
	148 pounds	
1.	Pete Nelson	Clatskanie
2.	Neil Slaymaker	Rainier
3.	Don Schimmel	Rainier
	157 pounds	
3.	Leonard Pellham	Rainier
4.	Bob Howell	Rainier
	168 pounds	
1.	Dan Carter	Rainier
2.	Lester Roberts	Rainier
4.	Dan Tripplett	Rainier
	178 pounds	
3.	Richard Cisco	Clatskanie
4.	Don Krause	Rainier
	191 pounds	
1.	Willie Meewsen	Banks
2.	Doug Schneider	Rainier
3.	Ken Crape	Clatskanie
4.	Howard Burt	Rainier
	Heavyweight	
1.	Dennis Edge	Rainier
2.	Tom Bleth	Rainier
3.	Pete Hazapis	Clatskanie

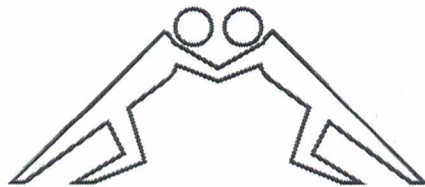
Team Results

1.	Rainier	160
2.	Concordia	85
3.	Corbett	84
4.	Banks	68
5.	Clatskanie	38
6.	Knappa	5

Coaches

Larry Wallace
Jess Moore

Argus, Hillsboro, March 5, 1964, page 2.
Chief, Clatskanie, March 5, 1964, page 6.
Review, Rainier, March 5, 1965, page 6.



District One A-2 Championships
March 5-6, 1965
Clatskanie High School
Clatskanie, Oregon

	98 pounds	
3rd	1. John Martin	Clatskanie
	2. Robert Mollenhour	Clatskanie
	3. Mark Muster	Concordia
	4. Jim Pearson	Banks
	106 pounds	
1.	Lierman	Concordia
2.	Jurva Kalnen	Clatskanie
	115 pounds	
1.	Steve Schaus	Concordia
2.	Erickson	Clatskanie
4.	Gary Hughes	Banks
	123 pounds	
1.	Frank Ripplinger	Clatskanie
2.	Lloyd Pellham	Rainier
	130 pounds	
1.	Haines	Corbett
2.	Sanlow	Concordia
3.	Gene Sears	Rainier
	136 pounds	
1.	Art Canzler	Corbett
2.	Bill Jackson	Banks
3.	Herman Pellham	Rainier
	141 pounds	
4th	1. Tippy Tipton	Rainier
	2. Paige	Concordia
	3. Steve Kraft	Concordia
	4. Leonard McKinnis	Banks
	148 pounds	
1.	Henrichs	Concordia
2.	Carl Brown	Clatskanie
	157 pounds	
1st	1. Dick Grauer	Concordia
4th	2. Don Schimmel	Rainier
	3. Jerry Williams	Banks
	4. Jim Klein	Rainier
	168 pounds	
1.	Dale Whitham	Rainier
2.	Richard Sisco	Clatskanie
3.	Jim Buss	Corbett
4.	Larry Ekhardt	Banks
	178 pounds	
1.	Leonard Pellham	Rainier
2.	Brandstetter	Concordia
4.	John Smith	Rainier
	191 pounds	
1.	Kirkpatrick	Concordia
2.	Dennis Edge	Rainier
3.	Jim Hand	Banks
4.	Ken Crape	Clatskanie
	Heavyweight	
1.	Dun Crape	Clatskanie
2.	Pete Hazapis	Clatskanie
3.	Glen Bond	Banks
4.	Jim Turley	Rainier

Team Results

1.	Clatskanie	119
2.	Concordia	113
3.	Rainier	97
4.	Corbett	88
5.	Banks	48
6.	Knappa	13

Coaches

Larry Wallace
Jim Kohl

News-Review, Forest Grove, March 11, 1965, page 4.
Review, Rainier, March 11, 1965, page 5.
Argus, Hillsboro, March 8, 1965, page 2.
Chief, Clatskanie, March 12, 1965, page 8.

District One A-2 Championships
 March 4-5, 1966
 Clatskanie High School
 Clatskanie, Oregon

District One A-2 Championships
 February 24-25, 1967
 Scappoose High School
 Scappoose, Oregon

Cowapa League
 District One A-2 Championships
 February 16-17, 1968
 Clatskanie High School
 Clatskanie, Oregon

	98 pounds	
1st	1. John Martin	Clatskanie
3rd	2. Dave Miller	Scappoose
	3. Ken Mason	Rainier
	4. Gary Erickson	Clatskanie
	106 pounds	
3rd	1. Denny Jurvakainen	Clatskanie
	2. Jordan	Clatskanie
	3. Terry Jennings	Rainier
	4. Nehlich	Concordia
	115 pounds	
	1. Jerry Duncan	Corbett
	2. Rieter	Corbett
	3. Schaus	Concordia
	4. Jeffers	Clatskanie
	123 pounds	
	1. Erickson	Clatskanie
	2. Mike Davis	Rainier
	3. Wilson	Scappoose
	4. Blodgett	Clatskanie
	130 pounds	
	1. Harwood	Scappoose
	2. Roeder	Scappoose
	3. Fred Trachsel	Corbett
	4. Hinsel	Concordia
	136 pounds	
	1. Lloyd Pellham	Rainier
	2. Tift	Clatskanie
	3. Fogel	Corbett
	4. Lyons	Knappa
	141 pounds	
	1. Denny	Scappoose
	2. Larry Schimmel	Rainier
	3. Danny Jacobson	Rainier
	4. Abbott	Scappoose
2nd	148 pounds	
	1. Iral Harman	Scappoose
	2. Shields	Scappoose
	3. Canzler	Corbett
	4. Kuehl	Clatskanie
1st	157 pounds	
	1. Don Schimmel	Rainier
	2. Cornelison	Corbett
	3. Jim Klein	Rainier
	4. Ward	Corbett
1st	168 pounds	
	1. Leonard Phelan	Scappoose
	2. Brandstetter	Concordia
	3. Caswell	Scappoose
	4. Parks	Knappa
	178 pounds	
	1. Dennis Edge	Rainier
	2. Relsdorf	Knappa
	3. Anderson	Corbett
	4. Sisco	Clatskanie
	191 pounds	
	1. Cholick	Scappoose
	2. Roger Tomblason	Rainier
	3. Cox	Scappoose
	4. Paul	Clatskanie
6th	Heavyweight	
	1. Terry Olen	Scappoose
	2. Hampis	Clatskanie
	3. Bill Jones	Rainier
	4. Kerr	Concordia

	98 pounds	
	1. Gary Tetz	Scappoose
	2. Gary Erickson	Clatskanie
2nd	106 pounds	
	1. Dave Miller	Scappoose
	2. Mickey McCarty	Clatskanie
	115 pounds	
	1. Gordon Canzler	Corbett
	2. Bruce Reiter	Corbett
	123 pounds	
	1. Jerry Duncan	Corbett
	2. Dan Burum	Scappoose
	130 pounds	
	1. Fred Trachsel	Clatskanie
	2. Mike Davis	Rainier
	136 pounds	
	1. Dick Churchill	Scappoose
	2. Darrell Roeder	Scappoose
	141 pounds	
	1. Dan Ingersoll	Scappoose
	2. Ron Mysinger	Rainier
5th	148 pounds	
	1. Larry Schimmel	Rainier
	2. Dan Jacobsen	Rainier
2nd	157 pounds	
	1. Dan Caswell or Casswell	Scappoose
	2. Gary Abbott	Scappoose
1st	168 pounds	
	1. Don Schimmel	Rainier
	2. Steve Salvey	Scappoose
	178 pounds	
	1. Rocky Ertzeberger	Rainier
	2. Arlen Anderson	Corbett
1st	191 pounds	
	1. Dennis Edge	Rainier
	2. Nick Peachy	Bishop Dagwell
	Heavyweight	
	1. Terry Olsen	Scappoose
	2. Bill Jones	Rainier

Sentinel-Mist, St. Helens, March 2, 1967, part 2 page 4.

	98 pounds	
5th	1. David Nickel (decision)	Scappoose
6th	2. Elvin Sherman	Clatskanie
	3. Chris Gardner	Scappoose
	4. Robin Creswell	Clatskanie
	106 pounds	
5th	1. Don Jepson (decision)	Scappoose
	2. Allen Pellham	Rainier
	3. Dorian Jones	Corbett
	4. not awarded	
2nd	115 pounds	
	1. Mike Jones (pin)	Warrenton
	2. Bruce Reiter	Corbett
	3. Gary Erickson	Clatskanie
	4. Tom Selmeers	Scappoose
	123 pounds	
	1. Gordon Canzler (pin)	Corbett
	2. Roger Kincald	Scappoose
	3. Steve Clifford	Clatskanie
	4. Arnold Welter	Rainier
	130 pounds	
	1. Joe Baker (decision)	Scappoose
	2. Dave Jennings	Rainier
	3. Kent Blodgett	Clatskanie
	4. Arnold Welter	Rainier
6th	136 pounds	
	1. Dick Churchill (decision)	Scappoose
	2. Charles Sturdevent	Scappoose
	3. Bob Horness	Clatskanie
	4. Jeff Bohrer	Rainier
	141 pounds	
	1. Darrell Roeder (decision)	Scappoose
	2. Eldon Baker	Rainier
	3. Dan Davis	Corbett
	4. Bill Spillman	Seaside
	148 pounds	
	1. Dan Ingersoll (decision)	Scappoose
	2. Dan Buckhalter	Clatskanie
	3. Larry Thomas	Knappa
	4. Randy Pruitt	Rainier
6th	157 pounds	
	1. Kelly Bledsoe (decision)	Rainier
	2. Jim Puckett	Rainier
	3. Mike Hoyt	Scappoose
	4. Steve Starr	Scappoose
2nd	168 pounds	
	1. Larry Schimmel (pin)	Rainier
	2. Dan Collett	Rainier
	3. Phil Curtis	Seaside
	4. John Nolte	Clatskanie
	178 pounds	
	1. Nick Peachy (decision)	Bishop Dagwell
	2. Greg Younts	Scappoose
	3. Steve Salvey	Scappoose
	4. Marc Jones	Corbett
1st	191 pounds	
	1. Greg Strobel (decision)	Scappoose
	2. Bert McPheeters	Corbett
	3. Dave Bartlett	Knappa
	4. Bill Roberts	Knappa
	Heavyweight	
5th	1. Terry Olen (pin)	Scappoose
	2. Bob Vetch	Scappoose
	3. Gary Altman	Corbett
	4. Craig Ritterrodt	Rainier

Team Results		Coaches
1. Scappoose	223	
2. Rainier	115	
3. Corbett	89	
4. Clatskanie	73	
5. Knappa	34	
6. Warrenton	20	Joel Warner
7. Bishop Dagwell	16	
8. Seaside	12	
9. Vernonia	3	

Chief, Clatskanie, Feb. 22, 1968, page 12.
Review, Rainier, Feb. 22, 1968, page 2.

Team Results	
1. Scappoose	147
2. Rainier	120
3. Clatskanie	113
4. Corbett	75
5. Concordia	35
6. Knappa	27
7. Bishop Dagwell	1

Review, Rainier, March 10, 1966, page 4.
Chief, Clatskanie, March 11, 1966, page 15.

20 Class 3A High School District Championships

Cowapa League District One A-2 Championships February 14-15, 1969 Rainier High School Rainier, Oregon

98 pounds	
6th	1. Sam Owen (6-0) Rainier 2. Frank Pellham Rainier 3. Frank Knight Neah-Kah-Nie
106 pounds	
	1. Elvin Sherman (5:00) Clatskanie 2. Dennis Dunn Neah-Kah-Nie 3. Jim Pellham Rainier 4. Scott Burke Seaside
115 pounds	
3rd	1. Don Jepson (1:30) Scappoose 2. Jeff Powell Seaside 3. Allan Pellham Rainier
123 pounds	
	1. Arnold Welter (:40) Rainier 2. Dave Lamont Neah-Kah-Nie 3. Jeff Cornett Rainier 4. Jim Bohrer Rainier 5. Wade Chandler Seaside
130 pounds	
	1. Dan Burum (4-1) Scappoose 2. Brad Fix Neah-Kah-Nie
136 pounds	
	1. Dave Jennings (9-0) Rainier 2. Chuck Sturdavant Scappoose 3. Frank Wetherbee Seaside 4. Phil Tussing Knappa
141 pounds	
	1. Mike Hoyt (5:55) Scappoose 2. Mike Bledsoe Rainier 3. Steve Bartlett Seaside 4. Dave Darling Seaside
148 pounds	
	1. Joe Baker (pin) Scappoose 2. Steve Andrehsen Scappoose 3. Ken Lisk Seaside
157 pounds	
6th	1. Dan Collett (4:40) Rainier 2. Bob Graves Warrenton 3. Bob Oja Knappa 4. Ray Grimsbo Vernonia
168 pounds	
5th	1. Jim Puckett (:50) Rainier 2. Gary Welter Scappoose 3. Jim McGinnis Vernonia 5. Roy Dague Seaside
178 pounds	
1st	1. Kelly Bledsoe (7-0) Rainier
6th	2. Dennis Smith Scappoose 3. Chuck Snell Seaside 4. Craig Ricketts Seaside
191 pounds	
1st	1. Greg Strobel (6-0) Scappoose 2. Ron Cruse Neah-Kah-Nie 3. Dennis Vinson Knappa 4. Don Burlingham Neah-Kah-Nie
Heavyweight	
	1. Roger Tombleson (5-1) Rainier 2. Craig Rittierodt Rainier 3. Dave Dressel Neah-Kah-Nie

Team Results	Coaches
1. Rainier 184	
2. Scappoose 149	
3. Neah-Kah-Nie 61	Richard Olsen
4. Seaside 58	Robert Huntsman
5. Knappa 26	Ron Miller
6. Warrenton 22	Bob Bishop
7. Clatskanie 18	Bob Jolma
8. Vernonia 14	Ken Miller

Outstanding Wrestler Elvin Sherman Clatskanie

Cowapa League Dual Meet Championship

- Rainier
- Scappoose

Oregonian, Portland, Feb. 16, 1969, Sports page 6.
Headlight-Herald, Tillamook, Feb. 27, 1969, page 10.
Review, Rainier, Feb. 20, 1969, page 3.
Daily Astorian, Astoria, Feb. 18, 1969, page 5.

Cowapa League District One A-2 Championships February 20-21, 1970 Clatskanie High School Clatskanie, Oregon

98 pounds	
6th	1. Sam Salzman Scappoose 2. Donny Haskell Warrenton 3. Curt Ollila Clatskanie 4. Pellham Rainier
106 pounds	
6th	1. Jim Pellham Rainier 2. Roger Froel Warrenton 3. Keiser Scappoose 4. Mike Posey Knappa
115 pounds	
	1. Elvin Sherman (decision) Clatskanie 2. F. Pellham Rainier 3. Owens Rainier 4. Nickels Scappoose
123 pounds	
	1. A. Pellham Rainier 2. Gardner Scappoose 3. Dave LaMont Neah-Kah-Nie 4. Rick Blake Seaside
130 pounds	
3rd	1. Don Jepson Scappoose 2. Bob Mullins Warrenton 3. Dick Ewan Neah-Kah-Nie 4. Andy Mendenhall Seaside
136 pounds	
4th	1. Jeff Cornett Rainier 2. Doug Forney Warrenton 3. Mark Gaskill Clatskanie 4. Dave Moores Neah-Kah-Nie
141 pounds	
	1. Dennis Sturgell (pin) Warrenton 2. Steve Andrehsen Scappoose 3. Phelan Scappoose 4. Curtis Clifford Clatskanie
148 pounds	
4th	1. Mike Bledsoe Rainier 2. Mark Struloff Knappa 3. Steve Olson Seaside 4. Ron Marks Knappa
157 pounds	
6th	1. Baker Scappoose 2. Jerry Baker Rainier 3. Terry Christensen Warrenton 4. Jere Strizek Seaside
168 pounds	
	1. Welter Scappoose 2. Jim McGinnis Vernonia 3. Don Van Osdol Knappa 4. Scott Ryan Knappa
178 pounds	
1st	1. Kelly Bledsoe Rainier 2. Tom Chambers Neah-Kah-Nie 3. Chuck Snell Seaside 4. Carl Suppe Seaside
191 pounds	
1st	1. Greg Strobel Scappoose 2. Dennis Vinson Knappa
Heavyweight	
	1. Dave Dressel (decision) Neah-Kah-Nie 2. Mike Larson Scappoose 3. Bush Rainier 4. Johnson Scappoose
Team Results	Coaches
1. Scappoose 138	
2. Rainier 122	
3. Warrenton 67	Ray Downs
4. Clatskanie 53	Bob Bishop
5. Neah-Kah-Nie 47	
6. Rainier 44	
7. Seaside 40	Bob Huntsman
8. Vernonia 15	

Signal, Seaside, Feb. 26, 1970, page 11.
Daily Astorian, Astoria, Feb. 23, 1970, page 4.

Cowapa League District One-AA Championships March 5-6, 1971 Warrenton High School Warrenton, Oregon

98 pounds	
6th	1. Curt Ollila (pin) Clatskanie 2. Pfaff Rainier 3. Keene (12-3) Rainier 4. Lee Rutt Clatskanie
106 pounds	
2nd	1. Sam Salzman (12-0) Scappoose 2. Dan Poppino Seaside 3. Brandt (11-4) Scappoose 4. Mike Rogers Warrenton
115 pounds	
	1. Pellham (8-0) Rainier 2. Lofland Scappoose 3. Pete Atkins (7-6) Clatskanie 4. Fuller Scappoose
123 pounds	
5th	1. Tim Strobel (pin) Scappoose 2. LaMont Neah-Kah-Nie 3. Ron Rogers (6-4) Clatskanie 4. Rocky Knox Clatskanie
130 pounds	
1st	1. Don Jepson (15-0) Scappoose 2. Pike Warrenton 3. Bledsoe (10-4) Rainier 4. Jim Hill Seaside
136 pounds	
	1. Ewan (8-4) Neah-Kah-Nie 2. Gaskill Clatskanie 3. Doug Forney (4-2) Warrenton 4. Howell Seaside
141 pounds	
	1. Bergman (14-6) Rainier 2. Lefler Scappoose 3. Ken Dean (default) Warrenton 4. John Akin Clatskanie
148 pounds	
6th	1. Jeff Anderson (2-1) Rainier 2. Andy Mendenhall Seaside 3. Henry Cardwell (9-2) Neah-Kah-Nie 4. Bill Harney Warrenton
157 pounds	
	1. Dan Stroud (5-1) Seaside 2. Campbell Scappoose 3. Hill (pin) Rainier 4. Jon Olsen Clatskanie
168 pounds	
	1. Presby (5-2) Scappoose 2. Heath Warrenton 3. Jensen (8-5) Rainier 4. John Vesik Clatskanie
178 pounds	
	1. Leino (pin) Clatskanie 2. Eustler Scappoose 3. Fisher (pin) Scappoose 4. Rick Ryan Warrenton
191 pounds	
	1. Schmidt (10-2) Rainier 2. Johnson Scappoose 3. Rick Seovell (5-4) Neah-Kah-Nie 4. Robert Mickle Warrenton
Heavyweight	
4th	1. Mike Larson (4-1) Scappoose 2. Galbreath Neah-Kah-Nie 3. Carl Suppe Seaside
Team Results	Coaches
1. Scappoose 137	
2. Rainier 95	
3. Clatskanie 87	Bob Bishop
4. Warrenton 63	
5. Seaside 57	
6. Neah-Kah-Nie 46	
7. Vernonia 5	

Signal, Seaside, March 11, 1971, page 12.
Daily Astorian, Astoria, March 8, 1971, p .

**Cowapa League
District One-AA Championships
February 18-19, 1972
Seaside High School
Seaside, Oregon**

	98 pounds	
4th	1. Ken Patterson Tillamook 2. Ron DeWitt Seaside	
	106 pounds	
1st	1. Sam Salzman Scappoose 2. Jerry Cummings Tillamook	
	115 pounds	
4th	1. Brandt Scappoose 2. Dan Poppino Seaside	
	123 pounds	
	1. Loffland Scappoose 2. Gresset Rainier 3. Jesse Paquin Tillamook	
	130 pounds	
	1. Tellham Rainier 2. Clifford Clatskanie 4. Rick Schuh Tillamook	
	136 pounds	
	1. Leffler Scappoose 2. Pachal Seaside	
2nd	141 pounds	
	1. Tim Strobel Scappoose 2. Mike Van Loo Tillamook	
	148 pounds	
4th	1. Ty Mast Tillamook 2. Elber Rainier 3. Wade Chandler Seaside	
	157 pounds	
	1. Marshall ?? Tillamook 2. Andy Mendenhall Seaside 3. Mike Hightower Tillamook 4. Scott Heckerath ?? Tillamook	
	168 pounds	
	1. Presby Scappoose 2. Deal Rainier 4. Tony Illig Tillamook	
	178 pounds	
	1. Bob Tupper Tillamook 2. Lefnd Clatskanie 4. David Graves Seaside	
5th	191 pounds	
	1. Tom Bates Tillamook 2. Foltner Clatskanie 3. Steve William Tillamook 4. Hugh Lefferman Seaside	
	Heavyweight	
	1. Icenogle Scappoose 2. Mark Shugert Tillamook	

Team Results	Coaches
1. Tillamook 138.5	
2. Scappoose 132	
3. Rainier 115	
4. Seaside 75.5	Bob Huntsman
5. Clatskanie 69	
6. Neah-Kah-Nie 4	

Headlight-Herald, Tillamook, Feb. 24, 1972, page 20.
Signal, Seaside, Feb. 24, 1972, page 6.



**Cowapa League
District One-AA Championships
February 23-24, 1973
Scappoose High School
Scappoose, Oregon**

	98 pounds	
	1. Darryl Allan (5-4) Scappoose 2. Nick Schonbrod Tillamook 3. Keith Chandler (pin) Seaside 4. Scott Reed Rainier	
	106 pounds	
5th	1. Dave Baker (11-0) Scappoose 2. Curt Ollila Clatskanie 3. Noel Rutt (pin) Clatskanie 4. Don Hubler Tillamook	
	115 pounds	
	1. Dan Poppino (4-0) Seaside 2. Nick Hahn Tillamook 3. Bruce Hibbs (4-3) Neah-Kah-Nie 4. Earl Keene Rainier	
	123 pounds	
6th	1. Jess Paquin (9-2) Tillamook 2. Bruce Loffland Scappoose 3. Bill Clifford (4-2) Clatskanie 4. Lee Rutt Clatskanie	
	130 pounds	
	1. Bill Wilks (8-2) Rainier 2. Jerry Painter Rainier 3. Don Wirthlen (9-1) Scappoose 4. Larry Jennings Tillamook	
	136 pounds	
2nd	1. Mark Leadbetter (6-0) Rainier 2. Rick Roberts Rainier 3. Rick Schuh (2-1) Tillamook 4. Pete Atkins Clatskanie	
	141 pounds	
5th	1. Ron Gressett (12-0) Rainier 2. Rick Foshaug Rainier 3. Joe Wahl (7-3) Seaside 4. Tim Brooks Scappoose	
	148 pounds	
	1. Cecil Elbert (4-3) Rainier 2. Leonard Kelley Rainier 3. Doug Fuller (9-1) Scappoose 4. Bill Kammer Scappoose	
1st	157 pounds	
6th	1. Tim Strobel (18-0) Scappoose 2. Mike Hightower Tillamook 3. Tony Leadbetter (9-1) Rainier 4. Dave Woodward Tillamook	
	168 pounds	
	1. Marshall Hill (5-0) Rainier 2. Scott Stacks Neah-Kah-Nie 3. Pete Macklin (4-2 OT) Tillamook 4. Larry Leinenger Rainier	
	178 pounds	
2nd	1. Kurt Bledsoe (7-1) Rainier 2. Shawn Deal Rainier 3. Dan Benfield (pin) Tillamook 4. Kim Roehl Tillamook	
	191 pounds	
3rd	1. Tom Bates (5-1) Tillamook 2. Alvin Elbert Rainier 3. Steve Endicott (6-5) Rainier 4. Fred Vermilyea Tillamook	
	Heavyweight	
3rd	1. Mark Shugert (pin 2nd) Tillamook 2. Rick Scovall Neah-Kah-Nie 3. Mike Avent (8-4) Rainier 4. Keith Work Seaside	

Team Results	Coaches
1. Rainier 171.5	Larry Wallace
2. Tillamook 129.5	
3. Scappoose 86	
4. Clatskanie 43	
5. Seaside 38	
6. Neah-Kah-Nie 28.5	

Oregonian, Portland, Feb. 25, 1973, Sports page 7.

**Cowapa League
District One-AA Championships
February 23, 1974
Neah-Kah-Nie High School
Rockaway, Oregon**

	98 pounds	
	1. Tony Wilson Scappoose 2. Dan Cabellero Rainier 3. John Benson Tillamook 4. McVae Scappoose	
	106 pounds	
	1. Darrell Allen Scappoose 2. Dan Hubler Tillamook 3. Reed Rainier 4. Craig Holt Seaside	
	115 pounds	
3rd	1. Dave Baker Scappoose 2. Curt Schonbrod Tillamook 3. Noel Rutt Clatskanie 4. Souther Rainier	
	123 pounds	
	1. Tom Kelly Scappoose 2. Bruce Hibbs Neah-Kah-Nie 3. Ron Stacks Neah-Kah-Nie 4. wrestler disqualified	
	130 pounds	
6th	1. Lee Brandt Scappoose 2. Lee Rutt Clatskanie 3. Larry Jennings Tillamook 4. Bruce Fitzpatrick Seaside	
	136 pounds	
	1. Jeff Austin Seaside 2. Tim Painter Rainier 3. Lauren Edgar Neah-Kah-Nie 4. Ron Colton Tillamook	
	141 pounds	
4th	1. Ron Gressert Rainier 2. Dave Ellis Clatskanie 3. Jon Cummings Tillamook 4. Bob Krause Neah-Kah-Nie	
	148 pounds	
	1. Doug Fuller Scappoose 2. Mark Grift Seaside 3. Hartman Seaside 4. M. Elbert Rainier	
	157 pounds	
	1. Leonard Kelly Rainier 2. Tony Ledbetter Rainier 3. Andy Edgerton Scappoose 4. Welch Scappoose	
	168 pounds	
1st	1. Tim Strobel Scappoose 3rd 2. Kim Roehl Tillamook 3. L. Sykes Scappoose 4. Lorrie Relerson Clatskanie	
	178 pounds	
1st	1. Kurt Bledsoe Rainier 6th 2. Alvin Elbert Rainier 3. Welter Scappoose 4. Rick Fox Tillamook	
	191 pounds	
1st	1. Randy Cruse Neah-Kah-Nie 2nd 2. Norm Sykes Scappoose 3. Fred Vermilyea Tillamook 4. Matt Kessel Tillamook	
	Heavyweight	
4th	1. Rick Scovell Neah-Kah-Nie 2. Andre Melton Tillamook 3. Todd Rainier 4. Morton Scappoose	

Team Results	Coaches
1. Scappoose 177	Bill Colvin
2. Rainier 123	
3. Tillamook 92.5	Rod Chace
4. Neah-Kah-Nie 65.5	
5. Clatskanie 34.5	
6. Seaside 28.5	

Headlight-Herald, Tillamook, Feb. 27, 1974, Section 1 page 9.
Daily Astorian, Astoria, Feb. 25, 1974, page 6.

22 Class 3A High School District Championships

Cowapa League District One-AA Championships -March 1, 1975 Clatskanie High School Clatskanie, Oregon

98 pounds	
1. Doug McVae	Scappoose
2. Jeff Wilson	Tillamook
3. John Colson	Tillamook
106 pounds	
1. Kelly Clifford	Clatskanie
2. C. Milton	Scappoose
3. John Benson	Tillamook
4. Ed Seeger	Tillamook
115 pounds	
1. Dan Caballero	Rainier
2. Craig Holt	Seaside
123 pounds	
1. Noel Rutt	Clatskanie
2. Kim Smith	Neah-Kah-Nie
4. Steve Wilkers	Tillamook
130 pounds	
1. T. Kelley	Scappoose
2. Dave Baker	Scappoose
136 pounds	
1. Dennis Baker	Scappoose
2. Bud Botkin	Neah-Kah-Nie
141 pounds	
1st 1. Ron Cressett	Rainier
2. Paynter	Rainier
4. Larry Jennings	Tillamook
148 pounds	
1. Brooks	Scappoose
2. Dave Ellis	Clatskanie
4. Jon Cummings	Tillamook
157 pounds	
3rd 1. Tony Ledbetter	Rainier
2. Wise	Rainier
4. Bill Backman	Tillamook
168 pounds	
1. Elbert	Rainier
2. Lorrie Referson	Clatskanie
3. Mike Juenke	Tillamook
178 pounds	
5th 1. Kim Roehl	Tillamook
2. Don Hill	Neah-Kah-Nie
191 pounds	
1. Delbert Greer	Tillamook
2. Rich Fox	Tillamook
Heavyweight	
1. Spencer	Scappoose
2. Doug Davis	Clatskanie
3. Andre Melton	Tillamook
4. Matt Kessel	Tillamook

Team Results	Coaches
1. Scappoose	131
2. Tillamook	110.5
3. Rainier	108.5
4. Clatskanie	63.5
5. Neah-Kah-Nie	45.5
6. Seaside	19

Rod Chace
Dan Jacobson
Mike McCoy
Kurtis Saiki

Headlight-Herald, Tillamook, March 5, 1975, Section 1 page 9.
Daily Astorian, Astoria, March 4, 1975, page 6.



Cowapa League District One-AA Championships February 27-28, 1976 Tillamook High School Tillamook, Oregon

98 pounds	
1. Doug McVae	Scappoose
2. Ed Melton	Scappoose
3. Dave Passmore	Clatskanie
4. Boehm	Rainier
106 pounds	
1. Randy Wilson	Scappoose
2. Bob LaLande	Scappoose
3. Steve Neer	Clatskanie
4. Jim Randall	Clatskanie
115 pounds	
1. Doug Melton	Scappoose
2. Dennis Linton	Tillamook
3. Colson	Tillamook
4. Dave Hill	Seaside
123 pounds	
3rd 1. Dan Caballero	Rainier
2. Lonnie Welter	Rainier
3. Tony Linton	Tillamook
4. Dave Oxley	Seaside
130 pounds	
6th 1. Paul Grant	Clatskanie
2. Allen Cruickshank	Tillamook
3. John Sides	Clatskanie
4. Reed	Rainier
136 pounds	
1. Darryl Allen	Scappoose
2. Ron Stacks	Neah-Kah-Nie
3. John Marek	Rainier
4. Bob Fitzpatrick	Seaside
141 pounds	
1. Dan Ostrand	Rainier
2. Paul Ostrand	Rainier
3. Harrington	Tillamook
4. Pat Nolan	Seaside
148 pounds	
4th 1. Mark Lindorff	Tillamook
2. Dennis Baker	Scappoose
3. Hendershot	Rainier
4. Kelley	Rainier
157 pounds	
1. Jon Hartman	Seaside
2. Robert Wise	Rainier
3. Mark Gift	Scappoose
168 pounds	
5th 1. Mark Elbert	Rainier
2. Mike Juenke	Tillamook
3. Mike McEwan	Seaside
4. Bill Krieger	Seaside
178 pounds	
1. Lorrie Rierson	Clatskanie
2. Roy Bonser	Rainier
3. Ames	Scappoose
4. Don Hill	Neah-Kah-Nie
191 pounds	
5th 1. Gregg Welter	Scappoose
2. Rick Fox	Tillamook
3. Terry Lane	Neah-Kah-Nie
4. Parvey	Rainier
Heavyweight	
2nd 1. Jay Fennell	Tillamook
2. Russ Crape	Clatskanie
3. Hughie	Tillamook
4. Aldrich	Scappoose

Team Results	Coaches
1. Rainier	177.5
2. Scappoose	175
3. Tillamook	133.5
4. Clatskanie	106
5. Seaside	87.5
6. Neah-Kah-Nie	40.5

Dan Jacobson
Rod Chace
Kurt Saiki

Outstanding Wrestler
Mark Lindorff
Tillamook

Seaside Signal, March 4, 1976, page 11.
Daily Astorian, Astoria, March 1, 1976, page 6.

Cowapa League District One-AA Championships February 25-26, 1977 Scappoose High School Scappoose, Oregon

98 pounds	
1. Mark Salzman	Scappoose
2. Mike Ragan	Scappoose
3. Baugh	Tillamook
4. Vecht	Tillamook
106 pounds	
3rd 1. Walt Markee	Tillamook
2. Mark Jensen	Seaside
3. Ed Melton	Scappoose
4. Guy Romine	Scappoose
115 pounds	
1. Dave Hill	Seaside
2. Lanny Deeds	Clatskanie
3. Passmore	Clatskanie
4. Scott	Tillamook
123 pounds	
3rd 1. Dan Caballero	Rainier
2. Dave Oesterblad	Seaside
3. Brandy Wilson	Seaside
4. Verseman	Tillamook
130 pounds	
1. Tony Linton	Tillamook
2. Doug Melton	Scappoose
3. Tim Poppino	Seaside
4. P. Smith	Neah-Kah-Nie
136 pounds	
6th 1. M.G. Kimmel	Tillamook
2. Ron Stacks	Neah-Kah-Nie
3. Bret Smith	Seaside
4. Widmer	Tillamook
141 pounds	
1. Craig Holt	Seaside
2. John Horness	Clatskanie
3. Langley or Rhoades	Tillamook
4. Pat Nolan	Seaside
148 pounds	
1st 1. Larry Bunch	Tillamook
2. Russ Lende	Seaside
3. Dave Gustafson	Seaside
4. Stinnett	Neah-Kah-Nie
157 pounds	
1st 1. Dennis Baker	Scappoose
2. Tom Kelley	Rainier
3. Ken Wolf	Seaside
4. Jandt	Seaside
168 pounds	
1st 1. Mark Elbert	Rainier
4th 2. Bill Krieger	Seaside
3. Dilling	Neah-Kah-Nie
4. Weber	Tillamook
178 pounds	
5th 1. Roy Bonser	Rainier
2. Dave Como	Scappoose
3. Hill	Neah-Kah-Nie
4. Hake	Tillamook
191 pounds	
1. Jay Finnell	Tillamook
2. Russ Smith	Tillamook
3. Tony Ames	Scappoose
4. Terry Lane	Neah-Kah-Nie
Heavyweight	
1. Dennis Hughie	Tillamook
2. Russ Crape	Clatskanie
3. Houk	Rainier
4. Aldrich	Scappoose

Team Results	Coaches
1. Tillamook	242.5
2. Seaside	198.5
3. Scappoose	140.5
4. Rainier	129
5. Neah-Kah-Nie	91.5
6. Clatskanie	65.5

Rod Chace
Kurt Saiki
Rick Knod
Dan Jacobson
Tim Olmstead
Jerry Craft

Headlight-Herald, Tillamook, March 2, 1977, Section 1 page 10.
Signal, Seaside, March 3, 1977, page 17.
Daily Astorian, Astoria, Feb. 28, 1977, page 6.
Columbia Herald, Scappoose, March 3, 1977, page 8.

**Cowapa League
District One-AA Championships
February 24-25, 1978
Seaside High School
Seaside, Oregon**

**Cowapa League
District One-AA Championships
February 23-24, 1979
Rainier High School
Rainier, Oregon**

**Cowapa League
District One-AA Championships
February 22-23, 1980
Banks High School
Banks, Oregon**

	98 pounds	
	1. Dave Stone Banks	
	2. Chris Polich Banks	
	3. Ralph Bode Seaside	
	4. Mark Jensen Scappoose	
	106 pounds	
	1. Mark Salzman Scappoose	
	2. Hubert Vecht Tillamook	
	3. Mike Schrader Banks	
	4. Joe Woods Scappoose	
1st	115 pounds	
	1. Walt Markee Tillamook	
	2. Mark Jensen Seaside	
	3. Pat Gould Banks	
	4. Tim Thomas Banks	
	123 pounds	
	1. Brett Granberg Banks	
	2. Guy Romine Scappoose	
	3. Lanny Deeds Clatskanie	
	4. Robbie Moore Seaside	
4th	130 pounds	
6th	1. Dennis Linton Tillamook	
	2. Terry Bowers Seaside	
	3. Roy Estes Banks	
	4. Ron Alley Banks	
	136 pounds	
	1. Jim Verseman Tillamook	
	2. Pat Smith Neah-Kah-Nie	
	3. Scott Alwine Rainier	
	4. Tim Poppino Seaside	
	141 pounds	
	1. Russ Lende Seaside	
	2. Pat Nolan Seaside	
	3. Steve Peters Banks	
	4. Mike Heesacker Banks	
	148 pounds	
	1. Dale Krzmarzick Rainier	
	2. Terry Goodrich Banks	
	3. Dave Gustafson Seaside	
	4. Brad Nicholson Tillamook	
3rd	157 pounds	
	1. Larry Bunch Tillamook	
	2. John Horness Clatskanie	
	3. Gary Arambbarri Scappoose	
	4. Brian Jandt Seaside	
	168 pounds	
	1. Bill Krieger Seaside	
	2. Dan Ames Scappoose	
	3. Matt Pihl Banks	
	4. Fred Bartow Neah-Kah-Nie	
3rd	178 pounds	
	1. Dave Como Seaside	
	2. Tryg Hake Tillamook	
	3. Mike Pihl Banks	
	4. Jim Buckhalter Clatskanie	
	191 pounds	
	1. Greg Gienger Tillamook	
	2. John Reiersson Seaside	
	3. Kelly Blodgett Clatskanie	
	4. Tim Fowler Rainier	
	Heavyweight	
3rd	1. Don Backman Neah-Kah-Nie	
	2. Rusty Crape Clatskanie	
	3. Mark Stockton Neah-Kah-Nie	
	4. Dennis Hugie Tillamook	

Team Results		Coaches
1. Banks 233.5		Dave Youngbluth
2. Seaside 223		Kurtis Salki
3. Tillamook 187.5		Red Chace
4. Scappoose 111.5		Rick Knode
5. Clatskanie 83.5		Chip Walsanen
6. Rainier 67		Dan Jacobson
7. Neah-Kah-Nie 59		Ray Downs

The Whizzer, Central Point, April-May 1978, pages 73-74.
News-Times, Forest Grove, March 1, 1978, page 13.

	98 pounds	
	1. George Wicklander (4-2) Scappoose	
	2. Craig Melton Scappoose	
	3. Neal Johnson (4-3) Rainier	
	4. Darrel Jamieson Rainier	
	106 pounds	
3rd	1. Tom Lofland (pin) Scappoose	
	2. Chris Polich Banks	
	3. Joe Woods (4-2) Scappoose	
	4. Ricky Masterson Rainier	
	115 pounds	
5th	1. Mark Jensen (8-1) Seaside	
	2. Monty Deeds Clatskanie	
	3. Mark Salzman (9-7) Scappoose	
	4. Rich Durbin Tillamook	
	123 pounds	
5th	1. Guy Romine (8-1) Scappoose	
	2. Robbie Moore Seaside	
	3. Pat Gould (9-7) Banks	
	4. Jim Randall Clatskanie	
	130 pounds	
1st	1. Walt Markee (2-1) Tillamook	
	2. Lanny Deeds Clatskanie	
	3. Jeff Shearer (5-3) Banks	
	4. Karl Coleman Neah-Kah-Nie	
	136 pounds	
	1. Brett Granberg (pin) Banks	
	2. Alan Deeds Clatskanie	
	3. Brady Wilson (3-0) Scappoose	
	4. Jeff Stacks Neah-Kah-Nie	
	141 pounds	
6th	1. Russ Lende (3-2) Seaside	
	2. Pat Smith Neah-Kah-Nie	
	3. Jim Verseman (5-1) Tillamook	
	4. Ron Alley Banks	
	148 pounds	
	1. Steve Peters (4-2) Banks	
	2. Dave Passmore Clatskanie	
	3. Jeff Jauron (1-0) Rainier	
	4. Brian Jandt Seaside	
2nd	157 pounds	
	1. Dale Krzmarzick (pin) Rainier	
	2. Bob McCracken Banks	
	3. Scott Sickler (3-1) Rainier	
	4. Gary Semling Scappoose	
	168 pounds	
	1. John Horness (6-3 OT) Clatskanie	
	2. Brad Nicholson Tillamook	
	3. Dan Ames (7-6) Scappoose	
	4. Matt Pihl Banks	
	178 pounds	
	1. Mike Pihl (pin) Banks	
	2. Alec Eror Banks	
	3. Kelly Blodgett Clatskanie	
	4. Gary Smuck Rainier	
	191 pounds	
6th	1. John Reiersson (8-2) Seaside	
	2. Rob Schmidlin Banks	
	3. Tim Fowler (pin) Rainier	
	4. Kerry Kallunki Clatskanie	
	Heavyweight	
4th	1. Rusty Crape (pin) Clatskanie	
5th	2. Don Backman Neah-Kah-Nie	
	3. Mark Stockton (2-1) Neah-Kah-Nie	
	4. Jim Fowler Rainier	

Team Results		Coaches
1. Banks 179		Dave Youngbluth
2. Scappoose 163		Rick Knode
3. Rainier 137.5		Dan Jacobson
4. Clatskanie 137		Chip Walsanen
5. Seaside 87		Kurtis Salki
6. Tillamook 78.5		Tim Hayes
7. Neah-Kah-Nie 69		Ray Downs

Oregon Wrestling News, Central Point, March 1, 1979, pages 148-149.
Argus, Hillsboro, Feb. 27, 1979, page 7A.

	98 pounds	
	1. Mason Fail (5-2) Scappoose	
	2. David Pellham Rainier	
	3. Wade Barackman (5-0) Neah-Kah-Nie	
	4. Greg Elbert Rainier	
	106 pounds	
4th	1. Joe Woods (pin) Scappoose	
	2. Craig Melton Scappoose	
	3. Joe Bellisle (2:50) St. Helens	
	4. Mark Matthews Rainier	
	115 pounds	
1st	1. Tom Lofland (5-0) Scappoose	
2nd	2. Mark Jensen Seaside	
	3. Dale Earlywine (6-1) Rainier	
	4. Larry Tanner Neah-Kah-Nie	
	123 pounds	
3rd	1. Robbie Moore (9-2) Seaside	
	2. Monty Deeds Clatskanie	
	3. Hubert Vecht (2-1 OT) Tillamook	
	4. John Morris Scappoose	
	130 pounds	
5th	1. Roy Markee (13-8) Tillamook	
	2. Guy Romine Scappoose	
	3. Mike Hudson (10-1) St. Helens	
	4. Steve Toppila Seaside	
	136 pounds	
1st	1. Walt Markee (20-1) Tillamook	
	2. Marvin Peters Neah-Kah-Nie	
	3. Rich Durbin (4-2) Tillamook	
	4. Duane Sykes Scappoose	
	141 pounds	
	1. Jim Verseman (6-2) Tillamook	
	2. Brent Sharp St. Helens	
	3. Alan Deeds (4-1) Clatskanie	
	4. Dan Pintarich Scappoose	
	148 pounds	
4th	1. Scott Sickler (6-2) Rainier	
	2. Russ Martinez St. Helens	
	3. Ron Alley (6-0) Banks	
	4. Bill Burger Scappoose	
	157 pounds	
4th	1. Gary Semling (10-5) Scappoose	
	2. Ken Parshall St. Helens	
	3. Charlie Dodge (2-1) Banks	
	4. Kelly Blodgett Clatskanie	
	168 pounds	
5th	1. Bruce Mulford (8-1) Rainier	
	2. Dave Buchanan Banks	
	3. Brad Nicholson (13-2) Neah-Kah-Nie	
	4. Tom Baker Scappoose	
	178 pounds	
4th	1. Dan Ames (1:52) Scappoose	
5th	2. Scott Ames Scappoose	
	3. Roger Barnhurst (18-3) Rainier	
	4. Kelly Hallowell Tillamook	
	191 pounds	
3rd	1. John Reiersson (6-3) Seaside	
5th	2. Rob Schmidlin Banks	
	3. Ryan Hinshaw (4-3) St. Helens	
	4. Tim Fowler Rainier	
	Heavyweight	
6th	1. Robert Ellis (8-5) Seaside	
	2. Jim Fowler Rainier	
	3. Gale Stephens (6-4) Scappoose	
	4. Kevin Mulford Rainier	

Team Results		Coaches
1. Scappoose 225		Rick Knode
2. Rainier 133		
3. Tillamook 109.5		
4. St. Helens 102.5		Gordon Jarman
5. Banks 94		Pat Ball
6. Seaside 94		
7. Neah-Kah-Nie 66		
8. Clatskanie 50.5		Chip Walsanen

Oregon Wrestling News, Central Point, Vol.4 No.8, March 10, 1980, pp. 156-157.
Argus, Hillsboro, Feb. 26, 1980, page 2B.

24 Class 3A High School District Championships

**Cowapa League
District One-AA Championships
February 27-28, 1981
Rainier High School
Rainier, Oregon**

98 pounds

3rd	1.	Danry Stebbins	Clatskanie
6th	2.	Marion Fossum	Tillamook
	3.	Mike Bender	Astoria
	4.	Kevin Busby	Rainier
	5.	Wade Barackman	Neah-Kah-Nie
	6.	Ed Killian	Tillamook

106 pounds

6th	1.	Greg Elbert	Rainier
	2.	Mason Fall	Scappoose
	3.	Allen Kimmel	Tillamook
	4.	Joe Belliste	St. Helens
	5.	Jeff Beelar	Astoria
	6.	Jeff Peterson	St. Helens

115 pounds

1st	1.	Tom Lofland	Scappoose
	2.	Joe Strzyk	Neah-Kah-Nie
	3.	Joe Woods	Scappoose
	4.	Aaron Koopman	St. Helens
	5.	Darren Hearing	Astoria
	6.	Mike Elder	St. Helens

123 pounds

6th	1.	Jay Hays	St. Helens
3rd	2.	Dale Earlywine	Rainier
	3.	Todd Nicholson	Tillamook
	4.	Larry Tanner	Tillamook
	5.	Frank McGuire	Rainier
	6.	Jim Stebbins	Clatskanie

130 pounds

2nd	1.	Mike Hudson	St. Helens
3rd	2.	Monty Deeds	Clatskanie
	3.	Rich Durbin	Tillamook
	4.	Todd Longrain	Astoria
	5.	Craig Melton	Scappoose
	6.	Russ Damon	Clatskanie

136 pounds

1st	1.	Roy Markee	Tillamook
	2.	Jack Beelar	Astoria
	3.	Matt Meyer	Tillamook
	4.	David Haun	Rainier
	5.	Rusty Barber	St. Helens
	6.	David Balmer	Neah-Kah-Nie

141 pounds

1.	Roger Weeks	Tillamook	
5th	2.	Brian Engbretson	Astoria
6th	3.	George Whitlock	Seaside
	4.	David Gienger	Tillamook
	5.	Marvin Peter	Neah-Kah-Nie
	6.	Jeff Thompson	Astoria

148 pounds

1.	Martin Elbert	Rainier	
	2.	Troy Burns	Rainier
	3.	Jeff Stacks	Neah-Kah-Nie
	4.	Vern Fossum	Tillamook
	5.	Darren Ziemer	St. Helens
	6.	Chip Stoneman	Seaside

157 pounds

2nd	1.	Ken Parshall	St. Helens
	2.	Rod Norris	Astoria
	3.	Kelly Hallowell	Tillamook
	4.	Shawn Kirkland	Rainier
	5.	Dale Johanson	Tillamook
	6.	Mike Jensen	Astoria

168 pounds

5th	1.	Brad Nicholson	Neah-Kah-Nie
	2.	Darryl Sykes	Scappoose
	3.	Mark Bezley	St. Helens
	4.	Joe Banta	Tillamook
	5.	Tim Marcum	Tillamook
	6.	Mike Woltersdorf	Rainier

178 pounds

5th	1.	Bruce Mulford	Rainier
	2.	Tom Baker	Scappoose
	3.	Mark Rodriguez	Tillamook
	4.	Jerry Markee	Tillamook
	5.	Walt Hart	Neah-Kah-Nie
	6.	Scott Hildula	Clatskanie

191 pounds

3rd	1.	Tim Fowler	Rainier
	2.	Ryan Hinshaw	St. Helens
	3.	Rick Johnson	Astoria
	4.	Dean Hagen	Rainier
	5.	Bob Ross	Clatskanie
	6.	John Burdick	Tillamook

Heavyweight

1st	1.	Scott Ames	Scappoose
	2.	Gale Stevens	Scappoose
	3.	Dave Usher	Rainier
	4.	Darrel Hohnstein	Tillamook
	5.	Jay Hughes	Clatskanie
	6.	Robin Hood	Neah-Kah-Nie

Team Results

1.	Tillamook	312
2.	Rainier	238.5
3.	Scappoose	173.5
4.	St. Helens	167.5
5.	Astoria	155
6.	Neah-Kah-Nie	124
7.	Clatskanie	108
8.	Seaside	40.5

Coaches
Gene Blindrieff
Rick Knode
Gordon Jarman

Oregon Wrestling News, Central Point, Vol. 5 #8, March 20, 1981, pages 162-163.

**Cowapa League
District One-AA Championships
February 26-27, 1982
Neah-Kah-Nie High School
Rockaway, Oregon**

98 pounds

5th	1.	Mike Earlywine	Rainier
	2.	Mike Bender	Astoria
	3.	Sam Stebbins	Clatskanie
	4.	Ed Killian	Tillamook

106 pounds

1.	Kevin Busby	Rainier
2.	Tom Frye	Seaside
3.	Sam Holstad	Tillamook
6.	Tim Robnett	Neah-Kah-Nie

115 pounds

1st	1.	Tom Lofland	Scappoose
	2.	Mason Fall	Scappoose

123 pounds

1st	1.	Dale Earlywine	Rainier
	2.	Greg Elbert	Rainier
	3.	Allen Kimmel	Tillamook
	4.	Dan Stebbins	Clatskanie
	5.	Ken Buss	Tillamook

130 pounds

3rd	1.	Todd Nicholson	Tillamook
	2.	Monty Deeds	Clatskanie

136 pounds

2nd	1.	Larry Joe Tanner	Tillamook
	2.	Bill Womack	Rainier
	5.	Gary Hunter	Clatskanie

141 pounds

1.	Roger Weeks	Tillamook
2.	Craig Melton	Scappoose
4.	Matt Myers	Tillamook
5.	Jim Stebbins	Clatskanie

148 pounds

1.	David Gienger	Tillamook
2.	Chip Stoneman	Seaside
5.	Jeff Seaney	Tillamook

157 pounds

1.	Shawn Kirkland	Rainier
2.	Darrin Ziemer	Rainier
4.	Craig Stacks	Neah-Kah-Nie

168 pounds

1.	Mark Stratton	Tillamook
2.	Jerry Markee	Tillamook
4.	Carl Drollinger	Neah-Kah-Nie
5.	Mark Lencioni	Clatskanie

178 pounds

2nd	1.	Bruce Mulford	Rainier
1st	2.	Tom Baker	Scappoose
	3.	Jim Wyss	Tillamook
	4.	Dan Reynolds	Tillamook

191 pounds

1st	1.	Scott Ames	Scappoose
4th	2.	Tim Marcum	Tillamook
	5.	Mike Warren	Neah-Kah-Nie

Heavyweight

2nd	1.	Mark Peerboom	Rainier
6th	2.	Mike Jenck	Tillamook
	5.	Robin Hood	Neah-Kah-Nie

Team Results

1.	Tillamook	353
2.	Rainier	236
3.	Scappoose	142
4.	Clatskanie	138.5
5.	Seaside	124
6.	Astoria	93.5
7.	St. Helens	88
8.	Neah-Kah-Nie	67.5

Coaches
Gene Bindereiff
Dan Jacobson
Rick Knode
Chip Watsanen
Gordon Jarman

Outstanding Wrestler
Todd Nicholson
Tillamook

Headlight-Herald, Tillamook, March 3, 1982, Sect. 2 page 4.
Chief, Clatskanie, March 4, 1982, page 3.

**Cowapa League
District One-Championships
February 18-19, 1983
St. Helens High School
St. Helens, Oregon**

98 pounds

2nd	1.	Ed Killian (3-0 OT)	Tillamook
3rd	2.	Mike Bender	Astoria
	3.	Scott Murray (12-8)	Scappoose
	4.	Robert Schwirre	St. Helens
	5.	James Korth (14-2)	Astoria
	6.	Craig Naze	Scappoose

106 pounds

5th	1.	Mike Earlywine (pin)	Rainier
	2.	Richie Ford	Rainier
	3.	Gary Thompkins (pin)	Scappoose
	4.	Mark Erhardt	St. Helens
	5.	John Schrier (6-0)	Seaside
	6.	Brian Wesselman	Tillamook

115 pounds

2nd	1.	Joe Sloan (pin)	Rainier
	2.	Darren Hearing	Astoria
	3.	Doug Nicholson	Tillamook
	4.	Ray Kile	Scappoose
	5.	Lonnie Dawkins (pin)	Rainier
	6.	Chris Trevino	Astoria

123 pounds

2nd	1.	Allen Kimmel (15-2)	Tillamook
	2.	Randy Kauffman	Tillamook
	3.	Edrick Lopez (6-5)	St. Helens
	4.	Sam Stebbins	Clatskanie
	5.	Kevin Smith	Rainier
	6.	Travis Thurston	Rainier

130 pounds

1st	1.	Todd Nicholson (14-4)	Tillamook
3rd	2.	Greg Elbert	Rainier
	3.	Troy Vest (4-2)	Tillamook
	4.	Mike Elder	St. Helens
	5.	Charlie Verbrugge	Seaside
	6.	Paul Horness	Clatskanie

136 pounds

1st	1.	Bill Womack (8-2)	Rainier
4th	2.	Matt Myers	Tillamook
	3.	Aaron Koopman (6-2)	St. Helens
	4.	Eric Seaney	Tillamook
	5.	George Madsen (pin)	Neah-Kah-Nie
	6.	Bob Flemming	Seaside

141 pounds

1.	Russ Damen (6-3)	Clatskanie
2.	Charlie Kennedy	Rainier
3.	Stan Cook (pin)	Tillamook
4.	Mark Olson	Astoria
5.	Frank McGuire	Rainier
6.	Scott Stockwell	St. Helens

148 pounds

1st	1.	Chip Stoneman (7-2)	Seaside
	2.	Larry Tanner	Tillamook
	3.	Brian Powell	Scappoose
	4.	Dave Conners	Scappoose
	5.	Brian Bennett (4-2)	Rainier
	6.	Robert Powell	St. Helens

157 pounds

1.	Joe Hulsey (7-6)	Rainier
2.	Jeff Seaney	Tillamook
3-4	Troy Burns	Rainier
3-4	Craig Stacks	Neah-Kah-Nie
5.	John Kauffman (9-2)	St. Helens
6.	Jon Carlson	St. Helens

168 pounds

2nd	1.	Darren Ziemer (4-1)	Rainier
	2.	Bob Reese	Tillamook
	3.	Mark Lencioni	Clatskanie
	4.	Lee Stafford	Neah-Kah-Nie
	5.	Casey Hughes (9-2)	Neah-Kah-Nie
	6.	Tom Meissner	Scappoose

- 178 pounds
- 1st 1. Tim Marcum (pin) Tillamook
 2. Pat Parks St. Helens
 3. Mike Warren Neah-Kah-Nie
 4. Gale Stephens Scappoose
 5. Bryce Marriott Astoria
 6. Brian Woltersdorf Rainier

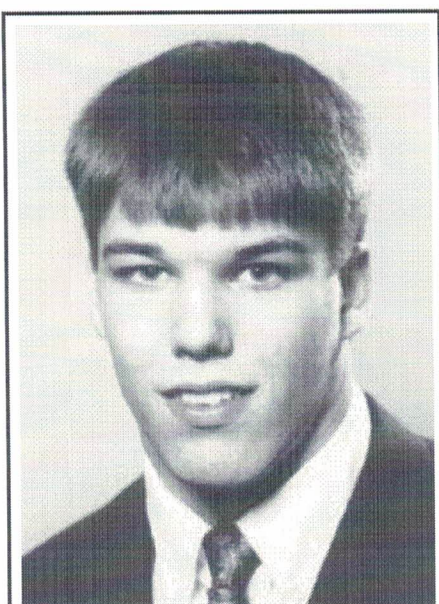
- 191 pounds
1. Jim Wyss (DQ) Tillamook
 2. Dean Hagen Rainier
 3. Brian Davis (9-5) Clatskanie
 4. Corey Ginther St. Helens
 5. Jay Hughes (pin) Clatskanie
 6. Andy Fuhrman Astoria

- Heavyweight
- 6th 1. Mark Peerboom (9-1) Rainier
 2. Mike Jenck Tillamook
 3. James Relf (5-1) Rainier
 4. Jay White St. Helens
 5. Jack White (pin) Scappoose
 6. Bob Ross Clatskanie

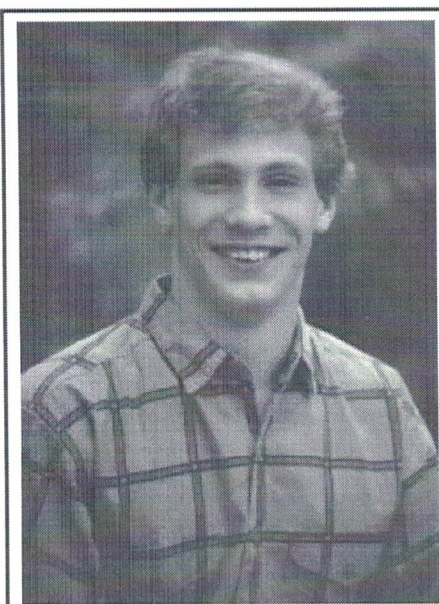
Team Results	Coaches
1. Rainier	Dan Jacobson
also	
Neah-Kah-Nie	Ray Downs
Clatskanie	Chip Waisanen
St. Helens	Gordon Jarman
Scappoose	Bruce Lofland
Tillamook	Gene Blindreiff
Astoria	Kari Rowland

Outstanding Wrestler
 Chip Stoneman
 Seaside

Oregon Wrestling News, Central Point, Vol. 7 #8, March 20, 1983, page 138.
 Cowapa League District Program, 1997, p. 22.



Jeff McCoy
 St. Helens



Jeff Seaney
 Tillamook

**Cowapa League
 District One-AA Championships
 February 24-25, 1984
 Seaside High School
 Seaside, Oregon**

- 98 pounds
- 1st 1. Jack Vantress Tillamook
 2. Brad Pershing Seaside

- 106 pounds
- 1st 1. Ed Killian Tillamook
 3rd 2. Mike Earlywine Rainier
 3. Rex Metcalfe Tillamook
 4. Cliff Howard St. Helens

- 115 pounds
- 6th 1. Doug Nicholson Tillamook
 2. Hank Stigall Tillamook

- 123 pounds
- 3rd 1. Joe Sloan Rainier
 3. Travis Thurston Rainier
 4. Sam Holstad Tillamook

- 130 pounds
- 1st 1. Allen Kimmel Tillamook
 2. Randy Kaufman Tillamook

- 136 pounds
- 2nd 1. Bill Womack Rainier
 3. Ty Simmons Tillamook
 4. Dan Rouse St. Helens
 6. Stan Cook Tillamook

- 141 pounds
- 3rd 1. Dan Stebbins Clatskanie
 4th FL. Charlie Kennedy Rainier

- 148 pounds
- 2nd 1. Terry Cook Tillamook
 4th 2. Eric Seaney Tillamook

- 157 pounds
1. Tim Perron Rainier
 3. Jon Carson St. Helens
 4. Jon Jenck Tillamook

- 168 pounds
- 2nd 1. Jeff Seaney Tillamook
 2. Jon Hulsey Rainier

- 178 pounds
1. Pat Parks St. Helens
 5. Tim Jenck Tillamook
 6. Joe Sluder Clatskanie

- 191 pounds
- 3rd 1. Tim Marcum Tillamook
 2. Bryce Marriott Astoria

- Heavyweight
1. Mike Jenck Tillamook
 2. Jay White St. Helens
 4. Bruce Platt Astoria
 6. Bill Springs Tillamook

Team Results	Coaches
1. Tillamook 382.5	Elroy Thompson
2. Rainier 252.5	
3. St. Helens 204	Gordon Jarman
4. Astoria 177.5	
5. Clatskanie 150.5	Chip Waisanen
6. Scappoose 89	Rick Knode
7. Seaside 61.5	

Outstanding Wrestler
 Joe Sloan
 Rainier

Headlight-Herald, Tillamook, Feb. 29, 1984, Sect. B page 1.
 Cowapa League District Program, 1997, p. 22.

**Cowapa League
 District One-AA Championships
 February 22-23, 1985
 Clatskanie High School
 Clatskanie, Oregon**

- 98 pounds
1. Jack Spindler (6-4) Tillamook
 2. Tyrone Gregory St. Helens

- 106 pounds
- 1st 1. Jack Vantress (1:49) Tillamook
 2. Eric Oathes Astoria

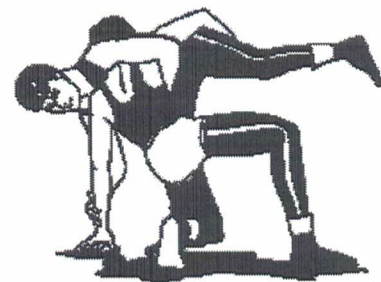
- 115 pounds
- 1st 1. Mike Earlywine (5:38) Rainier
 2. Craig Kennedy Rainier

- 123 pounds
- 1st 1. Joe Sloan (3:37) Rainier
 4th 2. Robert Lyons Astoria

- 130 pounds
- 1st 1. Doug Nicholson (6-5) Tillamook
 2. Sam Holstad Tillamook

- 136 pounds
1. Richie Ford (3:19) Rainier
 2. David Howell St. Helens

- 141 pounds
1. Terry Cook (6-5) Tillamook
 5th 2. Sam Stebbins Clatskanie



- 148 pounds
- 3rd 1. Charlie Kennedy (6-4) Rainier
 2. John Hill Scappoose

- 157 pounds
- 5th 1. Eric Seaney (7-1) Tillamook
 2. Scott Stockwell St. Helens

- 168 pounds
1. Jim Jones (4-2) Scappoose
 2. Tim Perron Rainier

- 178 pounds
- 1st 1. Jeff Seaney (:24) Tillamook
 2. Brian Till Scappoose

- 191 pounds
- 1st 1. Joey Hulsey (3:03) Rainier
 2. Pat Park St. Helens

- Heavyweight
- 2nd 1. Mike Jenck (6-5) Tillamook
 3rd 2. James Relf Rainier

Team Results	Coaches
1. Rainier 327.5	Dan Jacobson
2. Tillamook 314.5	Elroy Thompson
3. St. Helens 226	Gordon Jarman
4. Scappoose 199.5	Rick Knode
5. Astoria 164	
6. Clatskanie 67.5	Chip Waisanen
7. Seaside 52	

Outstanding Wrestler
 Joe Sloan
 Rainier

Oregonian, Portland, Feb. 25, 1985, Sports page D9.
 Cowapa League District Program, 1997, p. 22.

26 Class 3A High School District Championships

Cowapa League District One-AA Championships February 28-March 1, 1986 Tillamook High School Tillamook, Oregon

96 pounds

1. Wally Woolfolk (8-0)	Tillamook
2. Steve Stebbins	Clatskanie
3. Jason Hudson (1:39)	Scappoose
4. Carl Wilson	St. Helens
5. Jamie Schlosser (13-11)	Scappoose
6. McKendry	Tillamook

106 pounds

1. John Satter (6-1)	Tillamook
2. Keith Lyons	Astoria
3. Torey Sue (:47)	Scappoose
4. Joe Daniel	Clatskanie
5. Troy Graham (8-0)	Rainier
6. Rich Geddes	Scappoose

115 pounds

1. Tyrone Gregory (5-2)	St. Helens
2. Eric Oathes	Astoria
3. Jack Spindler (17-4)	Tillamook
4. Randy Johnson	Tillamook
5. Kory Jones (forfeit)	Scappoose
6. Mike Cox	Scappoose

123 pounds

1st 1. Joe Sloan (12-8)	Rainier
2nd 2. Jack Vantress	Tillamook
3. Tim Neal (7-4)	St. Helens
4. Jon Schreier	Seaside
5. Cory Miller (3:48)	St. Helens
6. Bryan Korth	Astoria

130 pounds

1st 1. Doug Nicholson (18-4)	Tillamook
5th 2. Craig Kennedy	Rainier
3. Cliff Howard (5-4)	St. Helens
4. Lloyd Sims	Seaside
5. Jim Paine (2:19)	Seaside
6. Mark McKay	St. Helens

136 pounds

1st 1. Richie Ford (12-6)	Rainier
2. Rex Metcalfe	Tillamook
3. Schwirze (16-8)	St. Helens
4. Lynn Parks	Astoria
5. Doug Dato (7-2)	St. Helens
6. Van Holstad	Tillamook

141 pounds

1. Jack Carter (5-2)	St. Helens
2. Marty Maye	St. Helens
3. Andy Cook (5-3 OT)	Tillamook
4. Scott Wolger	Astoria
5. Lance Stoneman (10-7)	Seaside
6. Dan Foultnier	Clatskanie

148 pounds

1. Dan Rouse (13-4)	St. Helens
2. Garrett Dews	St. Helens
3. Jerry Spindler (1:54)	Tillamook
4. Jim Kisor	Scappoose
5. Wes Foultnier (default)	Clatskanie
6. Lewis Doyle	Seaside

157 pounds

1. Jim Jenck (3-1)	Tillamook
2. Shannon Sells	St. Helens
3. Shane Doctor (11-6)	Astoria
4. Don Atkins	Clatskanie
5. Jeff Fitch (:58)	Tillamook
6. Dave Price	St. Helens

168 pounds

3rd 1. Scot Stockwell (2:53)	St. Helens
2nd 2. Jim Jones	Scappoose
3. Gary Schimmel (11-8)	Rainier
4. Steve Smith	Tillamook
5. Dean McKibben (1:45)	Tillamook
6. Roger Brown	Clatskanie

178 pounds

1st 1. Eric Seaney (1:11)	Tillamook
2. Brian Till	Scappoose
3. Hald (:11)	St. Helens
4. Stern	St. Helens
5. Easter (2:59)	Scappoose
6. Blissett	Seaside

191 pounds

6th 1. Chris Thompson (12-6)	Rainier
5th 2. Tim Jenck	Tillamook
3. Beaulac (7-2)	Scappoose
4. White	Seaside
5. Porter (2:59)	Scappoose
6. Danforth	Seaside

Heavyweight

1. Billy Springs (5:41)	Tillamook
2. James Monroe	Astoria

3. Huls (5-0)	Seaside
4. Hora	Scappoose
5. Kollonen (16-9)	Clatskanie
6. Ahlers	Astoria

Team Results		Coaches
1. Tillamook	358	Elroy Thompson
2. St. Helens	322.5	Gordon Jarman
3. Scappoose	192.5	Rick Knode
4. Rainier	148.5	Larry Soto
5. Astoria	137.5	Greg Hoff
6. Seaside	112.5	
7. Clatskanie	92	Chip Waisanen

Outstanding Wrestler

Joe Sloan
Rainier

Oregonian, Portland, March 3, 1986, Sports page D9.
Headlight-Herald, Tillamook, March 5, 1986, page D3.
Cowapa League District Program, 1997, p. 22.

Cowapa League District One-AA Championships February -28, 1987 St. Helens High School St. Helens, Oregon

98 pounds

1st 1. Steve Stebbins	Clatskanie
6th 2. Jason Hudson	Scappoose
3. Trask Henson (13-10)	Tillamook
4. David Anttonoja	St. Helens
5. Gary Hepburn (5-0 OT)	Tillamook
6. David Franklin	St. Helens

106 pounds

1. Wally Woolfolk (11-1)	Tillamook
2. Carl Wilson	St. Helens
PL Jamie Schlosser	Scappoose
5. Mike Oswald (pin)	St. Helens
6. Robert McKendry	Tillamook

115 pounds

1. Torey Sue	Scappoose
2. Mark Gaston	Rainier
5. Kurt Moss	St. Helens
6. Justin Oliver	Clatskanie

123 pounds

4th 1. Rex Metcalfe (9-3)	Tillamook
2. Jack Spindler	Tillamook
PL Tyrone Gregory	St. Helens
PL Corey Jones	Scappoose

130 pounds

1. Andy Cook (2-0)	Tillamook
2. Tim Hoar	Clatskanie
3. Sam Holstad (4-2)	Tillamook
4. Doug Dato	St. Helens
5. Corey Miller	St. Helens
6. Eric Jorgenson	Clatskanie

136 pounds

1st 1. Jack Vantress (pin)	Tillamook
2. Tim Neal	St. Helens
PL Kris Oman	Scappoose
5. Jeff Merwin (pin)	St. Helens
6. Chris Mobley	Tillamook

141 pounds

2nd 1. Craig Kennedy	Rainier
2. Jack Carter	St. Helens

148 pounds

1. Van Holstead (default)	Tillamook
2. Marty Maye	St. Helens
PL Jeff McCoy	St. Helens
5. Jim Seaney (10-5)	Tillamook
6. Dave Pisha	Scappoose

157 pounds

1. Jim Kisor	Scappoose
2. Wes Foultnier	Clatskanie
PL Garrett Dews	St. Helens
5. Ryan Watson (DQ)	St. Helens
6. Jeff Fitch	Tillamook

168 pounds

1. Shannon Sells	St. Helens
2. Jim Thompson	Rainier
3. Brian Easter (8-2)	Scappoose
4. Steve Stone	Tillamook
5. Andy Vanderwerf (10-3)	Scappoose
6. Scott Reed	Tillamook

178 pounds

1. Jim Jenck (6-2 OT)	Tillamook
2. Gary Schimmel	Rainier
PL Greg Hogan	Scappoose
PL Vic Ruddell	Scappoose
5. Tom Kelly (11-8)	Astoria
6. Bob Christensen	Tillamook

191 pounds

4th 1. Chris Thompson (10-0)	Rainier
2. Steve Smith	Tillamook
3. Matt Dickson (5-4)	Tillamook
4. Aaron Stern	St. Helens
PL Fred Horn	Scappoose

Heavyweight

3rd 1. James Monroe (11-1)	Astoria
2. Dean McKibbin	Tillamook
3. Eric McClung (5-3)	St. Helens
4. Leonard Pesterfield	Tillamook
PL Shannon Ahlers	Astoria

Team Results		Coaches
1. St. Helens	369.5	Gordon Jarman
2. Tillamook	360.5	Elroy Thompson
3. Scappoose	273.5	
4. Rainier	166	
5. Clatskanie	110	Chip Waisanen
6. Astoria	42.5	
7. Seaside	8	

Outstanding Wrestler

Jack Vantress
Tillamook

Oregonian, Portland, March 1, 1987, Sports page F14.
Chief, Clatskanie, March 5, 1987, page 1
Headlight-Herald, Tillamook, March 4, 1987.

Cowapa League District One-AA Championships February -27, 1988 Scappoose High School Scappoose, Oregon

98 pounds

1. Garry Hepburn (12-8)	Tillamook
2. Troy Bennett	Scappoose
3. Josh Kemp	St. Helens
4. John Murray	Scappoose
5. Willy Womack	Rainier
6. Lyle Dawley	Astoria

106 pounds

1. Trask Henson (9-5)	Tillamook
2. Jason Hudson	Scappoose
3. David Anttonoja	St. Helens
4. Corey Templin	Scappoose
5. Tony Heilbusch	Tillamook
6. Doyle Slape	Rainier

115 pounds

1. Steve Stebbins (4-3)	Clatskanie
2. Wally Woolfolk	Tillamook
3. Chris Johns	Astoria
4. Dave Franklin	St. Helens
5. Corey Bush	Tillamook
6. Brian Farrott	St. Helens

123 pounds

1. Kory Jones (7-0)	Scappoose
2. Mike Oswald	St. Helens
3. Rich Geddes	Scappoose
4. Aaron Workman	Rainier
5. Kevin Davys	Rainier
6. Justin Oliver	Clatskanie

130 pounds

1. Jeremy Martin (1:30)	Scappoose
2. Mark Puffinberger	Astoria
3. Kurt Moss	St. Helens
4. Jim Orta	Tillamook
5. Donny Rees	Scappoose
6. Chuck Biddle	Astoria

136 pounds

5th 1. Chad Womack (7-5)	Rainier
2. Doug Norris	Astoria
3. Doug Dato	St. Helens
4. Dan Foultnier	Clatskanie
5. Ian McKay	St. Helens
6. Jason Jones	Scappoose

141 pounds

1. Jeff Merwin (8-2)	St. Helens
2. Lance Stoneman	Seaside
3. Kevin Foultnier	Clatskanie
4. Jake Baker	Rainier
5. Chris Mobley	Tillamook
6. Tim Franklin	St. Helens

148 pounds

6th 1. Van Holstad (7-4)	Tillamook
2. Brian Schimmel	Rainier
3. Joey Hall	St. Helens
4. James Blisset or Bussett	Seaside
5. Mark Crape	Clatskanie
6. Ken Thacker	Scappoose

	157 pounds	
1.	Wes Foultner (5-3)	Clatskanie
2.	Jim Seaney	Tillamook
3.	Jay Johnson	Scappoose
4.	Dave Wood	St. Helens
5.	Ryan Dato	St. Helens
6.	Darrin Larson	Astoria

4th	168 pounds	
1.	Jeff McCoy (16-0)	St. Helens
2.	Scott Reed	Tillamook
3.	Ryan Watson	St. Helens
4.	Jim Thompson	Rainier
5.	Shad Larson	Tillamook
6.	Kevin Fisher	Astoria

4th	178 pounds	
1.	Shannon Sells (11-0)	St. Helens
2.	Matt Dickson	Tillamook
3.	Brad Ryan	Rainier
4.	Kai Vaughn	Astoria
5.	Bob Christensen	Tillamook
6.	Milt Cornwall-Brady	St. Helens

6th	191 pounds	
1.	Steve Smith (9-3)	Tillamook
2.	Steve Bodine	Tillamook
3.	Greg Hogan	St. Helens
4.	Mat Ferrero	Astoria
5.	Aaron Kelly	St. Helens
6.	Brian Brust	Scappoose

2nd	Heavyweight-275 pounds	
1.	Deane McKibbin (2-1)	Tillamook
2.	Aaron Stern	St. Helens
3.	Tim Beach	Tillamook
4.	Scott Crape	Rainier
5.	Terry Casey	St. Helens
6.	Jeff Van Arsdall	Seaside

Team Results		Coaches
1. St. Helens	366	Gordon Jarman
2. Tillamook	331	
3. Scappoose	212	
4. Rainier	174	
5. Clatskanie	132.5	Chip Waisanen
6. Astoria	124.5	Greg Hoff
7. Seaside	65.5	Chuck Mattocks

Outstanding Wrestler
Jeff McCoy
St. Helens

Sunday Oregonian, Portland, Feb. 28, 1988, page F11.
Daily Astorian, Astoria, Feb. 29, 1988, page 9.
Headlight-Herald, Tillamook, March 2, 1988, Sect. D, pages 1,4.
Spotlight, Scappoose, March 2, 1988, page 16.
Cowapa League District Program, 1997, p. 22.

**Cowapa League
District One-AA Championships
February 24-25, 1989
Astoria High School
Astoria, Oregon**

3rd	103 pounds	
1.	Garry Hepburn (9-8)	Tillamook
2.	Tony Hellbusch	Tillamook
3.	Doug White	Rainier
4.	Derek Tift	Rainier
5.	Lyle Dawley	Astoria
6.	John Murray	Scappoose

3rd	112 pounds	
1.	Robbie Tanner (3-40)	Tillamook
2.	David Antinola	St. Helens
3.	Josh Komp	St. Helens
4.	Jason Dean	Clatskanie
5.	Tory Moxley	Astoria
6.	Aaron Hartman	Seaside

5th	119 pounds	
1.	Wally Woolfolk (5-3)	Tillamook
4th	2. Steve Stebbins	Clatskanie
3.	Jack Simpson	Clatskanie
4.	Willy Womack	Rainier
5.	Steve Weber	St. Helens
6.	Steve Weber	St. Helens

6th	125 pounds	
1.	Kory Jones (9-2)	Scappoose
2.	Chris Johns	Astoria
3.	Kurt Moss	St. Helens
4.	Dennis Reed	Tillamook
5.	Jack Ridenhour	Scappoose
6.	Steve Ulestad	St. Helens

5th	130 pounds	
1.	Trask Henson (9-8)	Tillamook
2.	Aaron Workman	Rainier
3.	Jim Orta	Tillamook
4.	Mark Puffinburger	Astoria
5.	Dave Franklin	St. Helens
6.	Danny Scott	Seaside

	135 pounds	
1.	Rich Geddes (3-0)	Scappoose
2.	Mike Oswald	St. Helens
3.	Robert McKendry	Tillamook
4.	Devin Degraffenreid	Clatskanie
5.	Mike Smith	Seaside
6.	Brent Fitch	Tillamook

	140 pounds	
1.	John Bayne (7-4)	St. Helens
2.	Jeremy Martin	Scappoose
3.	Gary Bernsten	Clatskanie
4.	Ryan Dews	St. Helens
5.	Mike Meek	Rainier
6.	Chuck Biddle	Astoria

	145 pounds	
1.	Ian McKay (5-2)	St. Helens
2.	Kris Oman	Scappoose
3.	Kevin Foultner	Clatskanie
4.	Mike Hackenberg	Rainier
5.	Chris Howard	St. Helens
6.	Jeff Brunmeyer	Tillamook

3rd	152 pounds	
1.	Jeff Merwin (3-1)	St. Helens
2.	Brian Schimmel	Rainier
3.	Matt Clegg	Scappoose
4.	Brent VanBeek	Clatskanie
5.	James Blissett	Seaside
6.	Chad Johnson	Seaside

	160 pounds	
1.	Dave Wood (default)	St. Helens
2.	Wes Foultner	Clatskanie
3.	Jay Johnson	Scappoose
4.	Kevin Fisher	Astoria
5.	Jake Baker	Rainier
6.	Kirk Schoonover	Seaside

	171 pounds	
1.	Jim Seaney (1:40)	Tillamook
2.	Andy Ramey	Rainier
3.	Ryan Dato	St. Helens
4.	Ryan Watson	St. Helens
5.	Shad Larson	Tillamook
6.	Dennis Budge	Rainier

1st	189 pounds	
1.	Jeff McCoy (14-0)	St. Helens
4th	2. Matt Dickson	Tillamook
3.	Greg Hogan	St. Helens
4.	Tim Keilar	Rainier
5.	Jeff Fitch	Tillamook
6.	Darin Larson	Astoria

	275 pounds	
1.	Steve Bodine (10-5)	Tillamook
2.	Terry Casey	St. Helens
3.	Tim Beach	Tillamook
4.	Jesse Earley	Astoria
5.	David Beaston	Rainier
6.	Kris Long	St. Helens

Team Results		Coaches
1. St. Helens	383	Gordon Jarman
2. Tillamook	326	
3. Rainier	223.5	
4. Scappoose	170	Bruce Lofland
5. Astoria	130.5	
6. Seaside	92	Chuck Mattocks

Outstanding Wrestler
Jeff McCoy
St. Helens

Oregonian, Portland, Feb. 26, 1989, page F13.
Headlight-Herald, Tillamook, March 1, 1989, p. D2.
Spotlight, Scappoose, March 1, 1989, p. 13.
Chronicle, St. Helens, March 1, 1989, pp. 12-13.
Daily Astorian, Astoria, Feb. 27, 1989.
Cowapa League District Program, 1997, p. 22.

**Cowapa League
District One-AA Championships
February 23-24, 1990
Rainier High School
Rainier, Oregon**

2nd	98 pounds	
1.	Doug White (9-2)	Rainier
2.	Jamie Olson	St. Helens
3.	Cameron Mitchum	Seaside
4.	Jason Aklin	Scappoose
5.	Aaron Ostoj	St. Helens
6.	Ken Oleman	Tillamook

5th	106 pounds	
1.	John Murray (pin)	Scappoose
4th	2. Derek Tift	Rainier
3.	Thad Davidson	St. Helens
4.	Doug Flansburg	Seaside
5.	Joe Ramey	Rainier
6.	Jason Adams	Tillamook

6th	115 pounds	
1.	Tory Hellbusch (pin)	Tillamook
2.	David Antinola	St. Helens
3.	Vance Wagner	Tillamook
4.	Doug Flansburg	Seaside
5.	Cory Templin	Scappoose
6.	Scott Waterman	Scappoose

	123 pounds	
1.	Rob Tanner (5-2)	Tillamook
2.	Garry Hepburn	Tillamook
3.	Jon Eggers	St. Helens
4.	Robert Williams	Scappoose
5.	Jack Simpson	Clatskanie
6.	Justin Shatto	Astoria

	130 pounds	
1.	Josh Komp (7-2)	St. Helens
2.	Aaron Workman	Rainier
3.	Kurt Moss	St. Helens
4.	Jason Holmes	Astoria
5.	Danny Scott	Seaside

	136 pounds	
1.	Mike Oswald (12-1)	St. Helens
2.	Kevin Crape	Clatskanie
3.	Jack Ridenour	Scappoose
4.	Chuck Biddle	Astoria
5.	Michael Jackson	Astoria
6.	Peter Fessler	Seaside

5th	141 pounds	
1.	John Bayne (13-3)	St. Helens
2.	Mike Meek	Rainier
3.	Don Rees	Scappoose
4.	Craig Hatcher	Clatskanie
5.	Gordon Stone	Tillamook

4th	148 pounds	
1.	Trask Henson (6-2)	Tillamook
5th	2. Ian McKay	St. Helens
3.	Kevin Foultner	Clatskanie
4.	Dan Henderson	Rainier
5.	Rusty Larson	Tillamook

1st	157 pounds	
1.	Jeff Merwin (pin)	St. Helens
2.	Mike Hackenberg	Rainier
3.	Jeff Brunmeyer	Tillamook
4.	Chad Johnson	Seaside
5.	Kirk Schoonover	Seaside

2nd	168 pounds	
1.	Dave Wood (3-0)	St. Helens
4th	2. Jim Seaney	Tillamook
3.	Kevin Fisher	Astoria
4.	Dennis Budge	Rainier
5.	Jamie Cothren	Rainier

3rd	178 pounds	
1.	Andy Ramey (8-2)	Rainier
6th	2. Ryan Dato	St. Helens
3.	Matt Neukom	St. Helens
4.	Ell Crape	Rainier
5.	Sean Ahlers	Astoria

1st	191 pounds	
1.	Jeff McCoy (pin)	St. Helens
6th	2. John Wagner	Tillamook
3.	Tim Keilar	Rainier
4.	Kelth Pense	St. Helens
5.	Jon Maddox	Astoria

6th	275 pounds	
1.	Dave Beaston (10-0 OT)	Rainier
2nd	2. James Stinnett	Tillamook
3.	Mike Pense	St. Helens
4.	Scott Purvis	Scappoose
5.	Dan Usher	Rainier
6.	James Dotson	Seaside

Team Results		Coaches
1. St. Helens	363.5	Gordon Jarman
2. Rainier	313.5	
3. Tillamook	245	
4. Scappoose	183	Bruce Lofland
5. Seaside	100	Chuck Mattocks
6. Astoria	96	
7. Clatskanie	67.5	Chip Waisanen

Outstanding Wrestler
Jeff McCoy
St. Helens

Portland, Feb. 26, 1990, page C5.
Daily Astorian, Astoria, Feb. 26, 1990, page 8.
Headlight-Herald, Tillamook, Feb. 28, 1990, page C5.



28 Class 3A High School District Championships

Cowapa League District One 3A Championships February 22-23, 1991 Seaside High School Seaside, Oregon

		98 pounds	
5th	1.	Chad Allen	Tillamook
	2.	Tatum Larson	Tillamook
	CF	Pete Ramey	Rainier
	CF	Jason Aklin	Scappoose
	CF	Mike Furlong	St. Helens
	CF	Cameron Mitchem	Seaside
		106 pounds	
3rd	1.	Doug White	Rainier
6th	2.	Jamie Olson	St. Helens
	CF	Rod Redpath	Scappoose
	CF	Donny Bui	Astoria
	CF	Aaron Ostoj	St. Helens
	CF	Ken Oleman	Tillamook
		115 pounds	
4th	1.	Derek Tift	Rainier
	2.	Scott Waterman	Scappoose
	3.	Dusty Atwood	Astoria
	4.	Brian Brunmeier	Tillamook
	5.	Lee Krenz	St. Helens
	6.	Gary Dunn	Tillamook
		123 pounds	
	1.	Tory Hellbusch	Tillamook
	2.	John Murray	Scappoose
	CF	Monty Hurley	Rainier
	CF	Vance Wagner	Tillamook
	CF	Ben Clark	Seaside
	CF	Andy Kolbe	Scappoose
		130 pounds	
	1.	Chris Thompson	Tillamook
	2.	Dylan Vogt	Tillamook
	CF	Robert Williams	Scappoose
	CF	Eric Schimmel	Rainier
	CF	Jeremy Young	St. Helens
	CF	Justin Shatto	Astoria
3rd	1.	Rob Tanner	Tillamook
4th	2.	Aaron Workman	Rainier
	CF	Jon Eggers	St. Helens
	CF	Joe Evans	Scappoose
	CF	Anthony Valplani	St. Helens
	CF	Brent Blazer	Tillamook
		141 pounds	
5th	1.	Josh Komp	St. Helens
	2.	Jason Holmes	Astoria
	CF	Tim Shaw	Tillamook
	CF	Jason Gardner	St. Helens
	CF	Kevin Crape	Clatskanie
	CF	Peter Fessler	Seaside
		148 pounds	
	1.	Mike Meek	Rainier
	2.	Rusty Larson	Tillamook
	CF	Ryan Dews	St. Helens
	CF	Chris Willoughby	St. Helens
	CF	Craig Hatcher	Clatskanie
6th	1.	Mike Hackenberg	Rainier
4th	2.	Kevin Foultnr	Clatskanie
	CF	Caleb Fackerrall	Seaside
	CF	Jeff Vowell	St. Helens
	CF	Lonnle Eggert	Tillamook
		168 pounds	
6th	1.	Dan Henderson	Rainier
	2.	Jason McCoy	St. Helens
	CF	Chris Neuman	Seaside
	CF	Jeff Brunmeyer	Tillamook
	CF	Gary Brentsen	Clatskanie
	CF	Don Schimmel	Rainier
		178 pounds	
	1.	Jamie Dixon	Tillamook
	2.	Tony Amrine	St. Helens
	CF	Dan Skolrud	Rainier
	CF	Bryce Vandevander	St. Helens
4th	1.	Matt Neukom	St. Helens
	2.	Eli Crape	Rainier
	3.	Mark Patterson	Rainier
	4.	Craig Coozee	Astoria
	5.	David Pense	St. Helens
	6.	Juan Leonguerrep	Astoria
		275 pounds	
1st	1.	Mike Pense	St. Helens
2nd	2.	Kris Long	St. Helens
	3.	Dan Usher	Rainier
	4.	Brent VanBeek	Clatskanie
	CF	Eric White	Clatskanie
	CF	Dave Beaton	Rainier

Team Results

1.	St. Helens	Gordon Jarman
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Outstanding Wrestler Rob Tanner Tillamook

Cowapa League District One-3A Championships February 28-29, 1992 Clatskanie High School Clatskanie, Oregon

		98 pounds	
3rd	1.	Mike Furlong (9-4)	St. Helens
2nd	2.	Rick Pruiett	Tillamook
	PL	Jeremy Williams	St. Helens
	5.	Sean Rieger (7-6)	Tillamook
	6.	Rich Wuollet	Rainier
		106 pounds	
	1.	Jeremy Komp (4-3)	St. Helens
	2.	Tod Redpath	Scappoose
		115 pounds	
	1.	Tatum Larson (6-4)	Tillamook
	2.	Chad Allen	Tillamook
6th	1.	Vance Wagner (12-6)	Tillamook
	2.	Lee Krenz	St. Helens
	PL	Ted Slape	Rainier
	5.	Shane Hyson (5-2)	Seaside
	6.	Gary Dunn	Tillamook
		130 pounds	
	1.	Derek Tift (13-6)	Rainier
	2.	Brian Brunmeier	Tillamook
	3.	Jeremy Young (11-3)	St. Helens
	4.	Josh Hopkes	Tillamook
		136 pounds	
	1.	Jon Eggers (6-4)	St. Helens
	2.	Dylan Vogt	Tillamook
	PL	Monty Hurley	Rainier
	5.	Jason Adams (18-11)	Tillamook
	6.	Eric Kelley	Scappoose
		141 pounds	
	1.	Kevin Crape (3:35)	Clatskanie
	2.	Chris Thompson	Tillamook
	3.	Jim Shaw (7-2)	Tillamook
	4.	Duane Neukom	St. Helens
3rd	1.	Rob Tanner (1:57)	Tillamook
	2.	Rusty Larson	Tillamook
		157 pounds	
	1.	Ryan Dews (13-9)	St. Helens
	2.	Rusty Puckett	Rainier
	3.	Lonnle Eggert (Inj. def.)	Tillamook
	4.	Jack Simpson	Clatskanie
3rd	1.	Jasen McCoy (11-6)	St. Helens
4th	2.	Jeff Vowell	St. Helens
	PL	Don Schimmel	Rainier
	5.	Peter Jackson (2:49)	Astoria
	6.	Jason Prince	Tillamook
		178 pounds	
4th	1.	Jamie Dixon (3:52)	Tillamook
	2.	Joel Bergeman	Astoria
		191 pounds	
3rd	1.	Matt Neukom (8-2)	St. Helens
6th	2.	Mark Patterson	Rainier
		275 pounds	
2nd	1.	Kris Long (forfeit)	St. Helens
1st	2.	Mike Pense	St. Helens
	PL	Dan Usher	Rainier
	5.	Tim Landolt (1:51)	Tillamook
	6.	Leonard Ingles	Tillamook

Team Results	Coaches
1. St. Helens	383
2. Tillamook	373.5
3. Rainier	307.5
4. Scappoose	139
5. Clatskanie	117.5
6. Astoria	58.5
7. Seaside	48
	Dave Watkins
	Bruce Lofland
	Chip Waisanen
	Chuck Mattocks

Outstanding Wrestler Rob Tanner Tillamook

Oregonian, Portland, March 2, 1992, Sports p. D6.
Headlight-Herald, Tillamook, March 4, 1992, p. C4.

Cowapa League District One-3A Championships February 26-27, 1993 Tillamook High School Tillamook, Oregon

		98 pounds	
3rd	1.	Mike Furlong (pin)	St. Helens
	2.	Mat Werner	Tillamook
	PL	Jay Kalberg	St. Helens
	PL	Curtis Ruback	Clatskanie
	5.	Andrea Fletcher	Tillamook
		106 pounds	
3rd	1.	Rick Prueitt (4-0)	Tillamook
6th	2.	Mike Bledsoe	Rainier
	PL	David Rees	Scappoose
		115 pounds	
	1.	Rod Ridpath (5-2)	Scappoose
	2.	Keith Thompson	Tillamook
	PL	Cameron Mitchem	Seaside
		123 pounds	
5th	1.	Pete Ramey (4-2)	Rainier
	2.	Tatum Larson	Tillamook
	3.	Chad Allen (13-1)	Tillamook
	4.	Geoff Jarman	St. Helens
	PL	Brian Barnes	Rainier
		130 pounds	
6th	1.	Vance Wagner (4-0)	Tillamook
	2.	Jeremiah Gardner	St. Helens
	PL	Jimmy Cabrera	St. Helens
	5.	Shane Hahn (9-5)	Tillamook
	6.	Ben Clark	Seaside
		136 pounds	
3rd	1.	Slawek Rogozinski (16-0)	Rainier
	2.	Ted Slape	Rainier
	3.	Brian Brunmeier (7-7)	Tillamook
	4.	John Olson	Scappoose
	5.	Z. Smith (8-3)	St. Helens
	6.	Jason Adams	Tillamook
		141 pounds	
2nd	1.	Dylan Vogt (3-0)	Tillamook
	2.	Jim Shaw	Tillamook
	PL	Jacob Lefebvre	Clatskanie
	PL	Don Hibbs	St. Helens
		148 pounds	
2nd	1.	Chris Thompson (5-0)	Tillamook
	2.	Rusty Larson	Tillamook
	PL	Clint Whipple	Scappoose
	PL	Chris Stauffer	Rainier
		157 pounds	
4th	1.	Lonnle Eggert (3-1 OT)	Tillamook
2nd	2.	Joe Ramey	Rainier
	PL	Anthony Valplani	St. Helens
		168 pounds	
2nd	1.	Jason McCoy (17-15)	St. Helens
5th	2.	Rusty Puckett	Rainier
	PL	Jeremy Swanlund	Seaside
	5.	Ryan Vantress (7-1)	Tillamook
	6.	Jeff McGlone	Rainier
		178 pounds	
3rd	1.	Jamie Dixon (pin)	Tillamook
	2.	Jason Rush	Clatskanie
	PL	Skye Shibley	Rainier
		191 pounds	
	1.	Peter Jackson (11-4)	Astoria
	2.	James Roggow	Clatskanie
	5.	Bubba Hubbs (4:58)	St. Helens
	6.	Tony Lopes	Tillamook
		275 pounds	
	1.	Chris Barajas (pin)	Rainier
	2.	Jared Dews	St. Helens

Team Results	Coaches
1. Tillamook	373
2. Rainier	310.5
3. St. Helens	298
4. Clatskanie	129
5. Scappoose	90
6. Seaside	89.5
7. Astoria	84.5
	Elroy Thompson
	Dave Watkins
	Gordon Jarman
	Chip Waisanen
	Bruce Lofland
	Chuck Mattocks

Outstanding Wrestler Jamie Dixon Tillamook

Sunday Oregonian, Portland, Feb. 28, 1993, p. B13
Headlight-Herald, Tillamook, March 3, 1993, pp. C1, C3.

**Cowapa League
District One-3A Championships
February 25-26, 1994
St. Helens High School
St. Helens, Oregon**

- 98 pounds
1. Nicholas Valpiani (4-0) St. Helens
2. Karl Demaree Rainier
3. Josh Hayes Astoria
4. Tom Bruce Tillamook

- 106 pounds
1. Eli Ellsworth (10-1) Rainier
2. Curtis Ruback Clatskanie

- 115 pounds
4th 1. Don Chapman (5:36) Rainier
2. Gordon Jarman St. Helens
3. Matt Werner Tillamook
4. Dreng Espelian Scappoose
5. Nick Hurliman Tillamook
6. Jay Kallberg St. Helens

- 123 pounds
3rd 1. Keith Thompson (5-1) Tillamook
5th 2. Mike Bledsoe Rainier
3. John Haertl Tillamook
4. Kenny Wood St. Helens

- 130 pounds
1. Geoff Jarman (5:40) St. Helens
2. Matt Maisenbach St. Helens
5. Levi Ellsworth Rainier
6. Josh Latour Tillamook

- 136 pounds
3rd 1. Tatum Larson (4-0) Tillamook
2. Brian Brunmeier Tillamook
5. Perry Smith Clatskanie

- 141 pounds
2nd 1. Erle Schimmel (4-2) Rainier
4th 2. Shad Allen Tillamook
3. Kyle Andrehsen St. Helens
4. Ryan Vantress Tillamook

- 148 pounds
2nd 1. Chris Thompson (9-0) Tillamook
2. Jeremiah Gardner St. Helens
3. Jake Lefebvre Clatskanie
4. Steven Wallace Clatskanie

- 157 pounds
1. Reid Reynolds (9-6) St. Helens
2. Zach Davis Clatskanie
5. Bo Bockelman Tillamook
6. Dan Schauerman Astoria

- 168 pounds
1. Nate Burke (9-8 OT) Seaside
2. Brian Brame St. Helens
3. Jeff McGlone Rainier
4. John Malsbury Tillamook
6. Josh Tressler Clatskanie

- 178 pounds
1st 1. Jason McCoy (11-0) St. Helens
4th 2. Caleb Fackerrall Seaside
3. Scott Evenson Clatskanie
4. Tyson Price Tillamook
6. Lee Shaw Clatskanie

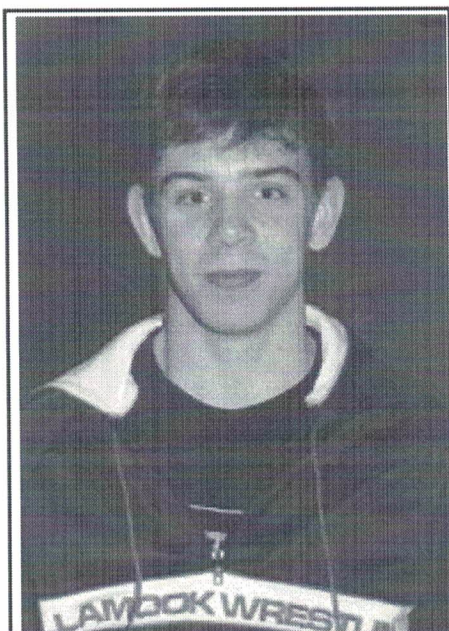
- 191 pounds
6th 1. Ben Buce (4:02) Rainier
2. Jeremy Swanlund Seaside
5. Dan Brown Clatskanie
6. Dan White Clatskanie

- 275 pounds
1. Jared Dews (.45) St. Helens
2. Clayton Rasmussen Seaside
3. Josh Armstrong Tillamook
4. Tony Lopes Tillamook
6. Russ Pinard Clatskanie

Team Results	Coaches
1. St. Helens 375	Gordon Jarman
2. Tillamook 290.5	Jim Jones
3. Rainier 280	Dave Watkins
4. Clatskanie 159.5	Chip Walsanen
5. Seaside 150.5	Chuck Mattocks
6. Scappoose 61	Bruce Lofland
7. Astoria 50.5	

Outstanding Wrestler
Chris Thompson
Tillamook

Oregonian, Portland, Feb. 27, 1994, p. E13.
Headlight-Herald, Tillamook, March 2, 1994, Section C pp. 1, 3.
Chief, Clatskanie, March 3, 1994, p. 8.
Cowapa League District Program, 1997, page 22.



Jamie Dixon
Tillamook

**Cowapa League
District One 3A Championships
February 24-25, 1995
Scappoose High School
Scappoose, Oregon**

- 100 pounds
1. Jai Johnston (10-2) Scappoose
2. Luke Cummings Tillamook
3. Ryan Cole St. Helens
4. Jacob Fiscus Rainier
5. Nick Lachner Tillamook
6. Colt Condit Banks

- 106 pounds
1. Jeremy Abarno (6-1) Banks
2. Nicholas Valpiani (6-1) St. Helens
3. Demaree Rainier
4. Jake Yount Tillamook
5. Tom Bruce Tillamook
6. Jay Bradley Rainier

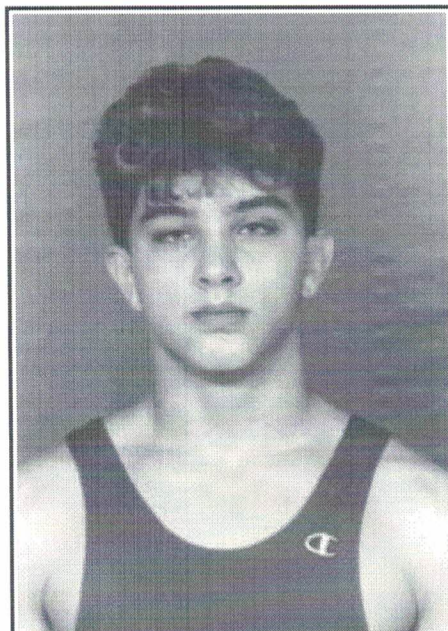
- 112 pounds
1. Steve Moon (5:10) Rainier
2. Curtis Ruback Scappoose
3. John Haertel Clatskanie
4. Scott Riojas St. Helens
5. Billy Montgomery Tillamook
6. Alex Fischer Astoria

- 119 pounds
6th 1. Mike Abarno (5-0) Banks
2. Nick Hurliman Tillamook
3. Gordy Jarman St. Helens
4. Louis Jaussaud Astoria
5. Bob Fish Rainier
6. Stewart Powell Rainier

- 126 pounds
4th 1. Keith Thompson (6-4) Tillamook
6th 2. Gregg Long Banks
3. John Haertel Tillamook
4. Ryan Komp St. Helens
5. Nathan Slape Rainier
6. Eli Ellsworth Rainier

- 134 pounds
6th 1. Tucker Brickley (7-5 OT) Banks
2. Kenny Wood St. Helens
3. David Reese Scappoose
4. Levi Ellsworth Rainier
5. Brian Barnes Rainier
6. Mike Vandecovering Banks

- 142 pounds
3rd 1. Don Maller (4-2) Banks
2. Mike Bledsoe Rainier
3. Nick Frost Scappoose
4. Gabe Sunnell Seaside
5. Jason Reynolds St. Helens
6. Clint Jackson Banks



Trask Henson
Tillamook

- 151 pounds
2nd 1. Clint Turner (6-4) Banks
2. Adam Kemper Banks
3. Bora Lam Rainier
4. Eric Hendrickson Astoria
5. Jeff Hercher Tillamook
6. Jamie Pelham Rainier

- 160 pounds
1. Steve Wallace (4-1) Clatskanie
2. Chris Mejia Banks
3. Geoff Jarman St. Helens
4. Zech Smith St. Helens
5. Guy Knight Astoria
6. Joey Garrett Scappoose

- 172 pounds
6th 1. Nate Burke (8-3) Seaside
2. McKane Kirkpatrick Rainier
3. Bo Bockelman Tillamook
4. Andy Eckley Tillamook
5. Keyton Crape Clatskanie
6. Casey Crape Clatskanie

- 185 pounds
2nd 1. Chris Stauffer (10-1) Rainier
2. Ron Jacobs Banks
3. Tyson Price Tillamook
4. Donny Pense St. Helens
5. Brian Long Banks
6. Scott Evenson Clatskanie

- 215 pounds
2nd 1. Dez Evans (5-2) Banks
2. Tony Lopes Tillamook
3. Justin Bors Scappoose
4. Todd Kunders St. Helens
5. B.J. Talbot Scappoose
6. Aaron Hess Clatskanie

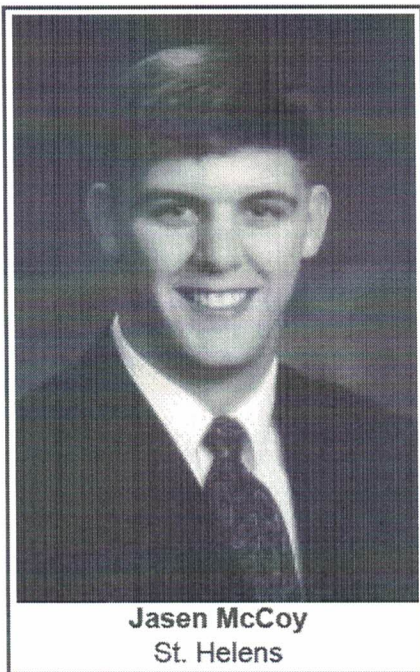
- 275 pounds
1. Josh Armstrong (.59) Tillamook
2. Larry Scott Banks
3. Cliff Gerry Scappoose
4. John Blochinger Rainier
5. Mike Thompson Scappoose
6. John Heiney Banks

Team Scores	Coaches
1. Banks 331.5	Ron Alley
2. Tillamook 281	Scott Shannon
3. Rainier 248.5	
4. St. Helens 211	Gordon Jarman
5. Scappoose 170.5	Bruce Lofland
6. Clatskanie 125	Chuck Mattocks
7. Astoria 57	
8. Seaside 55	Chuck Mattocks

Outstanding Wrestler
Don Maller
Banks

Oregonian, Portland, Feb. 27, 1995, p. C6.
Daily Astorian, Astoria, Feb. 27, 1995, p. 9.
Chronicle and Sentinel Mist, St. Helens, March 1, 1995, p. 10.

**Cowapa League
District One 3A Championships
February 23-24, 1996
Astoria High School
Astoria, Oregon**



100 pounds

1. Nick Lichner (14-1)	Tillamook
2. Chris Byrd	Rainier
3. Mike Delashmidt	Scappoose
4. Joshua Coleman	Tillamook
5. Chad Yarbor	St. Helens
6. Joe Miles	Astoria

106 pounds

1. Jason Peterson (3:00)	St. Helens
2. Jacob Jiscus	Rainier
3. Glenn Beeler	Astoria
4. Neff Vandehey	Scappoose
5. Kelly Cowan	Astoria
6. David Peterson	Tillamook

112 pounds

1. Jeremy Abarno (9-5)	Banks
2. Jeff Andersen	St. Helens
3. David Beatley	St. Helens
4. Erin Ostensen	Tillamook
5. Jeff Jauron	Rainier
6. Aaron Cleys	Seaside

119 pounds

1. Nick Valplani (1:19)	St. Helens
2. Jal Johnston	Scappoose
3. Casey Turner	Banks
4. Billy Montgomery	Tillamook
5. Nathan Butts	Scappoose
6. not awarded	

126 pounds

1. John Haertel (8-3)	Tillamook
2. Curtis Rubeck	Clatskanie
3. Eli Ellsworth	Rainier
4. Nick Wilson	Banks
5. Scott Riojas	St. Helens
6. Ryan Cole	St. Helens

134 pounds

1. Keith Thompson (7-4)	Tillamook
2. Nick Hurliman	Tillamook
3. Matt Delplanche	Banks
4. Mark Gadotti	Scappoose
5. Jeff Timmons	St. Helens
6. Louie Jaussand	Astoria

142 pounds

1. Zachary Mack (5:59)	Scappoose
2. Gabe Sunnell	Seaside
3. Justin Peters	Tillamook
4. Gregg Long	Banks
5. Stewart Powell	Rainier
6. Bora Lam	Rainier

151 pounds

1. Clint Turner (5-3)	Banks
2. Mike Bledsoe	Rainier
3. Richie Chelone	Tillamook
4. Heath Kindle	Seaside
5. Trevor Baker	Scappoose
6. Andy Adams	St. Helens

160 pounds

1. Geoff Jarman (3-2)	St. Helens
2. Don Miller	Banks
3. Matt Tipton	Rainier
4. Dustin Roza-Craig	Clatskanie
5. Jon Emery	Scappoose
6. Drew McEllrath	Rainier

172 pounds

1. Ryan Crape (10-5)	Clatskanie
2. Joey Garrett	Scappoose
3. David Rees	Scappoose
4. Doug Stewart	Tillamook
5. Brandon Williams	St. Helens
6. Justin Houghtelling	St. Helens

185 pounds

1. Don Pense (:16)	St. Helens
2. Andy Eckley	Tillamook
3. Brian Hicks	Clatskanie
4. Nathan Jones	St. Helens
5. Josh Laica	Scappoose
6. Scott Evenson	Clatskanie

215 pounds

1. Josh Russell (3-1)	St. Helens
2. Matt Drew	St. Helens
3. Travis Peterson	Scappoose
4. Jesse Olmstead	Tillamook
5. Joe Bentham	Tillamook
6. Bruce Bankhead	Clatskanie

275 pounds

1. Larry Scott (3:03)	Banks
2. Russ Pinard	Clatskanie

3. Kyle Murray	St. Helens
4. Justin Bors	Scappoose
5. James O'Brien	Astoria
6. John Ely	Tillamook

Team Results		Coaches
1. St. Helens	346.5	Scott Stockwell
2. Tillamook	282.5	Scott Shannon
3. Scappoose	212	Bruce Lofland
4. Banks	179	Ron Alley
5. Rainier	174	Richie Ford
6. Clatskanie	141	Chip Waisanen
7. Seaside	64	Chuck Mattocks
8. Astoria	62	

**Outstanding Wrestler
Clint Turner
Banks**

Don Pense had an eight second pin in the first round.

Oregonian, Portland, Feb. 26, 1996, p. D7.
Chronicle & Sentinel Mt. St. Helens, Feb., 1996, page 12.
South County Spotlight, Scappoose, Feb. 28, 1996, page 20.
Cowapa League District Program, 1997, pp. 24-27.

**Cowapa League
District One-3A Championships
February 22-23, 1997
Banks High School
Banks, Oregon**

100 pounds

3rd 1. Coleman Nelson (1:07)	Scappoose
2. Josh Coleman	Tillamook
3. Bryan Wales (5-2)	Banks
4. Toby Latour	Tillamook
5. Seth Morrissy (10-0)	Seaside
6. Pat McDonald	Seaside

106 pounds

5th 1. Steve Brittell (6-4)	Banks
2. Nathan Wilson	Banks
3. Chris Byrd (18-10)	Rainier
4. Scott Andrews	Rainier
5. Wade Lennox (7-4)	Scappoose
6. Alden Olsen	Tillamook

112 pounds

1. Andrew Brittell (11-5)	Banks
2. Elizur Mejla	Banks
3. Nick Lichner (13-1)	Tillamook
4. Mike Delashmit	Scappoose
5. Jeremiah Cameron	Rainier
6. Glen Beeler	Astoria

119 pounds

5th 1. Jeremy Abarno (6-4)	Banks
1st 2. Sam Lofland	Scappoose
3. Jason Peterson (6-2)	St. Helens
4. Jeff Jauron	Rainier
5. Luke Cummings (3-0)	Tillamook
6. Nathan Butts	Scappoose

126 pounds

1. Casey Turner (6-4 OT)	Banks
2. Jeff Andrehsen	St. Helens
3. Ryan Cole (8-0)	St. Helens
4. Peter Rintoul	Rainier
5. Will Burdette (5-2)	Astoria
6. Chris Merrell	Scappoose

134 pounds

1. John Haertel (11-5)	Tillamook
2. Eli Ellsworth	Rainier
3. Nick Valplani (12-2)	St. Helens
4. Cody Carpenter	Seaside
5. Wes Molnerhour (13-5)	Clatskanie
6. Leland Schmidlin	Banks

142 pounds

1st 1. Nick Hurliman (10-0)	Tillamook
3rd 2. Gabe Sunnell	Seaside
3. Ryan Komp (6-0)	St. Helens
4. Joey Ogan	Scappoose
5. Karl Demaree (11-9 OT)	Rainier
6. Tony Jauron	Rainier

151 pounds

2nd 1. Zachary Mock (3-1)	Scappoose
2. Justin Peters	Tillamook
3. Stewart Powell (1:10)	Rainier
4. Tim Putman	Seaside
5. John Purrington (9-8)	Seaside
6. Micah Smith	St. Helens

160 pounds

1. Razo Craig (9-1)	Clatskanie
2. Jered McGrath	Rainier
3. Tim Fletcher (7-5)	Tillamook
4. Richie Chelone	Tillamook
5. Don Bain (4-2)	St. Helens
6. Drew McEllrath	Rainier

172 pounds

5th 1. Ryan Crape (:55)	Clatskanie
2. Phillip Kangas	Scappoose
3. Brandon Williams (12-3)	St. Helens
4. Kjell McCord	Seaside
5. Clayton Gerry (:42)	Scappoose
6. Shane Lopez	Banks

185 pounds

3rd 1. Andy Eckley (7-2)	Tillamook
2. Keytan Crape	Clatskanie
3. Steve Dewolf (6-5)	Scappoose
4. Bobby Hubbs	St. Helens
5. John Emery (13-1)	Scappoose
6. Matt Phillips	Astoria

215 pounds

2nd 1. Dez Evans (14-2)	Banks
2. Bruce Bankhead	Clatskanie
3. Jesse Olmsted (2:00)	Tillamook
4. Nathan Jones	St. Helens
5. Shaun Carter (3:37)	Rainier
6. Noah Gamble	Rainier

275 pounds

1st 1. Larry Scott (5-2)	Banks
2. Kyle Murray	St. Helens
3. John Ely (1-1 OT criteria)	Tillamook
4. Konrad Anderson	Seaside
5. James O'Brien (2:05)	Clatskanie
6. Shawn Childers	Clatskanie

Team Results		Coaches
1. Tillamook	283.5	Scott Shannon
2. Banks	267.5	Ron Alley
3. Scappoose	215	Bruce Lofland
4. St. Helens	214.5	Scott Stockwell
5. Rainier	209.5	Richie Ford
6. Clatskanie	154	Chip Waisanen
7. Seaside	133.5	Chuck Mattocks
8. Astoria	36	Bill Antilla

**Most Valuable Wrestler
Nick Hurliman
Tillamook**

Dual Meet Standings

1. Tillamook	7-0
2. St. Helens	5-1-1
3. Scappoose	4-2-1
4. Rainier	4-3
5. Banks	4-3
6. Seaside	2-5
7. Clatskanie	1-6
8. Astoria	0-7

official results



Tillamook High School
1997 Cowapa Chamions

**Cowapa League
District One 3A Championships
February 20-21, 1998
Rainier High School
Rainier, Oregon**

		103 pounds	
7th	1.	Seth Morrisey (4-2)	Seaside
6th	2.	Trevor Hall	Tillamook
	3.	Danny Hoover (.46)	Rainier
	4.	Scott Stanton	Scappoose
	5.	Shayne Sandage (.46)	Banks
	6.	Jeff Hendryx	Seaside
		112 pounds	
2nd	1.	Coleman Nelson (8-6 OT)	Scappoose
	2.	Chris Byrd	Rainier
	3.	Michael Hurliman (4:26)	Tillamook
	4.	Bryan Wales	Banks
	5.	Chris Chestnut (2-1)	Seaside
	6.	Joe Tardio	Banks
		119 pounds	
4th	1.	Nate Wilson (4-0)	Banks
	2.	Andrew Brittell	Banks
	3.	Jake Fiscus (4-2)	Rainier
	4.	Mark Beatley	St. Helens
	5.	Scott Andrews (10-4)	Rainier
	6.	Jon Henrie	Scappoose
		125 pounds	
3rd	1.	Sam Lofland (3-1)	Scappoose
5th	2.	Jason Peterson	St. Helens
	3.	Jeremiah Cameron (3:27)	Rainier
	4.	Adam Westmark	Tillamook
	5.	Justin Fischer (16-1 TF)	St. Helens
	6.	Justin Larga	Rainier
		130 pounds	
7th	1.	Stephen Brittell (10-3)	Banks
	2.	Toby Sunnell	Seaside
	3.	Elizar Mejia (8-3)	Banks
	4.	David Beatley	St. Helens
	5.	Nick Lichner (14-4)	Tillamook
	6.	Jeremy Kelley	Rainier
		135 pounds	
5th	1.	Jeff Andrehsen (5-2)	St. Helens
	2.	Luke Cummings	Tillamook
	3.	Chuck Barker (15-6)	Scappoose

	4.	Jeremy Thomas	Rainier
	5.	Nathan Hordichik (5-1)	Banks
	6.	Abel Lau	Banks
		140 pounds	
	1.	Wes Mollenhour (5-4)	Clatskanie
	2.	William Burdette	Astoria
	3.	Nick Wilson (5-3)	Banks
	4.	Mark Amos	St. Helens
	5.	Leland Schmddlin (4-0)	Banks
	6.	Willie Butler	St. Helens
		145 pounds	
2nd	1.	Casey Turner (7-3)	Banks
6th	2.	Ryan Koop	St. Helens
	3.	Peter Rintoul (6-0)	Rainier
	4.	Bryan Ellis	Seaside
	5.	Peter Luciano	St. Helens
	6.	Nate Hull	Seaside
		152 pounds	
6th	1.	Andy Adams (8-1)	St. Helens
	2.	Chris Ekstrom	Scappoose
	3.	Brian Skolrud (5-3)	Rainier
	4.	John Purington	Seaside
	5.	Micah Smith (1:40)	St. Helens
	6.	Aaron Stoddard	Scappoose
		160 pounds	
6th	1.	Drew McEllrath (7-3)	Rainier
	2.	Brandon Williams	St. Helens
	3.	Bobby Hubbs (8-5)	St. Helens
	4.	Mike Mundy	Tillamook
	5.	Dean Janisko (forfeit)	Banks
	6.	Richie Chelone	Tillamook
		171 pounds	
2nd	1.	Dustin Razo-Craig (11-1)	Clatskanie
7th	2.	Ed Winkles	St. Helens
	3.	Evan Osburn (3:42)	Seaside
	4.	Tim Fletcher	Tillamook
	5.	Matt White (23-12)	St. Helens
	6.	Josh Ness	Astoria
		189 pounds	
6th	1.	Keyton Crupe (inj. deflt.)	Clatskanie
	2.	Nathan Jones	St. Helens
	3.	Justin Finnell (7-4)	Tillamook
	4.	Steve DeWolfe	Scappoose
	5.	Matt Weber (1:11)	Tillamook
	6.	Jon VanEpps	Seaside

		215 pounds	
	1.	Kyle Murray (8-4)	St. Helens
	2.	Bruce Bankhead	Clatskanie
	3.	Shaun Carter (8-7)	Rainier
	4.	Justin Bennett	Seaside
	5.	Glen Ghodes (10-5)	Clatskanie
	6.	Trevor Hasenkamp	Banks

		275 pounds	
	1.	Konrad Anderson (7-4)	Seaside
	2.	Aaron Hendricks	Clatskanie
	3.	Graydon Hallcock (2-1)	Tillamook
	4.	John Ely	Tillamook
	5.	Matt Vanosdol (.30)	Astoria
	6.	David Bishop	St. Helens

Team Results		Coaches
1. St. Helens	339.5	Scott Stockwell
2. Banks	238.5	Ron Alley
3. Tillamook	226	Scott Shannon
4. Rainier	222.5	
5. Seaside	202.5	
6. Scappoose	180	Bruce Lofland
7. Clatskanie	149	
8. Astoria	70	

Outstanding Wrestler
Dustin Razo-Craig
Clatskanie

Headlight-Herald, Tillamook, OR, March 3, 1998, page C1.
Chief, Clatskanie, OR, Feb. 26, 1998, page 6.
Chronicle & Sentinel-Mist, St. Helens, OR, Feb. 25, 1998,
pages 9-10.
Spotlight, Scappoose, OR, Feb. 25, 1998, pages 8, 17.

32 Class 3A High School District Championships

Cowapa League District One 3A Championships February 19-20, 1999 Seaside High School Seaside, Oregon

103 pounds

4th	1.	Jared Peterson (7-3)	St. Helens
5th	2.	Chad Winters	Seaside
	3.	Dan Herb	Banks
	4.	Casey James	Clatskanie
	5.	Matt Flores	St. Helens
	6.	Brian Byrd	Rainier

112 pounds

8th	1.	Seth Morrissey (4-1)	Seaside
	2.	Robert Scott	Rainier
	3.	Scott Duke	St. Helens
	4.	Mike Byrd	St. Helens
	5.	Bryan Wales	Banks
	6.	Shayne Sandage	Banks

119 pounds

7th	1.	Chris Byrd (4-1)	Rainier
	2.	Mark Beatley	St. Helens
	3.	Danry Hoover	Rainier
	4.	Joey Tardio	Banks
	5.	Cody Delashmit	Scappoose
	6.	Travis Brock	St. Helens

125 pounds

3rd	1.	Stephen Britnell (4:55)	Banks
5th	2.	Jason Peterson	St. Helens
	3.	Chris Chestnut	Seaside
	4.	Matt Hendricks	Clatskanie
	5.	Logan Bledsoe	Rainier
	6.	David Coughlin	St. Helens

130 pounds

3rd	1.	Andrew Britnell (3:35)	Banks
5th	2.	Coleman Nelson	Scappoose
	3.	Jeff Andersen	St. Helens
	4.	Jeremiah Cameron	Rainier
	5.	David McAllinden	Seaside
	6.	Jordan Stebbins	Rainier

135 pounds

4th	1.	Nate Wilson (4-3)	Banks
1st	2.	Toby Sunnell	Seaside
	3.	Sam Lofland	Scappoose
	4.	Joel Nawgard	Banks
	5.	David Hughes	Clatskanie
	6.	Brian Bode	Scappoose

140 pounds

	1.	Elizar Mejla (14-0)	Banks
	2.	Josh Austin	Seaside
	3.	Justin Fischer	St. Helens
	4.	Mike Cornelius	Clatskanie
	5.	David Beatley	St. Helens
	6.	George Bergstrom	Banks

145 pounds

8th	1.	Nathaniel Hordichok (15-2)	Banks
	2.	Daniel Thomas	Rainier
	3.	John Ball	Banks
	4.	Wyatt Arnall	Scappoose
	5.	Jeremy Thomas	Rainier
	6.	Kevin Katon	Clatskanie

152 pounds

1st	1.	Casey Turner (16-1)	Banks
3rd	2.	Bryan Ellis	Seaside
	3.	Curt Willener	Scappoose
	4.	Mark Adams	St. Helens
	5.	Abel Lau	Banks
	6.	Brian Webber	St. Helens

160 pounds

3rd	1.	Peter Rintoul (3:50)	Rainier
	2.	Adam Rice	Clatskanie
	3.	Jason Foey	Scappoose
	4.	Dean Janisko	Banks
	5.	Pat Reed	Astoria
	6.	Justin Frazier	St. Helens

171 pounds

5th	1.	Bobby Hubbe (5-2)	St. Helens
	2.	Tim Putman	Seaside
	3.	Adam Reese	Seaside
	4.	Justin Houghtelling	St. Helens
	5.	Aaron Staddard	Scappoose
	6.	Jesse Kuhn	Scappoose

189 pounds

	1.	Nathan Jones (13-7)	St. Helens
	2.	Derek Evans	Banks
	3.	Evan Osburn	Seaside
	4.	Willie Koskela	Astoria
	5.	Chris Best	Clatskanie
	6.	Jason Cadwell	Rainier

215 pounds

8th	1.	Bruce Bankhead (:55)	Clatskanie
	2.	Mike Mizell	Seaside

3.	Glen Rhodes	Clatskanie
4.	John Ness	Astoria
5.	Noah Gilbert	Astoria
6.	Brian Skolrud	Rainier

275 pounds

3rd	1.	Konrad Andersen (dec.)	Seaside
	2.	Aaron Hendricks	Clatskanie
	3.	Matt Van Osdal	Astoria
	4.	James Messenger	St. Helens
	5.	David Bates	Astoria
	6.	Casey Lurzman	Seaside

Team Results

1.	Banks	321.5
2.	St. Helens	315
3.	Seaside	264
4.	Rainier	208.5
5.	Clatskanie	177.5
6.	Scappoose	167
7.	Astoria	104

Oregonian, Portland, Feb. 22, 1999, page D6.
WWW, Daily Astorian, Astoria, Feb. 22, 1999, page 11.

Cowapa League District One 3A Championships February 18-19, 2000 Clatskanie High School Clatskanie, Oregon

103 pounds

1st	1.	Chad Winters (6-0)	Seaside
	2.	Chas Abarno	Banks
	3.	Rich Lammers	St. Helens
	4.	Devlin Duyck	Banks
	5.	Levi Gayman	Scappoose
	6.	Michael Jacobs	Rainier

112 pounds

5th	1.	Jared Peterson (6-3)	St. Helens
	2.	Brian Byrd	Rainier
	3.	Chris McCartney (1-0)	St. Helens
	4.	Bryan Wales	Banks
	5.	Brad Gump	Scappoose
	6.	Nick Roth	Rainier

119 pounds

	1.	Mike Byrd (6-4)	St. Helens
	2.	Shayne Sandage	Banks
	3.	Cody Delashmit (16-2)	Scappoose
	4.	Steve Early	St. Helens

125 pounds

6th	1.	Mark Beatley (16-6)	St. Helens
	2.	Matt Hendricks	Clatskanie
	3.	Josh Williams	Banks
	4.	Dustin Galbraith	Scappoose
	5.	Matt Flores (1-0)	St. Helens
	6.	Kevin Pinkstaff	Rainier

130 pounds

	1.	Danny Hoover (3-2)	Rainier
	2.	Joe Tardio	Banks
	3.	Tyler Stein	Scappoose
	4.	Mich Evans	Scappoose

135 pounds

2nd	1.	Andrew Britnell (pin)	Banks
	2.	David McAllinden	Seaside
	3.	David Coughlin (1-0)	St. Helens
	4.	Chris Fenter	St. Helens

140 pounds

1st	1.	Sam Lofland (4-3)	Scappoose
3rd	2.	Stephen Britnell	Banks
	3.	Josh Austin	Seaside

145 pounds

4th	1.	Nate Wilson (2-1)	Banks
2nd	2.	Nathan Hordichok	Banks
	3.	Daniel Thomas	Rainier
	5.	Jimmy Vinson (pin)	Scappoose
	6.	Cameron Flaget	St. Helens

152 pounds

	1.	Chris Chestnut	Seaside
	2.	Coleman Nelson	Scappoose
	3.	Paul Meeuwssen (3-2)	St. Helens
	4.	Jeremy Thomas	Rainier
	5.	Robert Gollaty (15-14)	St. Helens
	6.	Nathan Cornelius	Clatskanie

160 pounds

1st	1.	Peter Rintoul (7-2)	Rainier
6th	2.	Jason Foey	Scappoose
	3.	Dean Janisko (pin)	Banks
	4.	David Peterson	St. Helens

171 pounds

8th	1.	Adam Rice (pin)	Clatskanie
	2.	Wyatt Arnall	Scappoose
	3.	Jake Duyck (6-2)	Banks
	4.	T.J. Limpahan	St. Helens

5.	Paul Thomas (pin)	St. Helens
6.	Bret Millar	Seaside

189 pounds

2nd	1.	Josh Ness (13-5)	Astoria
	2.	Chris Best	Clatskanie
	3.	Jarrold Jackson	Seaside

215 pounds

7th	1.	Mike Mizell (9-4)	Seaside
	2.	Abe Ewing	Banks
	3.	Steve Ahlers	Astoria

275 pounds

7th	1.	Konrad Andersen (4-1)	Seaside
	2.	Aaron Hendricks	Clatskanie
	3.	Josh Linehan	Banks
	4.	Erick Headrich	Banks
	5.	David Bales	Astoria
	6.	James Messenger	St. Helens

unlisted weight

4.	Derek Evans	Forest Grove
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Team Results

1.	Banks	355
2.	St. Helens	274
3.	Rainier	224.5
4.	Scappoose	220
5.	Seaside	207
6.	Clatskanie	149
7.	Astoria	79

Coaches
Ron Alley
Paul Meeuwssen

Oregonian, Portland, Feb. 21, 2000, page C6.
Spotlight, Scappoose, Feb. 23, 2000, page 17.
News-Times, Forest Grove, Feb. 23, 2000, p. 2B

Cowapa League District One 3A Championships February 16-17, 2001 Scappoose High School Scappoose, Oregon

103 pounds

1.	Andy Hulings	Scappoose
2.	Carson Kennedy	Banks
3.	Jeremiah Scott	Rainier

112 pounds

1.	Chaz Abarno	Banks
2.	Rich McCullough	Astoria
3.	Kyle Stobbes	Scappoose

119 pounds

3rd	1.	Chad Winters	Seaside
	2.	Brian Byrd	Rainier
	3.	Michael Jacobs	Rainier

125 pounds

4th	1.	Dan Herb	Banks
	2.	Matt Hendricks	Clatskanie
	3.	Cody Delashmit	Scappoose

130 pounds

	1.	Justin Fong	Rainier
	2.	Rory Quenoy	Banks
	3.	Jake Marshall	Banks

135 pounds

7th	1.	David McAllinden	Seaside
	2.	Josh Williams	Banks
	3.	Blake Brown	Clatskanie

140 pounds

5th	1.	Josh Austin	Seaside
	2.	Tyler Stein	Scappoose
	3.	Joey Tardio	Banks

145 pounds

	1.	Jordan Stebbins	Rainier
	2.	Colt Kueber	Banks
	3.	Mike Smith	Seaside

152 pounds

	1.	Max Mullins	Rainier
	2.	Jesse Jacobson	Rainier
	3.	Frank Ewing	Banks

160 pounds

	1.	Jeremy Kelley	Rainier
	2.	Chris Maggi	Scappoose
	3.	Scott Lazott	Banks

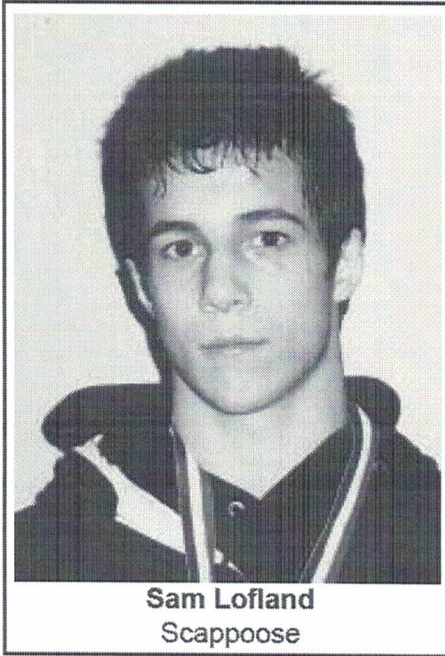
171 pounds

	1.	Dean Janisko	Banks
	2.	Wyatt Arnall	Scappoose
	3.	Mark Wely	Astoria

189 pounds

1st	1.	Abe Ewing	Banks
	2.	Jesse Kuhn	Scappoose
3rd	3.	Josh Ness	Astoria

**Cowapa League
District One 3A Championships
February 14-15, 2003
Rainier High School
Rainier, Oregon**



Sam Lofland
Scappoose



Pete Rintoul
Rainier

103 pounds

1st	1.	Josh Williams (4-2)	Banks
2nd	2.	Brian Jacobs	Tillamook
3rd	3.	Justin Rogers (13-7)	Seaside
4th	4.	Garcia	Scappoose

112 pounds

4th	1.	Kris Fox (7-4)	Tillamook
7th	2.	Ben Williams	Banks
	3.	Kindred (5-3)	Astoria
	4.	Turner	Tillamook

119 pounds

1st	1.	Chas Abarno (pin)	Banks
	2.	Hall	Tillamook
	3.	Haynes (10-3)	Banks
	4.	Brooks	Scappoose

125 pounds

7th	1.	Rich McCullough (2-0)	Astoria
	2.	Main	Tillamook
6th	3.	Andy Hullings (pin)	Scappoose
	4.	B. Pinkstaff	Rainier

130 pounds

5th	1.	Mike Jacobs (pin)	Rainier
	2.	B. Marsh	Scappoose
	3.	Pyle (pin)	Tillamook
	4.	Randall	Seaside

135 pounds

2nd	1.	Josiah Stigler (8-2)	Seaside
8th	2.	Justin Fong	Rainier
5th	3.	Travis Osborn (6-4 OT)	Astoria
	4.	R. Ryan	Tillamook

140 pounds

1st	1.	Joe Jacob (10-1)	Tillamook
6th	2.	Nick Byrd	Rainier
	3.	Leno (pin)	Rainier
	4.	Krupsky	Scappoose

145 pounds

1st	1.	Sam Marsh (4-2)	Scappoose
8th	2.	Tyler Tervooren	Rainier
	3.	Barnes (7-6)	Tillamook
	4.	Marshall	Tillamook

152 pounds

7th	1.	Clint Mead (inj. dft.)	Seaside
	2.	Coussens	Banks
	3.	J. Jacobson (7-2)	Rainier
	4.	S. Jacob	Tillamook

160 pounds

3rd	1.	Josh Williams (4-2)	Banks
	2.	Abell	Rainier
	3.	Russell (9-4)	Astoria
	4.	Peinhardt	Seaside

171 pounds

5th	1.	Stephen Hurliman (5-4)	Tillamook
2nd	2.	Frank Ewing	Banks
	3.	Kelley (pin)	Rainier
	4.	Brasner	Scappoose

189 pounds

7th	1.	Terry Ball (5-2)	Banks
8th	2.	Calvert Jones	Tillamook
	3.	Jackson (17-0 TF)	Banks
	4.	Hawlett	Rainier

215 pounds

	1.	Mitchell (pin)	Rainier
	2.	Crowley	Astoria
	3.	Kutter (8-3)	Banks
	4.	Gloria	Scappoose

275 pounds

8th	1.	Brad Kirland (8-5)	Rainier
	2.	McCord	Seaside
4th	3.	Brandon Anderchuk (pin)	Banks
	4.	Wood	Banks

Team Results

1.	Tillamook	333.5	Brian Lemos
2.	Rainier	333	
3.	Banks	315	
4.	Scappoose	229.5	
5.	Seaside	158.5	
6.	Astoria	130	

215 pounds

1.	Chris Best	Clatskanie
2.	Steve Ahlers	Astoria
3.	Terry Ball	Banks

275 pounds

1.	Josh Linehan	Banks
2.	Aaron Hendricks	Clatskanie
3.	Cody Marston	Rainier

Team Results

1.	Banks	424.5
2.	Rainier	378
3.	Scappoose	222.5
4.	Seaside	154
5.	Clatskanie	153
6.	Astoria	117.5

Outstanding Wrestler
Chad Winters
Seaside

www.oregonlive.com

**Cowapa League
District One 3A Championships
February 15-16, 2002
Banks High School
Banks, Oregon**

103 pounds

2nd	1.	Josh Williams (8-3)	Banks
7th	2.	Derek Becker	Banks
	3.	Josh Kindred (11-3)	Astoria
	4.	Steven Balzer	Seaside

112 pounds

5th	1.	Andy Hullings (9-1)	Scappoose
	2.	Jeremiah Scott	Rainier
	3.	Kenny Haynes (6-1)	Banks
	4.	Travis Brekke	Banks

119 pounds

1st	1.	Chad Winters (10-3)	Seaside
2nd	2.	Chas Abarno	Banks
8th	3.	Rich McCullough (11-2)	Astoria
	4.	Tyler Lewis	Scappoose
	5.	Justin DeWolfe	Scappoose

125 pounds

5th	1.	Mike Jacobs (9-5)	Rainier
	2.	Willie Brown	Clatskanie
	3.	Devin Duyck (12-0 MD)	Banks
	4.	Sam Bledsoe	Rainier
	5.	Kyle Stobbe	Scappoose

130 pounds

4th	1.	Danry Herb (5-3)	Banks
	2.	Brian Byrd	Rainier
	3.	Travis Osborn (15-1)	Astoria
	4.	Keane Randall	Seaside
	6.	Cody Galbraith	Scappoose

135 pounds

1.	Sam Marsh (10-7)	Scappoose
2.	Jake Marshall	Banks
3.	Nick Bryd (2-0)	Rainier
4.	Justin Fong	Rainier

140 pounds

2nd	1.	David McAlinden (11-3)	Seaside
	2.	Josh Williams	Banks
	3.	Josh Leno (6:13 OT)	Rainier
	4.	Jason Vanderzanden	Banks
	6.	Billy Jensen	Scappoose

145 pounds

1.	Jordan Stebbins (5:47)	Rainier
2.	Clint Mead	Seaside
3.	Tyler Tervooren (4-2)	Rainier
4.	Loa Lyeria	Banks

152 pounds

6th	1.	Tyler Stein (9-4)	Scappoose
	2.	Mitch Coussens	Banks
	3.	Ian Bledsoe (9-5)	Rainier
	4.	Jesse Abell	Rainier

160 pounds

1.	Shawn Merila (13-2)	Astoria
2.	Shaun James	Clatskanie
3.	Jesse Jacobson (11-4)	Rainier
4.	Scott Lazoff	Banks
5.	Brian Bode	Scappoose

171 pounds

8th	1.	Frank Ewing (3:20)	Banks
	2.	Karl Christiansen	Astoria
	3.	Greg Kelley (3:04)	Rainier
	4.	Adam Jobin	Scappoose
	5.	Nathan Bowers	Scappoose

189 pounds

3rd	1.	Abe Ewing (14-0)	Banks
	2.	Terry Ball	Banks
	3.	Ian Rice (1:21)	Clatskanie
	4.	Jacob Gloria	Scappoose

215 pounds

6th	1.	Chris Best (10-3)	Clatskanie
5th	2.	Mike Brin	Astoria
	3.	Adam Conard (5:13)	Scappoose
	4.	Harley Mitchell	Rainier

275 pounds

4th	1.	David Bales (3-2)	Astoria
	2.	Josh Linehan	Banks
	3.	Josh McCord (1:32)	Seaside
	4.	Brad Kirkland	Rainier

Team Results

1.	Banks	404.5
2.	Rainier	329.5
3.	Scappoose	234.5
4.	Astoria	205.5
5.	Seaside	149
6.	Clatskanie	140

Daily Astorian, Astoria, OR, Feb. 18, 2002, p. 7.
South County Spotlight, Scappoose, OR, Feb. 20, 2002, Sports.