

**Capital League
District Eight A-2
District Eight-AA
District Eight 3A
1959-**

| | |
|-----------------------|------------------|
| Canby | 1959-1963 |
| Cascade | 1959- |
| Central | 1959-1968 |
| | 1975-1982 |
| | 1995- |
| Chemawa | 1971-1976 |
| | 1983-1986 |
| Colton | 1965-1968 |
| Dallas | 1987-1994 |
| Estacada | 1959-1961 |
| Gervais | 1959-1981 |
| Gladstone | 1969-1982 |
| Molalla | 1991- |
| North Marion | 1959-1974 |
| | 1983- |
| Scio | 1959-1965 |
| Serra Catholic | 1959-1962 |
| Silverton | 1987-1994 |
| Sisters | 1995- |
| Stayton | 1959 |
| | 1962 |
| | 1972- |
| Sweet Home | 1983- |
| Woodburn | 1959- |

Honor Roll of the Capital League

Three Time State Champions

| | | | |
|-----------------|------------|-------------|---------|
| Jess Lewis | Cascade | 1963-1965 | 178-Hwt |
| Bill Garber | Woodburn | 1964-1967 | 98-123 |
| Mike Mathies | Woodburn | 1972, 74-75 | 98-130 |
| Jason Buce | Dallas | 1991-1992 | 98-106 |
| Cory Sonnen | Woodburn | 1989-1990 | 136-148 |
| Clint Sieminski | Sweet Home | 1997-1999 | 106-119 |
| Brett Phillips | Cascade | 1999-2001 | 112 |
| Mike Unger | Cascade | 1999-2001 | 125-140 |

Two Time State Champions

| | | | |
|----------------|------------|-----------|---------|
| Dan Owings | Canby | 1961-1962 | 141-148 |
| Keith Flack | Canby | 1962-1963 | 136-141 |
| Alfred Reyna | Woodburn | 1970, 72 | 98-115 |
| Eugene Graham | Cascade | 1970-1971 | 106 |
| Lorenzo Jones | Woodburn | 1970, 73 | 115-136 |
| Roy Reyna | Woodburn | 1972-1973 | 130-136 |
| Dan Zastoupil | Woodburn | 1972-1973 | 141-148 |
| Lyle Stratton | Gladstone | 1977-1978 | 115-123 |
| John Powelson | Gladstone | 1982-1983 | 168-178 |
| Mike Murphy | Sweet Home | 1986-1987 | 148 |
| Manuel Santana | Sweet Home | 1986, 88 | 106-115 |
| John Jones | Woodburn | 1988-1989 | 275 |
| Scott Buzzard | Cascade | 1989-1990 | 171-178 |
| David Castle | Cascade | 1997-1998 | 126-130 |
| Jason Lovell | Cascade | 1997-1998 | 172-189 |

Four Time District Champions

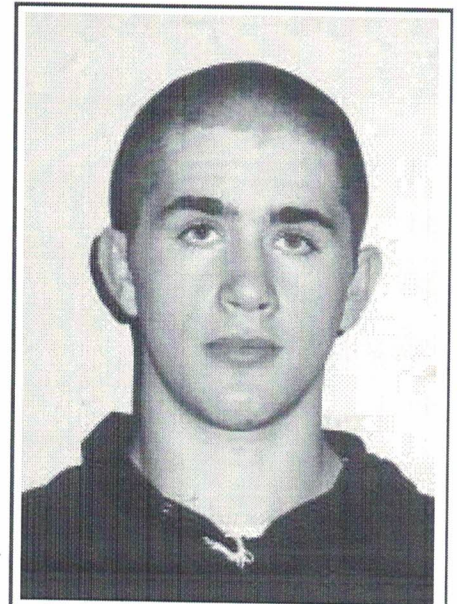
| | | | |
|------------------|------------|-----------|---------|
| Gary Owings | Canby | 1962-1965 | 106-141 |
| Bill Garber | Woodburn | 1964-1967 | 98-123 |
| Dan Gibson | Gladstone | 1969-1972 | 168-178 |
| Mike Mathies | Woodburn | 1972-1975 | 98-130 |
| Steve Thorpe | Sweet Home | 1983-1986 | 98-123 |
| Scott McCandless | Sweet Home | 1988-1991 | 98-123 |
| David Castle | Cascade | 1995-1998 | 106-130 |
| Clint Sieminski | Sweet Home | 1996-1999 | 100-119 |
| Kevin Lummus | Sweet Home | 1996-1999 | 112-135 |
| Mike Unger | Cascade | 1998-2001 | 119-140 |

Mike Ungers's first district title was in the Valley League wrestling for McKay HS.

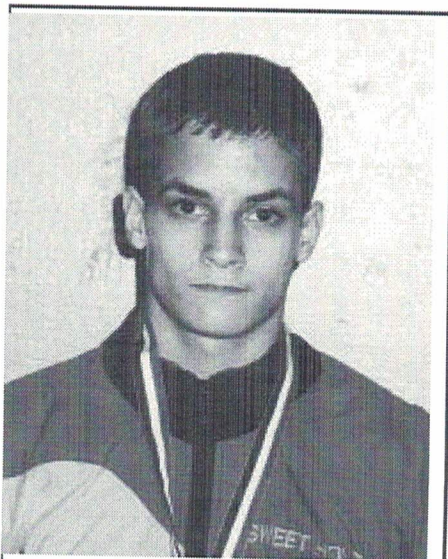


Outstanding Wrestlers

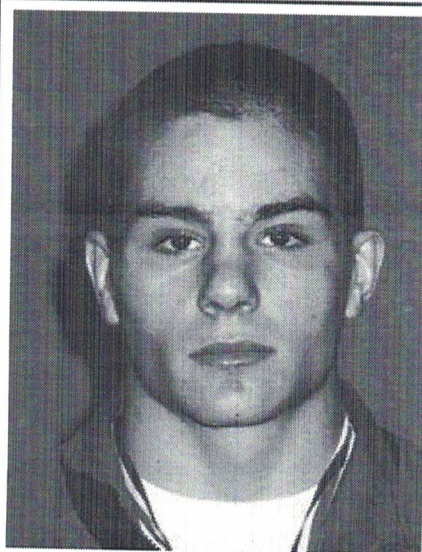
| | | | |
|------|-----------------|------------|-----|
| 1967 | Bill Garber | Woodburn | 123 |
| 1968 | Marvin Klein | Cascade | 130 |
| 1970 | Gaylord Strand | Woodburn | 123 |
| 1971 | Dave Lavier | Woodburn | 141 |
| 1973 | Jim Van Hoose | Cascade | 98 |
| | Lorenzo Jones | Woodburn | 136 |
| 1974 | Bill Rux | Gervais | 148 |
| | Tom Lovell | Cascade | 168 |
| 1975 | Mike Mathies | Woodburn | 130 |
| | Bill Bowers | Central | 136 |
| 1976 | Paul Hughes | Stayton | 157 |
| 1977 | Curt Powelson | Gladstone | 123 |
| 1978 | Mark Bassett | Gervais | 115 |
| | Lyle Stratton | Gladstone | 123 |
| | Don Hughes | Stayton | 157 |
| 1979 | Gary Lawrence | Central | 106 |
| | Kirstin Arnold | Gladstone | 157 |
| 1982 | Charlie Pearce | Cascade | 98 |
| 1984 | Junior Fields | Sweet Home | 115 |
| 1985 | Sid Sonnen | Woodburn | 157 |
| 1986 | Marcos Orta | Woodburn | 136 |
| 1987 | Marvin Fessler | Woodburn | 98 |
| 1988 | Steve Lewis | Cascade | 178 |
| 1990 | Ramiro Quesada | Woodburn | 141 |
| 1995 | David Castle | Cascade | 106 |
| 1998 | Clint Sieminski | Sweet Home | 119 |
| | David Castle | Cascade | 130 |
| 2000 | Brett Phillips | Cascade | 112 |
| 2002 | David Helfrich | Sweet Home | 171 |



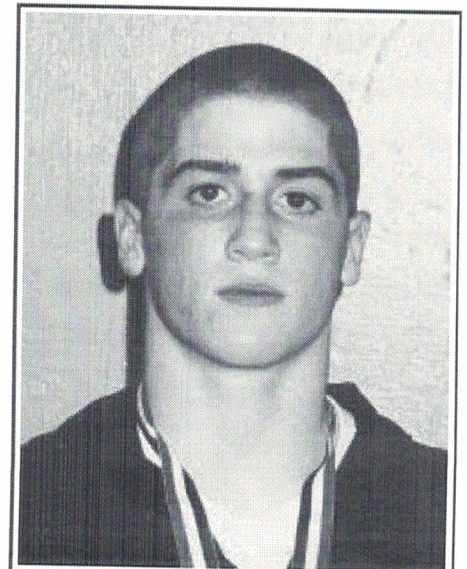
Jason Lovell
Cascade



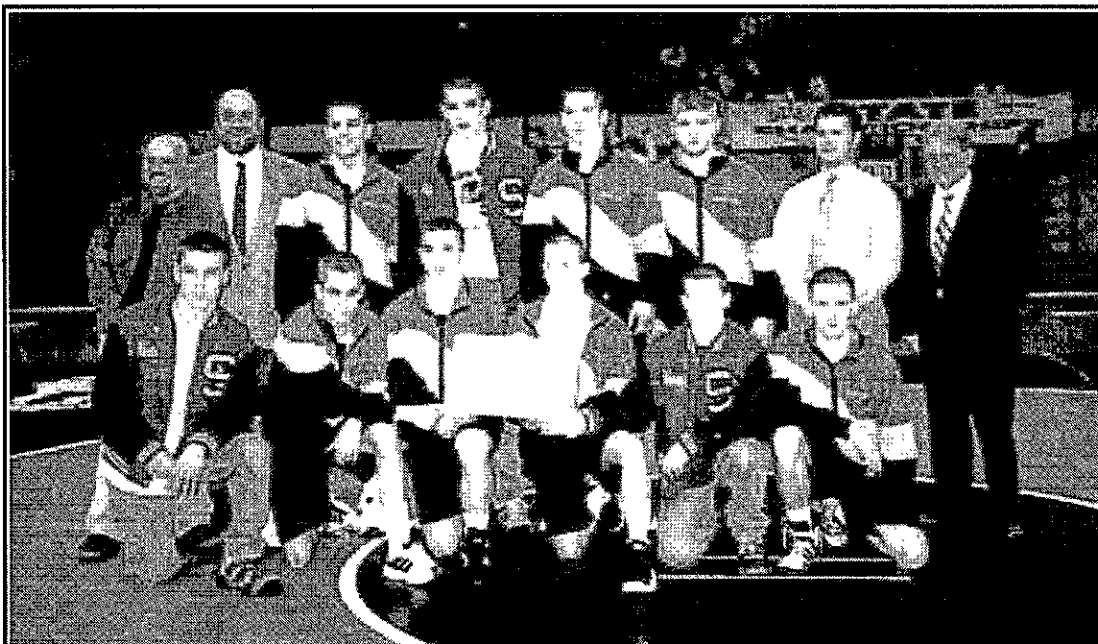
Clint Sieminski
Sweet Home



Kevin Lummus
Sweet Home



David Castle
Cascade



***Sweet Home High School
1998 Class 3A Champions***

Capital League

District Eight A-2 CHAMPIONSHIPS February 13-14, 1959 Canby High School Canby, Oregon

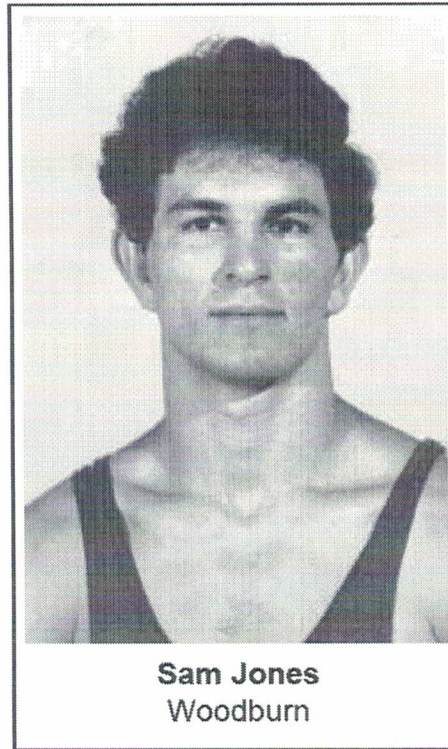
- 98 pounds
1. Peter Stogsdill (decision) Central
2. Ron Lamb Woodburn
- 2nd 1. Dick Beck (decision) Canby
4th 2. Fred Kirchoffer Estacada
- 106 pounds
3rd 1. Roger Prather (decision) Canby
4th 2. Dan Owings Canby
- 115 pounds
3rd 1. Bob Johnson (decision) Central
1st 2. Pete Berkey Canby
- 123 pounds
1st 1. Jack Bigej (decision) Canby
2nd 2. Doug Cutsforth Central
- 130 pounds
1st 1. Terry Kawamoto (decision) Estacada
2. Chuck Rhodes Central
- 136 pounds
4th FL Steve Schneider (decision) Canby
- 141 pounds
2. Rudy Sonnen (decision) North Marion
- 148 pounds
1. Barry Schneider (decision) Canby
1st 2. Doug Rambo Estacada
- 157 pounds
1. Terry Edwards (decision) Estacada
2. Mike Guthu Estacada
- 168 pounds
2nd 1. Carl Conley (pin) Canby
1st 2. Ken Lambert North Marion
- 178 pounds
1. Bill Wilson (pin) Canby
2. Dave Paine Estacada
- 191 pounds
1st 1. John Brachmann (pin) Canby
2. Larry Coffey Cascade

| Team Results | Coach |
|--------------------------|----------------|
| 1. Canby 208 | Jack Hollister |
| 2. Estacada 120 | |
| 3. Central 115 | |
| 4. North Marion 42 | |
| 5. Cascade 26 | |
| 6. Woodburn 15 | |
| 7. Stayton 2 | |
| 8. Gervais 0 | |
| Serra 0 | |

Oregonian, Portland, Feb. 15, 1959, Sports page 7.

District Eight A-2 Championships March 4-5, 1960 Canby High School Canby, Oregon

- 98 pounds
4th 1. Ron Hostetler Canby
- 106 pounds
1st FL Ron Stogsdill Central
2. Sam Jones Canby
4. Fred Netter North Marion
- 115 pounds
4th 1. Al Kasahara Canby
2. John Brents Central
4. Neal Prather Canby
- 123 pounds
1st FL Stan Kawamoto Estacada
2. Roger Prather Canby
4. Bill Rigdon Canby



Sam Jones
Woodburn

- 130 pounds
4th 1. Bob Johnson Central
3rd 2. Dan Owings Canby
- 136 pounds
2nd 1. Harry Larson Estacada
2. Delver Gianella North Marion
- 141 pounds
4th FL Al Ludwig Estacada
3. Bob Netter North Marion
4. Larry Yoder Canby
- 148 pounds
2nd 1. Norman Kenagy Canby
- 168 pounds
4th 1. Stan Walker Canby
- 178 pounds
2nd FL Terry Edwards Estacada
2. Ray Gingerich Canby
- 191 pounds
3. Allen Utter Canby
4. Ed Stenwedel Canby
- Heavyweight
1. Luddy Lorentino North Marion

| Team Results | Coaches |
|--------------------------|----------------|
| 1. Canby 128 | Jack Hollister |
| Central 128 | |
| 3. Estacada 110 | |
| 4. Cascade 49 | |
| 5. North Marion 43 | |
| 6. Woodburn 9 | |
| 7. Gervais 8 | |
| 8. Serra 0 | |

Twelve wrestlers didn't make weight for this tournament, including six from Serra Catholic of Salem.

Herald, Canby, March 10, 1960, page 1.

District Eight A-2 Championships February 24-25, 1961 Canby High School Canby, Oregon

- 98 pounds
3rd 1. Gary Bassham Estacada
2. Bud Hopkins Estacada
3. Larry Will Cascade
4. Bob Kallstrom Canby
- 106 pounds
2nd 1. Dave Crader Estacada
2. Steve Sahnaw Central
3. Egan Logan North Marion
4. Joe Drawn Gervais
- 115 pounds
3rd 1. Ron Stogsdill Central
2. Jack Gibson Estacada
3. Ron Hostetler Canby
4. Ted Hodgkiss Estacada
- 123 pounds
1. John Brents Central
2. Cliff Terry Woodburn
3. Barry Lawson Central
4. Sam Jones Canby
- 130 pounds
1. Richard Hays North Marion
2. Kelton Jensen Central
3. Terry Weltz Gervais
4. John Stamerson North Marion
- 136 pounds
1. Marvin Busby Central
2. Roy Atwood Estacada
3. Ted Foster Central
4. Paul DuPont Canby
- 141 pounds
1st 1. Danny Owings Canby
4th 2. Richard Hoffman Cascade
3. Bob Young Estacada
4. Bob Elliott Central
- 148 pounds
3rd 1. Wayne Bassham Estacada
2. Phil Stonebrook Central
3. Larry Yoder Canby
4. Bob Netter North Marion
- 157 pounds
1. Norm Kenagy Canby
2. Norbert Henshorn Woodburn
3. Jack Murphy Woodburn
4. Rick Sonnen North Marion
- 168 pounds
1st 1. Larry Adamson Estacada
2. Steve Schneider Canby
3. Curtis Kreger Cascade
4. Bob Erland North Marion
- 178 pounds
2nd 1. Ray Gingerich Canby
3rd 2. Earl Isabell Estacada
3. Murray Hoffman Cascade
4. Dick Potts Canby
- 191 pounds
1. Dave Paine Estacada
2. Dallas Coon Central
3. Joe Scism Gervais
4. Bob Armour Central
- Heavyweight
1. John Travis Central
2. Mike Hopkins Central
3. Cal Miller Cascade
4. Don Engelhart Gervais

| Team Results | Points |
|---------------------------|--------|
| 1. Central 134 | |
| 2. Estacada 128 | |
| 3. Canby 94 | |
| 4. Cascade 58 | |
| 5. Woodburn 43 | |
| 6. North Marion 41 | |
| 7. Gervais 25 | |
| 8. Serra Catholic 5 | |

Statesman, Salem, Feb. 27, 1961, Sec. II page 10.
Herald, Canby, March 2, 1961, page 10.

184 Class 3A High School District Championships

District Eight A-2 Championships March 1-3, 1962 Canby High School Canby, Oregon

| | | |
|-----|--------------------------------|--------------|
| | 98 pounds | |
| 4th | 1. John Watson (5-2) | Cascade |
| | 2. Lyle Gembala | Gervais |
| | 3. Bob Kallstrom | Canby |
| | 106 pounds | |
| | 1. Gary Owings (pin 3rd) | Canby |
| | 2. Larry Stinson | Cascade |
| | 4. George Russell | Canby |
| | 115 pounds | |
| | 1. Joe Dabason (2-1) | Gervais |
| | 2. Egan Logan | North Marion |
| | 3. Izumi Suda | Canby |
| 1st | 123 pounds | |
| | 1. Ron Hostetler (6-0) | Canby |
| | 2. Sam Jones | Canby |
| | 3. Rick Sonnen | North Marion |
| | 130 pounds | |
| | 1. Kelton Jensen (5-0) | Central |
| | 2. Truman Watson | Cascade |
| | 4. Roger Skoe | Canby |
| 1st | 136 pounds | |
| | 1. Keith Flack (8-0) | Canby |
| | 2. Barry Lawson | Central |
| | 141 pounds | |
| | 1. Ernie Peters (3-2) | Canby |
| | 2. Busby | Central |
| 1st | 148 pounds | |
| | 1. Dan Owings (10-0) | Canby |
| | 2. Barry Ezzell | North Marion |
| 4th | 157 pounds | |
| | 1. Norman Kenagy (5-4) | Canby |
| | 2. Robert Jacobs | North Marion |
| 4th | 168 pounds | |
| | 1. Ken Roth (12-2) | Canby |
| 3rd | 2. Jack Murphy | Woodburn |
| | 3. Bob Erland | North Marion |
| | 178 pounds | |
| | 1. John Schaber (4-2) | North Marion |
| | 2. Orland Delapp | Central |
| 1st | 191 pounds | |
| | 1. Ray Gingerich (17-3) | Canby |
| | 2. Dick Potts | Canby |
| | Heavyweight | |
| 4th | 1. Mike Hopkins (2-0) | Central |
| | 2. Cal Miller | Cascade |

| | |
|-------------------------|-----|
| Team Results | |
| 1. Canby | 178 |
| 2. Cascade | 103 |
| 3. Central | 101 |
| 4. North Marion | 70 |
| 5. Gervais | 55 |
| 6. Woodburn | 32 |
| 7. Scio | 25 |
| 8. Serra Catholic | 20 |
| 9. Stayton | 6 |

| |
|----------------|
| Coaches |
| Larry Wright |
| Bill Ewalkio |
| Lloyd Campbell |

Herald, Canby, March 8, 1962, page 1.

Capital League District Eight A-2 Championships February 22-23, 1963 Canby High School Canby, Oregon

| | | |
|-----|----------------------------------|--------------|
| | 98 pounds | |
| | 1. Ben Steinkamp (pin 2nd) | Gervais |
| | 2. Pat Cameron | Canby |
| | 3. Boyd Yoder | Canby |
| | 4. Moore | Gervais |
| | 106 pounds | |
| | 1. Luther Stinson (6-2) | Cascade |
| | 2. Glen Arneson | Canby |
| | 3. Mike Jennings | North Marion |
| | 4. McNulty | North Marion |
| | 115 pounds | |
| | 1. Jim Suda (6-3) | Canby |
| | 2. Lyle Gembala | Gervais |
| | 3. Grim | North Marion |
| | 4. Rice | Central |
| 3rd | 123 pounds | |
| 2nd | 1. Gary Owings (6-2) | Canby |
| | 2. Egan Logan | Woodburn |
| | 3. Dave Stewart | Canby |
| | 4. Garber | Woodburn |
| | 130 pounds | |
| | 1. Pat Sonnen (8-1) | North Marion |
| | 2. Norval Gilgore | Cascade |
| | 3. Murphy | Woodburn |
| | 4. Yoder | Woodburn |
| 1st | 136 pounds | |
| | 1. Norm Berney (3-2) | Canby |
| | 2. Bob Netter | North Marion |
| | 3. Roger Skoe | Canby |
| | 4. Bynum | Scio |
| 1st | 141 pounds | |
| | 1. Keith Flack (6-1) | Canby |
| | 2. Bud Fenner | Woodburn |
| | 3. Tarter | Central |
| | 4. Brents | Central |
| 3rd | 148 pounds | |
| | 1. Ernie Peters (6-4) | Canby |
| | 2. Neil Prather | Canby |
| | 3. Kurt | Woodburn |
| | 4. Busby | Central |
| | 157 pounds | |
| | 1. Paul Dupont (8-1) | Canby |
| | 2. Dave Shaw | Canby |
| | 3. Wilcox | Cascade |
| | 4. Francis | North Marion |
| 1st | 168 pounds | |
| 3rd | 1. Ken Roth (3-0) | Canby |
| | 2. Bob Erland | North Marion |
| | 3. Crawford | Cascade |
| | 4. John Gingerich | Canby |
| 1st | 178 pounds | |
| | 1. Jess Lewis (pin 2nd) | Cascade |
| | 2. Bob Smith | Scio |
| | 3. John Schaber | North Marion |
| | 4. Bjugan | North Marion |
| | 191 pounds | |
| | 1. Dick Potts (pin 1st) | Canby |
| | 2. Mike James | Cascade |
| | 3. Crow | Scio |
| | 4. White | North Marion |
| | Heavyweight | |
| 4th | 1. Keith Kregor (default) | Cascade |
| | 2. Wayne Barichello | Canby |
| | 3. David Hassing | North Marion |
| | 4. Gomez | Woodburn |

| | |
|-----------------------|-----|
| Team Results | |
| 1. Canby | 193 |
| 2. North Marion | 92 |
| 3. Cascade | 92 |
| 4. Woodburn | 57 |
| 5. Gervais | 38 |
| 6. Central | 30 |
| 7. Scio | 21 |

Enterprise-Courier, Oregon City, Feb. 25, 1963, page 5.
Herald, Canby, Feb. 28, 1963, page 1.

Capital League District Eight A-2 Championships February 27-28, 1964 Woodburn High School Woodburn, Oregon

| | | |
|-----|--------------------------------------|--------------|
| | 98 pounds | |
| 1st | 1. Bill Garber (pin) | Woodburn |
| | 2. Dennis Pierce | Woodburn |
| | 3. Kerry Zacker | North Marion |
| | 106 pounds | |
| | 1. Ulan Moore (decision) | Gervais |
| | 2. Steincamp | Gervais |
| | 3. Ray Baldwin | North Marion |
| | 115 pounds | |
| | 1. John Watson (pin) | Cascade |
| | 2. Huddleston | Cascade |
| | 3. McNalty | North Marion |
| 3rd | 123 pounds | |
| | 1. Tom Garber (decision) | Woodburn |
| | 2. Rick Grim | North Marion |
| | 3. Ray Gomez | North Marion |
| 3rd | 130 pounds | |
| | 1. Egan Logan (decision) | Woodburn |
| | 2. Klein | Cascade |
| | 3. Adams | Cascade |
| 2nd | 136 pounds | |
| | 1. Pat Sonnen (decision) | North Marion |
| | 2. Yoder | Woodburn |
| | 3. Randy Franke | Gervais |
| | 141 pounds | |
| | 1. Tatum (decision) | Scio |
| | 2. Gordon | Central |
| | 3. Ed Harris | Gervais |
| 4th | 148 pounds | |
| | 1. Vic Byrd (decision) | Gervais |
| 3rd | 2. Howard Page | Cascade |
| | 3. Marx | Central |
| 3rd | 157 pounds | |
| | 1. Herman Kurt (decision) | Woodburn |
| | 2. Tarter | Central |
| | 3. Richard Barstead | North Marion |
| | 168 pounds | |
| | 1. Jerry Michaelson (decision) | Cascade |
| | 2. Ken Hofman | Cascade |
| | 3. Steve Budreau | North Marion |
| 1st | 178 pounds | |
| | 1. Vern Smith (pin) | Scio |
| | 2. James | Cascade |
| | 3. Shimanek | Scio |
| 1st | 191 pounds | |
| | 1. Jess Lewis (pin) | Cascade |
| | 2. Page | Cascade |
| | 3. Jenkins | Central |
| | Heavyweight | |
| | 1. Waldorf (decision) | Cascade |
| | 2. Cox | Woodburn |
| | 3. Gomez | Woodburn |

| | |
|-----------------------|-----|
| Team Results | |
| 1. Cascade | 146 |
| 2. Woodburn | 106 |
| 3. North Marion | 80 |
| 4. Gervais | 66 |
| 5. Central | 55 |
| 6. Scio | 42 |

Statesman, Salem, March 1, 1964, Sec. II page 12.

District Eight A-2 Championships
February 26-27, 1965
Woodburn High School
Woodburn, Oregon

| | | | |
|-----|----|------------------------|--------------|
| | | 98 pounds | |
| | 1. | Steve Fox | Colton |
| | 2. | Richard Winters | North Marion |
| | 3. | Mickey Yoder | Woodburn |
| 1st | 1. | Bill Garber | Woodburn |
| | 2. | Dennis Pierce | Woodburn |
| | 3. | Kerry Zacker | North Marion |
| | | 115 pounds | |
| 2nd | 1. | Ulan Moore | Gervais |
| | 2. | Rick Huddleston | Cascade |
| | 3. | Ray Baldwin | North Marion |
| | | 123 pounds | |
| | 1. | Tom Garber | Woodburn |
| | 2. | Rick Grim | North Marion |
| | 3. | John Baker | North Marion |
| | | 130 pounds | |
| | 1. | Lyle Gembala | Gervais |
| | 2. | John Hull | Scio |
| | 3. | Ray Gomez | North Marion |
| | | 136 pounds | |
| 4th | 1. | Larry Roetzel | Woodburn |
| | 2. | Gordy Reed | Gervais |
| | 3. | Dennis Bager | Cascade |
| | | 141 pounds | |
| | 1. | Mark Murphy | Woodburn |
| | 2. | Doug Tatum | Scio |
| | 3. | Larry Linsford | Cascade |
| | | 148 pounds | |
| 3rd | 1. | Randy Franke | Gervais |
| | 2. | Vic Byrd | Gervais |
| | 3. | Ray Hopper | Cascade |
| | | 157 pounds | |
| | 1. | Ron Lawler | Central |
| | 2. | Ed Harris | Gervais |
| | 3. | George Cruff | North Marion |
| 1st | 1. | Jerry Michaelson | Cascade |
| | 2. | Hank Chrz | Gervais |
| | 3. | Richard Barstad | North Marion |
| | | 178 pounds | |
| 3rd | 1. | Ken Hofman | Cascade |
| | 2. | Steve Budreau | North Marion |
| | 3. | Dave Adams | Gervais |
| | | 191 pounds | |
| 3rd | 1. | Art Waldorf | Cascade |
| | 2. | Mike Klein | Cascade |
| | 3. | Bob Price | Woodburn |
| | | Heavyweight | |
| 1st | 1. | Jess Lewis | Cascade |
| | 2. | John Bilyeu | Gervais |
| | 3. | Terry Winters | North Marion |

Team Results

| | | |
|----|--------------------|-----|
| 1. | Cascade | 147 |
| 2. | Gervais | 111 |
| 3. | Woodburn | 99 |
| 4. | North Marion | 88 |
| 5. | Scio | 31 |
| 6. | Central | 30 |
| 7. | Colton | 27 |

Independent, Woodburn, March 4, 1965, page 1.

District Eight A-2 Championships
March 4-5, 1966
Woodburn High School
Woodburn, Oregon

| | | | |
|-----|----|----------------------------|--------------|
| | | 98 pounds | |
| | 1. | Larry Sitsler | Cascade |
| | 2. | Neal Carroll | Woodburn |
| | 3. | Chris Birch | Colton |
| | | 106 pounds | |
| | 1. | Kerry Zacher | North Marion |
| | 2. | Lonnie Shellenbarger | Central |
| 3rd | 1. | Bill Garber | Woodburn |
| | 2. | Marvin Klein | Cascade |
| | | 115 pounds | |
| 4th | 1. | Ulan Moore | Gervais |
| | 2. | Ray Baldwin | North Marion |
| | | 130 pounds | |
| 1st | 1. | Tom Garber | Woodburn |
| | 2. | Eldon Ditchen | Gervais |
| | | 136 pounds | |
| | 1. | Rick Grim | North Marion |
| | 2. | Dale Pierce | Woodburn |
| | | 141 pounds | |
| 2nd | 1. | Rich Butler | Woodburn |
| | 2. | Doug Tatum | Scio |
| | | 148 pounds | |
| 3rd | 1. | Gary Lunsford | Cascade |
| | 2. | David Fox | Colton |
| | | 157 pounds | |
| 4th | 1. | Phil Gordon | Central |
| | 2. | Dale Runlons | Cascade |
| | | 168 pounds | |
| | 1. | Dale Pennie | Central |
| | 2. | Steve Shields | Colton |
| | | 178 pounds | |
| 4th | 1. | Steve Budreau | North Marion |
| | 2. | Kerry Smith | Scio |
| | | 191 pounds | |
| 2nd | 1. | Mike Klein | Cascade |
| | 2. | Ron Murphy | Central |
| | | Heavyweight | |
| | 1. | John Bilyeu | Gervais |
| | 2. | Elen Gomez | Woodburn |

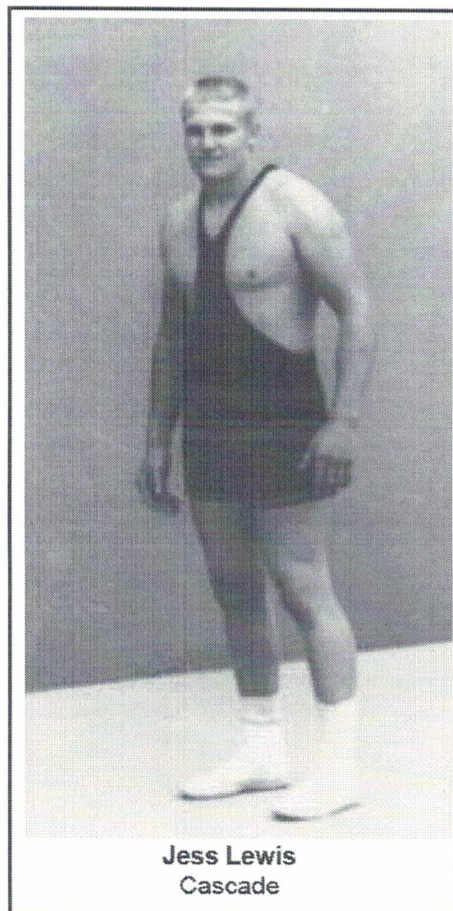
Team Results

| | | | |
|----|----------------|-----|----------------|
| 1. | Woodburn | 143 | Coaches |
| 2. | Cascade | 108 | Bob Ellis |

Pioneer, Molalla, March 10, 1966, page 1.
Independent, Woodburn, March 10, 1966, page 6.

Capital Conference
District Eight A-2 Championships
February 24-25, 1967
Central High School
Independence, Oregon

| | | | |
|-----|----|----------------------------------|--------------|
| | | 98 pounds | |
| 2nd | 1. | Mike Reed (decision) | Colton |
| 4th | 2. | Eric Senner | Woodburn |
| | | 106 pounds | |
| | 1. | Mike Baker (decision) | North Marion |
| | 2. | Pete Hatcher | North Marion |
| | | 115 pounds | |
| | 1. | Rick Gorczewski (decision) | Woodburn |
| | 2. | Mikey Yoder | Woodburn |
| | | 123 pounds | |
| 1st | 1. | Bill Garber (decision) | Woodburn |
| 3rd | 2. | Joe Mathies | Gervais |
| | | 130 pounds | |
| | 1. | Ray Baldwin (decision) | North Marion |
| | 2. | Mike LaCombe | Woodburn |
| | | 136 pounds | |
| 3rd | 1. | Dale Pierce (decision) | Woodburn |
| 5th | 2. | Clyde or Dennis Smith | Central |
| | | 141 pounds | |
| 4th | 1. | Jim Dodge (decision) | Woodburn |
| | 2. | Larry Clinton | Central |



Jess Lewis
Cascade

| | | | |
|-----|----|---------------------------------|--------------|
| | | 148 pounds | |
| | 1. | Gerald Tarter (decision) | Central |
| | 2. | Merle Marx | Central |
| | | 157 pounds | |
| | 1. | Ken Chase (pin) | Central |
| | 2. | Phil Gordon | Central |
| | | 168 pounds | |
| | 1. | Jeff Bouchie (pin) | Cascade |
| | 2. | Gene Weltz | Gervais |
| | | 178 pounds | |
| 5th | 1. | Ed Harrison (decision) | Gervais |
| | 2. | Don Lenhardt | North Marion |
| | | 191 pounds | |
| 2nd | 1. | Chuck Lunsford (decision) | Cascade |
| | 2. | Bob Erpelding | Gervais |
| | | Heavyweight | |
| | 1. | Larry Ramsay (pin) | Woodburn |
| | 2. | Lloyd Graves | Central |

Team Results

| | | | |
|----|--------------------|-----|----------------|
| 1. | Central | 141 | Coaches |
| 2. | Woodburn | 117 | Walt Sinclair |
| 3. | North Marion | 71 | Don Rogers |
| 4. | Cascade | 64 | |
| 5. | Colton | 61 | |
| 6. | Gervais | 52 | |

Outstanding Wrestler
Bill Garber
Woodburn

Statesman, Salem, Feb. 26, 1967, Sec. IV page 40.

District Eight A-2 Championships
February 16-17, 1968
Cascade High School
Turner, Oregon

| | |
|-------------|--------------------------------------|
| 98 pounds | |
| 1st | 1. Robert Kaufman North Marion |
| | 2. Doug Ashland Woodburn |
| 106 pounds | |
| 2nd | 1. Duane Ballweber Cascade |
| | 2. Mike Reed Colton |
| 115 pounds | |
| 5th | 1. Mike Baker North Marion |
| | 2. Pete Hatcher North Marion |
| 123 pounds | |
| | 1. Mickey Yoder Woodburn |
| | 2. Javier Reyna Woodburn |
| 130 pounds | |
| 4th | 1. Marvin Klein Cascade |
| 1st | 2. Joe Mathies Gervais |
| 136 pounds | |
| | 1. Clyde Smith Central |
| | 2. Rick Zacker North Marion |
| 141 pounds | |
| 5th | 1. John Winters Central |
| | 2. James Ingram Colton |
| 148 pounds | |
| 4th | 1. Sam Jones Woodburn |
| | 2. Jim Dodge Woodburn |
| 157 pounds | |
| 5th | 1. Rick Weight Cascade |
| 4th | 2. Ken Chace Central |
| 168 pounds | |
| | 1. Kurt Davis Central |
| | 2. Dale Pennie Central |
| 178 pounds | |
| 5th | 1. Don Lenhardt North Marion |
| | 2. Paul Hendrickson Colton |
| 191 pounds | |
| | 1. Rex Rice Colton |
| | 2. David Klein Cascade |
| Heavyweight | |
| 1st | 1. Lloyd Graves Central |
| | 2. Neil Kirkwood North Marion |

Team Results

| | |
|-----------------|-----|
| 1. Central | 107 |
| 2. Cascade | 91 |
| 3. Woodburn | 89 |
| 4. North Marion | 72 |
| 5. Colton | 56 |
| 6. Gervais | 31 |

Outstanding Wrestler
 Marvin Klein
 Cascade

Statesman, Salem, Feb. 18, 1968, Sec. III page 20.

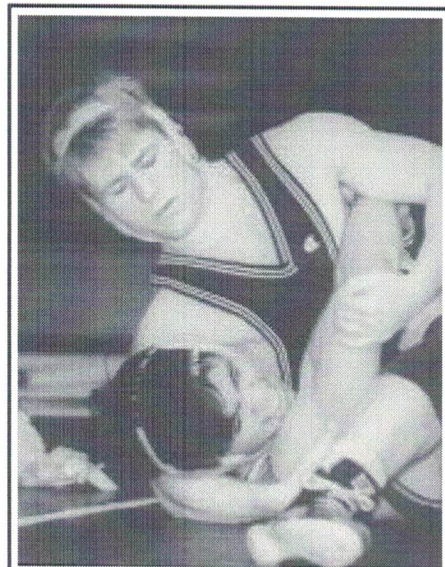
District Eight A-2 Championships
February 14-15, 1969
Woodburn High School
Woodburn, Oregon

| | |
|-------------|---|
| 98 pounds | |
| 3rd | 1. Pete Peterson (4:10) Cascade |
| | 2. Alfred Reyna Woodburn |
| 106 pounds | |
| 6th | 1. Eugene Graham (6-1) Cascade |
| | 2. Doug Ashland Woodburn |
| 115 pounds | |
| 5th | 1. Duane Ballweber (4-0) Cascade |
| | 2. Gaylord Strand Woodburn |
| 123 pounds | |
| 2nd | 1. Javier Reyna (12-1) Woodburn |
| | 2. David Bates Cascade |
| 130 pounds | |
| | 1. Chuck Barnes (1:30) Cascade |
| | 2. Doug Bates Cascade |
| 136 pounds | |
| | 1. Richard Jones (5:10) Woodburn |
| | 2. Charles Warren Cascade |
| 141 pounds | |
| | 1. Roger Edwards (4-1) North Marion |
| | 2. Steve Melthof Gervais |
| 148 pounds | |
| 1st | 1. Sam Jones (1:55) Woodburn |
| | 2. Gordon Hubbard Gladstone |
| 157 pounds | |
| | 1. Duane Smith (3-0) Woodburn |
| | 2. Ken Martin Gervais |
| 168 pounds | |
| 6th | 1. Dan Gibson (14-13) Gladstone |
| | 2. Russ Ivie Cascade |
| 178 pounds | |
| | 1. Bruce Davies (2:22) Gervais |
| | 2. David Klein Cascade |
| 191 pounds | |
| | 1. Kevin Hoffman (8-3) Cascade |
| | 2. Bob Redell North Marion |
| Heavyweight | |
| 4th | 1. Terry Nimz (1:46) Gladstone |
| | 2. David Shepard Cascade |

Team Results

| | |
|-----------------|-----|
| 1. Cascade | 174 |
| 2. Woodburn | 141 |
| 3. Gladstone | 68 |
| 4. Gervais | 65 |
| 5. North Marion | 52 |

Oregonian, Portland, Feb. 16, 1969, Sports page 6.



Cory Sonnen
 Woodburn

| | |
|-------------|-------------------------------------|
| 136 pounds | |
| 3rd | 1. Richard Jones Woodburn |
| | 2. Acevedo Gervais |
| 141 pounds | |
| | 1. Paul Flora Woodburn |
| | 2. Warren Cascade |
| 148 pounds | |
| | 1. Smith Woodburn |
| | 2. Bob Laramore North Marion |
| | 4. Tim Tate Gladstone |
| 157 pounds | |
| 5th | 1. Hugh Eller Woodburn |
| | 2. Kohlmeier North Marion |
| 168 pounds | |
| | 1. Packer North Marion |
| | 2. Rusty Gregory North Marion |
| 178 pounds | |
| 6th | 1. Dan Gibson Gladstone |
| 5th | 2. Kim Hofmann Cascade |
| 191 pounds | |
| | 1. Kevin Hofman Cascade |
| | 2. Wood North Marion |
| Heavyweight | |
| 2nd | 1. Rick Bilyeau Woodburn |
| | 2. David Shepard Cascade |

Team Results

| | | |
|-----------------|-----|----------------------------|
| 1. Woodburn | 164 | Coach Dick Baker |
| 2. Cascade | 150 | |
| 3. North Marion | 69 | |
| 4. Gladstone | 37 | |
| 5. Gervais | 32 | |

Outstanding Wrestler
 Gaylord Strand
 Woodburn

Capital League Dual Champions
 1. Woodburn

Independent, Woodburn, Feb. 26, 1970, page 2.
Enterprise-Courier, Oregon City, Feb. 23, 1970, page 5.
Capital Journal, Salem, Feb. 23, 1970, Section 4 page 25.

Capital League
District Eight-AA Championships
February 20-21, 1970
Gervais High School
Gervais, Oregon

| | |
|------------|-----------------------------------|
| 98 pounds | |
| 1st | 1. Alfred Reyna Woodburn |
| | 2. Steve Klein Cascade |
| 106 pounds | |
| 1st | 1. Eugene Graham Cascade |
| | 2. Roy Reyna Woodburn |
| 115 pounds | |
| 3rd | 1. Lorenzo Jones Woodburn |
| | 2. Collier Cascade |
| 123 pounds | |
| 4th | 1. Gaylord Strand Woodburn |
| | 2. Dwayne Ballweber Cascade |
| | 3. Steve Bell Gladstone |
| 130 pounds | |
| 4th | 1. Dale Bates Cascade |
| | 2. Butzler Woodburn |

**Capital League
District Eight-AA Championships
March 5-6, 1971
North Marion High School
Aurora, Oregon**

98 pounds

| | | | |
|-----|----|-----------------------|--------------|
| 5th | 1. | Ed Mathies (decision) | Woodburn |
| | 2. | Bill Sell | Cascade |
| | 3. | Tim Flora | Woodburn |
| | 4. | Tom Fisher | North Marion |

106 pounds

| | | | |
|-----|----|------------------------|-----------|
| 1st | 1. | Gene Graham (decision) | Cascade |
| | 2. | Steve Klein | Cascade |
| | 3. | Craig Koch | Gladstone |
| | 4. | Ken Winn | Woodburn |

115 pounds

| | | | |
|-----|----|--------------------------|-----------|
| 6th | 1. | Pete Peterson (decision) | Cascade |
| | 2. | Alfred Reyna | Woodburn |
| | 3. | Ed Thompson | Gladstone |
| | 4. | Kent Winn | Woodburn |

123 pounds

| | | | |
|-----|----|--------------------------|-----------|
| 2nd | 1. | Lorenzo Jones (decision) | Woodburn |
| 3rd | 2. | Roy Reyna | Woodburn |
| | 3. | George Acevedo | Woodburn |
| | 4. | Mike Hess | Gladstone |

130 pounds

| | | | |
|-----|----|----------------------|-----------|
| 5th | 1. | Don Brown (decision) | Gladstone |
| | 2. | Dan Zastoupil | Woodburn |
| | 3. | Duane Olson | Cascade |
| | 4. | Randy Clark | Gladstone |

136 pounds

| | | | |
|-----|----|---------------------------|--------------|
| 2nd | 1. | Mike Purkerson (decision) | North Marion |
| | 2. | Darrel Camp | North Marion |
| | 3. | Bob McCauley | Cascade |
| | 4. | Allan Ringo | Woodburn |

141 pounds

| | | | |
|-----|----|------------------------|--------------|
| 5th | 1. | Dave Lavier (decision) | Woodburn |
| | 2. | Dennis Burlison | Cascade |
| | 3. | Bob Cornwell | Woodburn |
| | 4. | Tom Wood | North Marion |

148 pounds

| | | | |
|-----|----|------------------|--------------|
| 2nd | 1. | Paul Flora (pin) | Woodburn |
| | 2. | Bob Laramore | North Marion |
| | 3. | Tom Lovell | Cascade |
| | 4. | Ray Balweber | Cascade |

157 pounds

| | | | |
|-----|----|-----------------------|--------------|
| 6th | 1. | Kim Martin (decision) | Gervais |
| | 2. | Steve Hougham | Gladstone |
| | 3. | Rich Howell | Cascade |
| | 4. | Steve Jensen | North Marion |

168 pounds

| | | | |
|--|----|-----------------|--------------|
| | 1. | Ross Ivie (pin) | Cascade |
| | 2. | Rusty Gregory | North Marion |
| | 3. | Gary Packer | North Marion |
| | 4. | Frank Cantu | Gervais |

178 pounds

| | | | |
|-----|----|-----------------------|-----------|
| 2nd | 1. | Dan Gibson (decision) | Gladstone |
| | 2. | Kim Hofman | Cascade |
| | 3. | Fred Beninger | Woodburn |
| | 4. | Alvin Charley | Chemawa |

191 pounds

| | | | |
|-----|----|-------------------------|--------------|
| 3rd | 1. | Kevin Hofman (decision) | Cascade |
| | 2. | Keith Martell | Gervais |
| | 3. | Randy Lunsford | Cascade |
| | 4. | Ken Peterson | North Marion |

Heavyweight

| | | | |
|--|----|--------------------|----------|
| | 1. | Rick Bilyeau (pin) | Woodburn |
| | 2. | Dennis Donner | Woodburn |
| | 3. | Mickey Cade | Cascade |
| | 4. | Bob Weight | Cascade |

| | | |
|-----------------------|----------------|----------------|
| Team Results | Coaches | |
| 1. Cascade | 132 | Lamont Simons |
| 2. Woodburn | 128 | Steve Stratton |
| 3. North Marion | 62 | |
| 4. Gladstone | 52 | |
| 5. Gervais | 34 | |
| 6. Chemawa | 2 | |

Outstanding Wrestler
Dave Lavier
Woodburn

Woodburn was named the combination district-dual meet champion.

Capital Journal, March 8, 1971, page 22 Sec. 3.
Oregonian, Portland, March 7, 1971, Sports page 7.

**Capital League
District Eight-AA Championships
February 18-19, 1972
Gladstone High School
Gladstone, Oregon**

98 pounds

| | | | |
|-----|----|--------------------|--------------|
| 1st | 1. | Mike Mathies (7-0) | Woodburn |
| 5th | 2. | Bill Sell | Cascade |
| | 4. | Tom Cordosa | North Marion |

106 pounds

| | | | |
|-----|----|------------------|--------------|
| 4th | 1. | Kent Winn (11-2) | Woodburn |
| 2nd | 2. | Tom Fisher | North Marion |
| | 3. | Mike Spitzer | Gladstone |
| | 4. | Dave Gisler | Cascade |

115 pounds

| | | | |
|-----|----|------------------------|--------------|
| 1st | 1. | Alfred Reyna (default) | Woodburn |
| 2nd | 2. | Pete Peterson | Cascade |
| | 4. | Marcellino Cordosa | North Marion |

123 pounds

| | | | |
|-----|----|-------------------|-----------|
| 2nd | 1. | Duane Olson (2-0) | Cascade |
| 4th | 2. | Jim Hamberger | Woodburn |
| | 3. | Gilbert Rios | Woodburn |
| | 4. | Pat Brown | Gladstone |

130 pounds

| | | | |
|-----|----|----------------------|--------------|
| 3rd | 1. | Lorenzo Jones (12-3) | Woodburn |
| 2nd | 2. | Dennis Paradis | Woodburn |
| | 3. | Jeff Koenig | North Marion |
| | 4. | Dennis Ganoe | North Marion |

136 pounds

| | | | |
|-----|----|-----------------|--------------|
| 1st | 1. | Roy Reyna (7-2) | Woodburn |
| | 2. | Jim Hull | North Marion |
| | 4. | Kirk McFarland | North Marion |

141 pounds

| | | | |
|-----|----|---------------------|-----------|
| 1st | 1. | Dan Zastoupil (pin) | Woodburn |
| | 2. | Bob McCauley | Cascade |
| | 3. | Loren Newkirk | Cascade |
| | 4. | Randy Clark | Gladstone |

148 pounds

| | | | |
|-----|----|--------------------|-----------|
| 2nd | 1. | Paul Flora (5-4) | Woodburn |
| 6th | 2. | Tom Leweller | Cascade |
| | 3. | Jim Mannenbach | Woodburn |
| | 4. | Toney Frederickson | Gladstone |

157 pounds

| | | | |
|--|----|---------------------|--------------|
| | 1. | Bob Laramore (14-0) | North Marion |
| | 2. | Dan Richards | Cascade |
| | 3. | Rick Howell | Cascade |
| | 4. | Gary Lundgren | Gladstone |

168 pounds

| | | | |
|-----|----|-------------------|--------------|
| 2nd | 1. | Kim Hoffman (pin) | Cascade |
| | 2. | Tracy Tietz | Gladstone |
| | 3. | Ken Peterson | North Marion |

178 pounds

| | | | |
|-----|----|------------------|-----------|
| 1st | 1. | Dan Gibson (pin) | Gladstone |
| | 2. | Scott Belgarde | Gladstone |

191 pounds

| | | | |
|-----|----|---------------------|-----------|
| 4th | 1. | Keith Martell (5-0) | Gervais |
| 3rd | 2. | Kevin Hofman | Cascade |
| | 3. | Steve Premo | Gladstone |

Heavyweight

| | | | |
|--|----|--------------------------|-----------|
| | 1. | Fred Beninger (decision) | Woodburn |
| | 2. | Rich Hollman | Gladstone |

| | | |
|-----------------------|----------------|----------------|
| Team Results | Coaches | |
| 1. Woodburn | 149 | Steve Stratton |
| 2. Cascade | 120 | Claude Usrey |
| 3. Gladstone | 69 | |
| 4. North Marion | 60 | |
| 5. Gervais | 13 | |
| 6. Chemawa | 12 | |
| 7. Stayton | 6 | |

Capital Journal, Salem, Feb. 21, 1972, Sect. 4 page 31.
Enterprise-Courier, Oregon City, Feb. 21, 1972, page 4.
Herald, Canby, Feb. 24, 1972, page 8.

**Capital League
District Eight-AA Championships
February -24, 1973
Cascade High School
Turner, Oregon**

98 pounds

| | | | |
|-----|----|-------------------------|--------------|
| 4th | 1. | Jim Van Hoose (pin 3rd) | Cascade |
| | 2. | Tim Fabrycki | North Marion |
| | 3. | Walt Wurdinger | Woodburn |
| | 4. | George Sifentz | Woodburn |

106 pounds

| | | | |
|-----|----|------------------|-----------|
| 2nd | 1. | Kent Winn (13-2) | Woodburn |
| | 2. | Henry Alexie | Chemawa |
| | 3. | Ken Winn | Woodburn |
| | 4. | Jeff Nardin | Gladstone |

115 pounds

| | | | |
|-----|----|--------------------|--------------|
| 3rd | 1. | Mike Mathies (7-2) | Woodburn |
| 4th | 2. | Marcellino Cordosa | North Marion |
| | 3. | Don Zellner | Gladstone |
| | 4. | Mike Spitzer | Gladstone |

123 pounds

| | | | |
|-----|----|-------------------|-----------|
| 4th | 1. | Duane Olson (1-0) | Cascade |
| | 2. | Craig Koch | Gladstone |
| | 3. | Tim Flora | Woodburn |
| | 4. | Clyde Aspinwall | Gervais |

130 pounds

| | | | |
|-----|----|-----------------|--------------|
| 1st | 1. | Roy Reyna (5-2) | Woodburn |
| | 2. | Jim Hamberger | Woodburn |
| | 3. | Keith Koch | Gladstone |
| | 4. | Amador Ortega | North Marion |

136 pounds

| | | | |
|-----|----|----------------------|--------------|
| 1st | 1. | Lorenzo Jones (1-12) | Woodburn |
| | 2. | Brian Johnson | Gladstone |
| | 3. | Bill Rux | Gervais |
| | 4. | Gerald Camp | North Marion |

141 pounds

| | | | |
|-----|----|----------------------|--------------|
| 3rd | 1. | Dennis Paradis (3-0) | Woodburn |
| | 2. | Jeff Hull | North Marion |
| | 3. | David Fagan | Gladstone |
| | 4. | Mark Pallas | Gervais |

148 pounds

| | | | |
|-----|----|---------------------|--------------|
| 1st | 1. | Dan Zastoupil (4-0) | Woodburn |
| 4th | 2. | Jeff Koenig | North Marion |
| | 3. | Loren Newkirk | Cascade |
| | 4. | Kevin Ringo | Woodburn |

157 pounds

| | | | |
|-----|----|----------------------|-----------|
| 3rd | 1. | Jim Mannenbach (5-2) | Woodburn |
| | 2. | Tracy Tietz | Gladstone |
| | 3. | Dan Richards | Cascade |
| | 4. | Richard Sherman | Cascade |

168 pounds

| | | | |
|-----|----|-------------------|----------|
| 4th | 1. | Andy Vargas (7-1) | Woodburn |
| | 2. | Warren Hughes | Stayton |
| | 3. | Gary Abrahamson | Chemawa |
| | 4. | Robert Mooney | Woodburn |

178 pounds

| | | | |
|-----|----|--------------------|--------------|
| 6th | 1. | Ken Peterson (6-2) | North Marion |
| 5th | 2. | Scott Belgarde | Gladstone |
| | 3. | Jim Abrahamson | Chemawa |
| | 4. | Ron Koogler | North Marion |

191 pounds

| | | | |
|-----|----|--------------------|-----------|
| 2nd | 1. | Steve Premo (3-03) | Gladstone |
| | 2. | Vance Voyles | Woodburn |
| | 3. | Rich Crandall | Stayton |
| | 4. | Rob Frey | Stayton |

Heavyweight

| | | | |
|--|----|-----------------------|-----------|
| | 1. | Richard Hollman (4-3) | Gladstone |
| | 2. | Duane Hunt | Stayton |
| | 3. | Larry Edwards | Chemawa |
| | 4. | R. Lacy | Cascade |

| | | |
|-----------------------|----------------|----------------|
| Team Results | Coaches | |
| 1. Woodburn | 167 | Kim Snider |
| 2. Gladstone | 102 | Steve Stratton |
| 3. North Marion | 67 | |
| 4. Cascade | 60 | |
| 5. Chemawa | 31 | |
| 6. Stayton | 29 | |
| 7. Gervais | 21 | |

Outstanding Wrestlers
Jim Van Hoose
Cascade
&
Lorenzo Jones
Woodburn

Capital Journal, Salem, Feb. 26, 1973, Sec. 4 page 35.
Enterprise-Courier, Oregon City, Feb. 26, 1973, page 5.

188 Class 3A High School District Championships

Capital League District Eight-AA Championships February 22-23, 1974 Stayton High School Stayton, Oregon

| | |
|--|--------------|
| 98 pounds | |
| 6th 1. Dave Peterson (18-5) | Cascade |
| 2. Gary Gisler | Cascade |
| 106 pounds | |
| 1. Walt Wurdinger (9-2) | Woodburn |
| 2. George Sifuentez | Woodburn |
| 3. Calvin Hanni | Gladstone |
| 4. Jeff Justice | Stayton |
| 115 pounds | |
| 1. Dan Cornwall (6-5) | Woodburn |
| 2. Dave Smith | Cascade |
| 3. Tim Pabrycki | North Marion |
| 1st 1. Mike Mathies (2-0) | Woodburn |
| 2. Don Zellner | Gladstone |
| 130 pounds | |
| 3rd 1. Clyde Aspirwall (decision) | Gervais |
| 2. Mel Byers | Stayton |
| 136 pounds | |
| 5th 1. Pete Cantu (decision) | Gervais |
| 2. Dave Gisler | Cascade |
| 141 pounds | |
| 5th 1. Bob Bryant (decision) | Gladstone |
| 2. Burlison | Cascade |
| 148 pounds | |
| 4th 1. Bill Rux (3-2) | Gervais |
| 3rd 2. Jeff Koenig | North Marion |
| 157 pounds | |
| 1. Andy Vargas (5-1) | Woodburn |
| 2. Tony Frederickson | Gladstone |
| 3. Mike Budreau | North Marion |
| 4. Chris Leach | Gervais |
| 2nd 1. Tom Lovell (pin 2nd) | Cascade |
| 2. Allan Stravens | Gervais |
| 178 pounds | |
| 2nd 1. Casey Lakey (decision) | Gladstone |
| 2. Gary Abrahamson | Chemawa |
| 3. Ron Kooglar | North Marion |
| 4. Scott Belgarde | Gladstone |
| 191 pounds | |
| 4th 1. Richard Holliman (decision) | Gladstone |
| 2. Vance Voles or Voyles | Woodburn |
| Heavyweight | |
| 5th 1. Mark Stevens (pin) | Gervais |
| 2. Larry Edwards | Chemawa |
| 3. Terry Burrows | Gladstone |
| 4. Holmes Lemon | Cascade |

| | |
|-----------------------|----------------|
| Team Results | Coaches |
| 1. Woodburn | 106 |
| 2. Cascade | 94 |
| 3. Gladstone | 76 |
| 4. North Marion | 70 |
| 5. Gervais | 69 |
| 6. Chemawa | 29 |
| 7. Stayton | 20 |
| | Bill Rayon |
| | Steve Stratton |

Outstanding Wrestlers
Tom Lovell
Cascade
&
Bill Rux
Gervais

Woodburn's sixth straight Capital title.

| | |
|--|------------|
| Capital League Dual Championships | W L |
| 1. Woodburn | 5 1 |
| Gladstone | 5 1 |

| | |
|---------------------------------------|----|
| Combined Dual/District Results | |
| 1. Woodburn | 24 |
| 2. Gladstone | 20 |
| Cascade | 20 |
| 4. North Marion | 14 |
| 5. Gervais | 10 |
| 6. Chemawa | 6 |
| 7. Stayton | 4 |

Capital Journal, Salem, Feb. 25, 1974, page 32 Sec. 4.
Enterprise-Courier, Oregon City, Feb. 25, 1974, page 5.
Independent, Woodburn, Feb. 27, 1974, page 9.
Herald, Canby, Feb. 27, 1974, Section 2 page 1.

Capital League District Eight-AA Championships February 28-March 1, 1975 Gervais High School Gervais, Oregon

| | |
|-------------------------------------|-----------|
| 98 pounds | |
| 2nd 1. Gary Gisler (4-0) | Cascade |
| 2. Steve Roll | Gladstone |
| 106 pounds | |
| 1. Curt Powelson (11-8) | Gladstone |
| 2. Dave Wright | Gladstone |
| 115 pounds | |
| 1st 1. Tony Yriarte (10-4) | Central |
| 2. Dave Peterson | Cascade |
| 3. Walt Wurdinger | Woodburn |
| 4. Brian Watanabe | Gladstone |
| 123 pounds | |
| 4th 1. Calvin Hanni (4-2) | Gladstone |
| 6th 2. Jim Weston | Central |
| 130 pounds | |
| 1st 1. Mike Mathies (2:59) | Woodburn |
| 2. Arnold Garcia | Central |
| 3. Murray Hess | Gladstone |
| 4. Casey Walling | Cascade |
| 136 pounds | |
| 2nd 1. Bill Bowers (15-2) | Central |
| 2. Pedro Cantu | Gervais |
| 3. Doug Belgarde | Gladstone |
| 4. Dave Smith | Cascade |
| 141 pounds | |
| 6th 1. Bob Bryant (10-5) | Gladstone |
| 2. Jon Lonergan | Woodburn |
| 148 pounds | |
| 5th 1. Brian Johnson | Gladstone |
| 2. Chris Leach | Gervais |
| 157 pounds | |
| 1. Tony Frederickson (9-5) | Gladstone |
| 2. Lee Adolph | Chemawa |
| 168 pounds | |
| 4th 1. Kevin Ringo (pin 1:36) | Woodburn |
| 2. Mike Funk | Gladstone |
| 3. Rick Cannon | Gladstone |
| 4. Doug Wilson | Gervais |
| 178 pounds | |
| 4th 1. Adrian Jake (9-3) | Central |
| 2. Bruce Shelton | Cascade |
| 3. Forrest Young | Gladstone |
| 4. Chuck Norman | Stayton |
| 191 pounds | |
| 2nd 1. Mark Stevens (5-4) | Gervais |
| 5th 2. Scott Belgarde | Gladstone |
| Heavyweight | |
| 1. Terry Burrows (12-7) | Gladstone |
| 2. Holmes Lemon | Cascade |

| | |
|---------------------|----------------|
| Team Results | Coaches |
| 1. Gladstone | 152 |
| 2. Central | 111.5 |
| 3. Woodburn | 69 |
| 4. Cascade | 64 |
| 5. Gervais | 48.5 |
| 6. Stayton | 22.5 |
| 7. Chemawa | 14 |
| | Steve Stratton |
| | Larry Soto |

Outstanding Wrestlers
Mike Mathies
Woodburn
&
Bill Bowers
Central

| | |
|---|-------------------|
| Combined Dual/District Championships | W L Points |
| 1. Gladstone | 6 0 26 |
| 2. Woodburn | 20 20 |
| Central | 20 |

Oregonian, Portland, March 2, 1975, Sports page C2.
Enterprise-Courier, Oregon City, March 3, 1975, page 4.
Independent, Woodburn, March 5, 1975, page 9.

Capital League District Eight-AA Championships February 27-28, 1976 Stayton High School Stayton, Oregon

| | |
|-----------------------------|-----------|
| 98 pounds | |
| 3rd 1. Steve Roll | Gladstone |
| 2. Billy Wassille | Chemawa |
| 106 pounds | |
| 4th 1. Lyle Stratton | Gladstone |
| 2. Randy Roppe | Central |
| 115 pounds | |
| 1. Gary Gisler | Cascade |
| 2. Valentine Guerra | Woodburn |
| 3. Curt Powelson | Gladstone |
| 4. John Saldivar | Gladstone |
| 123 pounds | |
| 1. Dan Cornwall | Woodburn |
| 2. Dave Wright | Gladstone |
| 4. Tracy Clark | Gladstone |
| 130 pounds | |
| 2nd 1. Walt Wurdinger | Woodburn |
| 2. Jeff Wurdinger | Woodburn |
| 3. Dave Holliman | Gladstone |
| 4. Eric Paulson | Central |
| 136 pounds | |
| 1st 1. Don Zellner | Gladstone |
| 2nd 2. Murray Hess | Gladstone |
| 141 pounds | |
| 2nd 1. Calvin Hanni | Gladstone |
| 6th 2. Paul Cornwall | Woodburn |
| 148 pounds | |
| 5th 1. Doug Belgarde | Gladstone |
| 2. Perry Grenz | Cascade |
| 3. Jim Finch | Gladstone |
| 4. John Lonergan | Woodburn |
| 157 pounds | |
| 1. Paul Hughes | Stayton |
| 2. Andy Lakey | Gladstone |
| 3. Dan Coleman | Woodburn |
| 168 pounds | |
| 1. Lee Adolph | Chemawa |
| 2. Forrest Young | Gladstone |
| 178 pounds | |
| 3rd 1. Mark Ball | Gladstone |
| 4th 2. Bruce Shelton | Cascade |
| 191 pounds | |
| 1. Bob Stravens | Gervais |
| 2. Ken Cram | Cascade |
| 4. Bryan Morris | Gladstone |
| Heavyweight | |
| 1. Terry Burrows | Gladstone |
| 2. Holmes Lemon | Cascade |

| | |
|---------------------|----------------|
| Team Results | Coaches |
| 1. Gladstone | 167 |
| 2. Cascade | 102 |
| 3. Woodburn | 79 |
| 4. Central | 53 |
| 5. Chemawa | 31 |
| 6. Gervais | 28 |
| 7. Stayton | 22 |
| | Steve Stratton |
| | Larry Soto |
| | Bill Rayon |
| | Jim Helkes |
| | Ben Lawver |
| | Larry Roetzler |
| | Ross Miller |

Outstanding Wrestler
Paul Hughes
Stayton

| | |
|--|------------|
| Capital League Dual Meet Championship | W L |
| 1. Gladstone | 6 0 |

Enterprise-Courier, Oregon City, March 1, 1976, page 4.
Independent, Woodburn, March 3, 1976, page 11.

**Capital League
District Eight-AA Championships
February 25-26, 1977
Gladstone High School
Gladstone, Oregon**

| | | |
|------------|---------------------------|-----------|
| 4th | 1. Paul Carter | Woodburn |
| | 2. Mitch Rademaker | Gladstone |
| | 3. Todd Gross | Gladstone |
| 98 pounds | | |
| 2nd | 1. Steve Roll | Gladstone |
| 6th | 2. Cruz Urbina | Woodburn |
| | 3. Todd Roberts | Gladstone |
| 106 pounds | | |
| 1st | 1. Lyle Stratton | Gladstone |
| | 2. Tracy Mathies | Woodburn |
| | 3. Mark Sinn | Gervais |
| 115 pounds | | |
| | 1. Curt Powelson | Gladstone |
| | 2. Mike Unger | Cascade |
| 6th | PL Randy Roppe | Central |
| 123 pounds | | |
| 6th | 1. Dave Wright | Gladstone |
| | 2. Brian Watanabe | Gladstone |
| | 3. Jeff Wurdinger | Woodburn |
| 130 pounds | | |
| | 1. Jim Walker | Gladstone |
| | 2. Bernie Ghim | Central |
| | 3. John Shoop | Woodburn |
| 136 pounds | | |
| | 1. Jason Pond | Cascade |
| | 2. Barry Boatwright | Central |
| | 3. Kirstin Arnold | Gladstone |
| 141 pounds | | |
| 5th | 1. Doug Belgarde | Gladstone |
| | 2. Pete Graham | Central |
| | 3. Jerry Gregory | Woodburn |
| 148 pounds | | |
| | 1. Jim Finch | Gladstone |
| | 2. Tim Stevens | Central |
| | 3. John Miller | Gervais |
| | 4. Ed Frank | Gladstone |
| 157 pounds | | |
| | 1. John Kemel | Central |
| | 2. Russ Leach | Gervais |
| | 3. Kevin Transue | Gladstone |
| | PL Rod Bacon | Woodburn |
| 168 pounds | | |
| | 1. Chuck Norman | Stayton |
| | 2. Darrell Marx | Central |
| 178 pounds | | |
| | 1. Bruce Shelton | Cascade |
| | 2. Steve Busby | Central |
| | 3. Tim Englett | Gladstone |
| 191 pounds | | |
| 5th | 1. Ken Coffman | Central |
| | 2. Bill Cox | Gervais |
| | 3. Mike Pederson | Gladstone |
| | 4. Marty Burrows | Gladstone |

| | |
|---------------------|----------------|
| Team Results | Coaches |
| 1. Gladstone | Steve Stratton |
| 2. Central | Jim Helkes |
| 3. Cascade | Tom Phillips |
| 4. Woodburn | Larry Roetzel |
| 5. Gervais | |
| 6. Stayton | |

Outstanding Wrestler
Curt Powelson
Gladstone

Capital League Dual Meet Championship

| | |
|--------------|-----|
| | W L |
| 1. Gladstone | 5 0 |

Enterprise-Courier, Oregon City, Feb. 28, 1977, page 5.

**Capital League
District Eight-AA Championships
February 24-25, 1978
Cascade High School
Turner, Oregon**

| | | |
|------------|---------------------------|-----------|
| 2nd | 1. Todd Gross | Gladstone |
| | 2. Mike Corey | Cascade |
| | 3. Gary Lawrence | Central |
| | 4. Joe Pardo | Woodburn |
| 98 pounds | | |
| 5th | 1. Randy Santibanez | Cascade |
| | 2. Khlem Luu | Gladstone |
| | 3. Chris Karsseboom | Woodburn |
| | 4. Ted Cook | Gladstone |
| 106 pounds | | |
| | 1. Mark Bassett | Gervais |
| | 2. Mitch Rademacher | Gladstone |
| | 3. Russ Parker | Cascade |
| | 4. Randall Gilbert | Cascade |
| 115 pounds | | |
| 1st | 1. Lyle Stratton | Gladstone |
| | 2. Willie Jones | Woodburn |
| | 3. Mark Sinn | Gervais |
| | 4. Ed Miller | Gervais |
| 123 pounds | | |
| 2nd | 1. Dave Wright | Gladstone |
| | 2. Tracy Mathies | Woodburn |
| | 3. Randy Roppe | Central |
| | 4. Mark Folds | Cascade |
| 130 pounds | | |
| 3rd | 1. Jason Pond | Cascade |
| 1st | 2. Mike Rosenau | Cascade |
| | 3. Keith Beutler | Gladstone |
| | 4. Brock Lenox | Woodburn |
| 136 pounds | | |
| 5th | 1. Jim Walker | Gladstone |
| | 2. Don Nairns | Cascade |
| | 3. Shane Beggs | Cascade |
| | 4. Darryl Jones | Gladstone |
| 141 pounds | | |
| 2nd | 1. Kirstin Arnold | Gladstone |
| | 2. Rod Comstock | Cascade |
| | 3. Jerry Stumps | Gladstone |
| | 4. Tom Merrill | Central |
| 148 pounds | | |
| | 1. Don Hughes | Stayton |
| | 2. Gene Powelson | Gladstone |
| | 3. Andy Williams | Gladstone |
| | 4. Greg White | Central |
| 157 pounds | | |
| | 1. Martin Jaqua | Gervais |
| | 2. Tim Stevens | Central |
| | 3. Pat Newton | Central |
| | 4. John Miller | Gervais |
| 168 pounds | | |
| | 1. Bill Kump | Cascade |
| | 2. Rod Bacon | Woodburn |
| | 3. John Kennel | Central |
| | 4. Brian Jones | Gladstone |
| 178 pounds | | |
| | 1. Daryl Marx | Central |
| | 2. Bill Cox | Gervais |
| | 3. Tim Englett | Gladstone |
| | 4. Dean Martin | Gladstone |
| 191 pounds | | |
| | 1. Marty Burrows | Gladstone |
| | 2. Floyd Scott | Cascade |
| | 3. Jim Schmidt | Woodburn |
| | 4. Kent Miller | Woodburn |

| | |
|---------------------|----------------|
| Team Results | Coaches |
| 1. Gladstone | Steve Stratton |
| 2. Cascade | Tom Phillips |
| 3. Central | Jim Helkes |
| 4. Woodburn | Sam Jones |
| 5. Gervais | Larry Roetzel |
| 6. Stayton | |

Outstanding Wrestlers
Mark Bassett
Gervais

Don Hughes
Stayton

Lyle Stratton
Gladstone

The Whizzer, Central Point, April-May 1978, pages 78-79.
Oregon Statesman, Salem, Feb. 27, 1978, page 20.

**Capital League
District Eight-AA Championships
February 23-24, 1979
Central High School
Independence, Oregon**

| | | |
|------------|---------------------------------|-----------|
| 1st | 1. Todd Gross (3-2) | Gladstone |
| 2nd | 2. Joe Pardo | Woodburn |
| | 3. Mike Corey (4-6) | Cascade |
| | 4. Dennis Wilson | Stayton |
| 98 pounds | | |
| 5th | 1. Gary Lawrence (4-0 OT) | Central |
| | 2. Mitch Rademacher | Gladstone |
| | 3. Juan Rincon (5-4) | Central |
| | 4. Casey Brown | Cascade |
| 106 pounds | | |
| 6th | 1. Jim Gilbert (3:26) | Cascade |
| | 2. Mark Bassett | Gladstone |
| | 3. Mark Chartier (10-5) | Gladstone |
| | 4. Rod Carlson | Stayton |
| 115 pounds | | |
| 3rd | 1. Cruz Urbina (6-0) | Woodburn |
| | 2. Ted Cook (14-5) | Gladstone |
| | 3. Bob O'Day | Central |
| 123 pounds | | |
| | 1. Troy Wheeler (10-7) | Cascade |
| | 2. Tracy Mathies | Woodburn |
| | 3. Dave Morse (5-0) | Gladstone |
| | 4. Steve Lawrence | Central |
| 130 pounds | | |
| | 1. Mike Brusher (4-2) | Gladstone |
| | 2. Mark Folds | Cascade |
| | 3. Willie Jones (7-2) | Woodburn |
| | 4. Phil Paradis | Woodburn |
| 136 pounds | | |
| 3rd | 1. Jim Walker (7-5) | Gladstone |
| 2nd | 2. Todd Roberts | Gladstone |
| | 3. Eric Nelson (9-1) | Central |
| | 4. Bill DuChene | Cascade |
| 141 pounds | | |
| 3rd | 1. Keith Beutler (7-0) | Gladstone |
| | 2. Shane Beggs | Cascade |
| | 3. Greg Dalke (6-4) | Cascade |
| | 4. Kelly James | Woodburn |
| 148 pounds | | |
| 1st | 1. Kirstin Arnold (1:30) | Gladstone |
| | 2. Craig Transue | Gladstone |
| | 3. Matt Coxen (2-1) | Central |
| | 4. Greg White | Central |
| 157 pounds | | |
| | 1. Gene Powelson (7-0) | Gladstone |
| | 2. John Stevens | Gervais |
| | 3. Pat Newton (7-1) | Central |
| | 4. Mike Hines | Gladstone |
| 168 pounds | | |
| | 1. Rod Bacon (8-0) | Woodburn |
| | 2. Dean Martin | Gladstone |
| | 3. Brian Jones (2-1) | Gladstone |
| | 4. Matt Richards | Central |
| 178 pounds | | |
| 3rd | 1. Tim Englett (8-7) | Gladstone |
| | 2. Dean Hedrick | Central |
| | 3. Allen Miller (1:44) | Gervais |
| | 4. Mike Murrell | Stayton |
| 191 pounds | | |
| | 1. Marty Burrows (4-0) | Gladstone |
| | 2. Martin Murrell | Stayton |
| | 3. Steve Franks (12-2) | Cascade |
| | 4. Jim Schmidt | Woodburn |

| | |
|---------------------|----------------|
| Team Results | Coaches |
| 1. Gladstone | Steve Stratton |
| 2. Cascade | Tom Phillips |
| 3. Woodburn | Sam Jones |
| 4. Central | |
| 5. Gervais | |
| 6. Stayton | |

Outstanding Wrestlers
Kirstin Arnold
Gladstone

Gary Lawrence
Central

Oregon Wrestling News, Central Point, Vol.3, No.8, March 1, 1979, pps.153-154.
Enterprise-Courier, Oregon City, Feb. 26, 1976, page 4.

190 Class 3A High School District Championships

Capital League District Eight-AA Championships February 22-23, 1980 Woodburn High School Woodburn, Oregon

| | | | |
|-----|----|-------------------------------|-----------|
| | | 98 pounds | |
| 1st | 1. | Joe Pardo (forfeit) | Woodburn |
| 2nd | 2. | Danny Santibanez | Cascade |
| | 3. | Dean Fessler | Woodburn |
| | 4. | Bret Stormer | Gladstone |
| | | 106 pounds | |
| 5th | 1. | Kerry Baker (4:25) | Gladstone |
| | 2. | S. Roberts | Woodburn |
| | 3. | Jim Oxley | Gladstone |
| | | 115 pounds | |
| 3rd | 1. | Khiem Luu (8-6) | Gladstone |
| | 2. | Jerry Lawrence | Central |
| | 4. | Larry Hauck | Gladstone |
| | | 123 pounds | |
| | 1. | Jim Gilbert (7-0) | Cascade |
| | 2. | David Andres | Woodburn |
| | 4. | Danny Alvarado | Woodburn |
| | | 130 pounds | |
| 2nd | 1. | Cruz Urbina (15-0) | Woodburn |
| | 2. | Ted Cook | Gladstone |
| | 3. | Ken Wake | Gladstone |
| | 4. | Jay Toll | Woodburn |
| | | 136 pounds | |
| 6th | 1. | Mark Dybvig (7-5) | Gladstone |
| | 2. | Troy Wheeler | Cascade |
| | 3. | David Stravens | Gervais |
| | | 141 pounds | |
| 1st | 1. | Willie Jones (3:47) | Woodburn |
| | 2. | Craig Dawson | Stayton |
| | 3. | Rob Saldivar | Gladstone |
| | | 148 pounds | |
| 1st | 1. | Keith Beutler (forfeit) | Gladstone |
| | 2. | Tom Glesler | Cascade |
| | 3. | Bill Beutler | Gladstone |
| | 4. | Tanas Quinones | Woodburn |
| | | 157 pounds | |
| 2nd | 1. | Shane Beggs (5-2) | Cascade |
| 5th | 2. | Craig Transue | Gladstone |
| | 4. | Pedro Ybarra | Woodburn |
| | | 168 pounds | |
| 6th | 1. | Pat Newton (5-2) | Central |
| | 2. | Mike Hines | Gladstone |
| | | 178 pounds | |
| | 1. | Dean Martin (5-0) | Gladstone |
| | 2. | Greg White | Central |
| | 3. | Brian Kuenzl | Gervais |
| | | 191 pounds | |
| 4th | 1. | Tim Englet (:49) | Gladstone |
| | 2. | Bill Daniels | Gervais |
| | | Heavyweight | |
| | 1. | Jim Schmidt (4-3 OT) | Woodburn |
| | 2. | Tim Garland | Gervais |

| Team Results | Coaches | |
|--------------------|---------|-----------------|
| 1. Gladstone | 273.5 | Steve Stratton |
| 2. Woodburn | 168.5 | |
| 3. Cascade | 110.5 | Tom Phillips |
| 4. Gervais | 79 | Russ Lynde |
| 5. Central | 73 | |
| 6. Stayton | 56 | Steve Zimmerman |

Oregon Wrestling News, Central Point, Vol.4 #8, March 10, 1980, page 161.
Independent, Woodburn, Feb. 27, 1980, pp. 8, 9.
Enterprise-Courier, Oregon City, Feb. 25, 1980, page 4.

Capital League District Eight-AA Championships February 27-28, 1981 Gervais Union High School Gervais, Oregon

| | | | |
|-----|----|-------------------------|-----------|
| | | 98 pounds | |
| 2nd | 1. | George Palmer | Woodburn |
| | 2. | Bill Sellars | Gladstone |
| | 3. | Jeff Rulz | Gervais |
| | 4. | Dave Hoover | Central |
| | | 106 pounds | |
| 3rd | 1. | Joe Pardo | Woodburn |
| | 2. | Steve Newton | Glide |
| | 3. | Danny Santibanez | Cascade |
| | 4. | Mike Sprando | Gladstone |
| | | 115 pounds | |
| | 1. | Kerry Baker | Gladstone |
| | 2. | Dean Fessler | Woodburn |
| | 3. | Bret Stormer | Gladstone |
| | 4. | Thomas Rutkai | Gervais |
| | | 123 pounds | |
| | 1. | Gary Lawrence | Central |
| | 2. | John Powelson | Gladstone |
| | 3. | Juan Rincon | Central |
| | 4. | Eric Johnson | Gladstone |
| | | 130 pounds | |
| | 1. | Mike Brown | Gladstone |
| | 2. | David Ramirez | Woodburn |
| | 3. | Tim Gilbert | Cascade |
| | 4. | Bill Collingswood | Gladstone |
| | | 136 pounds | |
| | 1. | Bob O'Day | Central |
| | 2. | Casey Brown | Cascade |
| | 3. | Rob Saldivar | Gladstone |
| | 4. | Mark Dybvig | Gladstone |
| | | 141 pounds | |
| | 1. | Don Myron | Gladstone |
| | 2. | Mark Beggs | Cascade |
| | 3. | Steve Lawrence | Central |
| | 4. | Jerry Ward | Cascade |
| | | 148 pounds | |
| 6th | 1. | Bill Beutler | Gladstone |
| | 2. | Randy Gilbert | Cascade |
| | 3. | Lonnie Wolfe | Woodburn |
| | 4. | Ernie Garcia | Central |
| | | 157 pounds | |
| | 1. | Pat Holliman | Glide |
| | 2. | Rich Karecki | Gladstone |
| | 3. | Tom Glesler | Cascade |
| | 4. | Dan Miller | Woodburn |
| | | 168 pounds | |
| 3rd | 1. | Kraig Transue | Gladstone |
| | 2. | Jerry Perkins | Stayton |
| | 3. | Chris Cummings | Woodburn |
| | 4. | Cliff Morgan | Cascade |
| | | 178 pounds | |
| 4th | 1. | Greg Gentry | Stayton |
| | 2. | Brian Kuenzl | Gervais |
| | 3. | John McPherson | Gladstone |
| | 4. | Tanas Quinones | Woodburn |
| | | 191 pounds | |
| | 1. | Bill Daniels | Gervais |
| | 2. | Troy Thompson | Cascade |
| | 3. | David George | Gladstone |
| | 4. | Mark Miller | Cascade |
| | | Heavyweight | |
| 4th | 1. | Steve Franke | Cascade |
| | 2. | Rob Owens | Stayton |
| | 3. | David Owings | Woodburn |
| | 4. | Brian Nicholson | Stayton |

| Team Results | Coaches | |
|--------------------|---------|-----------------|
| 1. Gladstone | 286 | Steve Stratton |
| 2. Cascade | 152 | Tom Phillips |
| 3. Woodburn | 117 | Sam Jones |
| 4. Central | 91.5 | |
| 5. Gervais | 67 | |
| 6. Stayton | 53.5 | Steve Zimmerman |

Oregon Wrestling News, Central Point, Vol.5 #8, March 20, 1981, pages 166-167.

Capital League District Eight-AA Championships February 26-27, 1982 Stayton High School Stayton, Oregon

| | | | |
|-----|----|-------------------------|-----------|
| | | 98 pounds | |
| 6th | 1. | Charlie Pearce | Cascade |
| | 2. | Bill Sellars | Gladstone |
| | 3. | Roy Pardo | Woodburn |
| | | 106 pounds | |
| 3rd | 1. | Dan Loansbury | Cascade |
| | 2. | Kevin Hershberger | Central |
| | 3. | Scott Harris | Gladstone |
| | 4. | Rodney Saldivar | Gladstone |
| | | 115 pounds | |
| | 1. | Jim Oxley | Gladstone |
| | 2. | George Palmer | Woodburn |
| | 4. | Tim Pedroza | Gladstone |
| | | 123 pounds | |
| 6th | 1. | Danny Santibanez | Cascade |
| | 2. | Bret Stormer | Gladstone |
| | 3. | Mike Sprando | Gladstone |
| | 4. | Dale Fessler | Woodburn |
| | | 130 pounds | |
| 1st | 1. | John Powelson | Gladstone |
| | 2. | Bill Collingswood | Gladstone |
| | | 136 pounds | |
| 6th | 1. | Tim Gilbert | Cascade |
| | 2. | Terry Baker | Gladstone |
| | 3. | Sid Sonnen | Woodburn |
| | 4. | Tony Rice | Gladstone |
| | | 141 pounds | |
| 1st | 1. | Rob Saldivar | Gladstone |
| | 2. | Ernie Garcia | Central |
| | 3. | Lazaro Ybarra | Woodburn |
| | 4. | Guy Toll | Woodburn |
| | | 148 pounds | |
| 6th | 1. | Bill Beutler | Gladstone |
| | 2. | Casey Brown | Cascade |
| | 4. | Bob Humphrey | Gladstone |
| | | 157 pounds | |
| 2nd | 1. | Pat Holliman | Gladstone |
| | 2. | Lonnie Wolfe | Woodburn |
| | 3. | Erik Wilhelm | Gladstone |
| | 4. | Pito Zepeda | Woodburn |
| | | 168 pounds | |
| 2nd | 1. | Rich Karecki | Gladstone |
| | 2. | Chris Cummings | Woodburn |
| | | 178 pounds | |
| 5th | 1. | Dave Kenaston | Cascade |
| | 2. | Mark Clayin | Gladstone |
| | 3. | Brad Bales | Woodburn |
| | 4. | Steve Hohensee | Gladstone |
| | | 191 pounds | |
| 6th | 1. | Troy Thompson | Cascade |
| | 2. | Mark Sanders | Cascade |
| | 3. | David George | Gladstone |
| | 4. | Mark Pedroza | Gladstone |
| | | Heavyweight | |
| | 1. | Jim Trusue | Woodburn |
| | 2. | Rob Owens | Stayton |
| | 3. | Andy Owings | Woodburn |

| Team Results | Coaches | |
|--------------------|---------|------------------|
| 1. Gladstone | 295 | Steve Stratton |
| 2. Cascade | 192 | Tom Phillips |
| 3. Woodburn | 150 | Sam Jones |
| 4. Central | 65.5 | Kevin Derowitsch |
| 5. Stayton | 34 | Steve Zimmerman |

Outstanding Wrestler Charlie Pearce Cascade

Enterprise-Courier, Oregon City, March 1, 1982, page 4.
Independent, Woodburn, March 3, 1982, page 12.

**Capital League
District Eight-AA Championships
February 18-19, 1983
Cascade High School
Turner, Oregon**

| | | | |
|-----|----------------------------|-------------------------------|--------------|
| | 98 pounds | | |
| 1. | Steve Thorpe | Sweet Home | |
| 2. | Ted Karr | Sweet Home | |
| 3. | Rick Salinas (3-0) | North Marion | |
| 4. | Vance Kemmerling | Woodburn | |
| | 106 pounds | | |
| 1. | Junior Fields (14-9) | Sweet Home | |
| 2. | Randy Santana | Sweet Home | |
| 3. | Charlie Pearce (6-2) | Cascade | |
| 4. | Ray Pardo | Woodburn | |
| 5th | 115 pounds | | |
| 4th | 1. | Troy Santana (14-7) | Sweet Home |
| | 2. | Dan Lounsbury | Cascade |
| | 3. | Dan Winter (14-0) | Sweet Home |
| | 4. | Fred Lemos | North Marion |
| 5th | 123 pounds | | |
| 4th | 1. | George Palmer | Woodburn |
| | 2. | Scott Lynn | Sweet Home |
| | 3. | Mark Adams | Sweet Home |
| | 4. | John Amaya | North Marion |
| 5th | 130 pounds | | |
| | 1. | Jerry Ward (pin) | Cascade |
| | 2. | Rod Andrews | Sweet Home |
| | 3. | Rodd Walsh | Sweet Home |
| | 4. | Dale Fessler | Woodburn |
| | 136 pounds | | |
| | 1. | Joe McConnell (7-1) | Sweet Home |
| | 2. | Jeff Jones | Woodburn |
| | 3. | Rick Potrier (pin) | Sweet Home |
| | 4. | Frog Vela | Cascade |
| | 141 pounds | | |
| | 1. | Jay Marble | Sweet Home |
| | 2. | Donald Knight | Sweet Home |
| | 3. | Guy Toll (8-6) | Woodburn |
| | 4. | Mike Rulz | North Marion |
| | 148 pounds | | |
| | 1. | Sid Sonnen (19-6) | Woodburn |
| | 2. | Mike Baxter | Sweet Home |
| | 3. | Billy Klagge (3-2) | Cascade |
| | 4. | Jeff Freeman | Sweet Home |
| 6th | 157 pounds | | |
| | 1. | Dave Thornbrough (11-1) | Sweet Home |
| | 2. | Shim Baxter | Sweet Home |
| | 3. | Lazaro Ybarra (9-5) | Woodburn |
| | 4. | Mark Dalke | Cascade |
| 4th | 168 pounds | | |
| | 1. | Lonnie Wolfe (4-1) | Woodburn |
| | 2. | John Ybarra | Woodburn |
| | 3. | Brad Atkins | Cascade |
| | 4. | Scott Melcher | Sweet Home |
| 2nd | 178 pounds | | |
| | 1. | Dave Kenaston (3-0) | Cascade |
| | 2. | Chris Cummings | Woodburn |
| | 3. | Tadd Davis | Sweet Home |
| | 4. | Van Santana | Sweet Home |
| 5th | 191 pounds | | |
| | 1. | Mark Sanders (pin) | Cascade |
| 6th | 2. | Tom Steinbacher | Sweet Home |
| | 3. | Pito Zepeda | Woodburn |
| 4th | Heavyweight | | |
| | 1. | Chris Michaelson (4-0) | Cascade |
| | 2. | John Brown | Sweet Home |
| | 3. | Troy Donohue | Stayton |
| | 4. | Currie Stutzman | Stayton |

| | |
|-----------------------|--------------------|
| Team Results | Coaches |
| 1. Sweet Home | 394 Norm Davis |
| 2. Cascade | 194 Tom Phillips |
| 3. Woodburn | 193 Sam Jones |
| 4. North Marion | 64 Steve Zimmerman |
| 5. Stayton | 24 |
| 6. Chemawa | 4 |

Oregon Wrestling News, Central Point, Vol.7 #8, March 20, 1983, pp. 142-143.

**Capital League
District Eight-AA Championships
February 24-25, 1984,
Woodburn High School
Woodburn, Oregon**

| | | | |
|-----|-------------|----------------------------|--------------|
| | 98 pounds | | |
| 2nd | 1. | Ted Karr (6-0) | Sweet Home |
| | 2. | Rick Salinas | North Marion |
| 6th | 106 pounds | | |
| | 1. | Steve Thorpe (8-0) | Sweet Home |
| | 2. | Martin Valdez | North Marion |
| 2nd | 115 pounds | | |
| 4th | 1. | Junior Fields (11-5) | Sweet Home |
| | 2. | Rene Lopez | North Marion |
| 1st | 123 pounds | | |
| | 1. | Troy Santana (21-6) | Sweet Home |
| | 2. | Howard Wurdinger | Woodburn |
| | 3. | John Amaya | North Marion |
| | 4. | Jamie Calhoun | Sweet Home |
| 6th | 130 pounds | | |
| | 1. | George Palmer (1:59) | Woodburn |
| | 2. | Scott Lynn | Sweet Home |
| | 136 pounds | | |
| | 1. | Jerry Ward (7-4) | Cascade |
| | 2. | Mark Adams | Sweet Home |
| | 3. | Chris Gunderson | Woodburn |
| 6th | 141 pounds | | |
| | 1. | Todd Walsh (3-2) | Sweet Home |
| | 2. | Mike Rulz | North Marion |
| | 3. | Marci Valdez | Woodburn |
| 6th | 148 pounds | | |
| | 1. | Jay Marble (6-2) | Sweet Home |
| | 2. | Steve Hammer | Sweet Home |
| | 157 pounds | | |
| | 1. | Sid Sonnen (6-4) | Woodburn |
| 5th | 2. | Lazaro Ybarra | Woodburn |
| 6th | 168 pounds | | |
| | 1. | Mike Baxter (2:24) | Sweet Home |
| | 2. | Billy Klagge | Cascade |
| 1st | 178 pounds | | |
| 2nd | 1. | Dave Kenaston (4-1) | Cascade |
| | 2. | John Ybarra | Woodburn |
| | 3. | Ray Bettis | North Marion |
| | 4. | Theo VanCleve | Sweet Home |
| | 191 pounds | | |
| | 1. | Eric Smith (5-1) | Stayton |
| | 2. | Brad Atkins | Cascade |
| | Heavyweight | | |
| 1st | 1. | Mark Sanders (1:27) | Cascade |
| 4th | 2. | Troy Donahue | Stayton |
| | 3. | Dave Yonally | North Marion |
| | 4. | Darrin Starr | Chemawa |

Team Results
 1. Sweet Home

| | |
|-----------------------|----------------------|
| Team Results | Coaches |
| 1. Sweet Home | 306 Norm Davis |
| 2. Cascade | 229.5 Tom Phillips |
| 3. Woodburn | 160 Sam Jones |
| 4. North Marion | 125 Bob Johnston |
| 5. Stayton | 79.5 Steve Zimmerman |
| 6. Chemawa | ?? |

Oregonian, Portland, Feb. 26, 1984, Sports page F.
 Statesman-Journal, Salem, Feb. 26, 1984, page 5F.
 Herald, Canby, Feb. 29, 1984, page 10.
 Independent, Woodburn, Feb. 29, 1984, page 11.

Outstanding Wrestler
Junior Fields
Sweet Home

**Capital League
District Eight-AA Championships
February 23, 1985
North Marion High School
Aurora, Oregon**

| | | | |
|-----|-------------|-------------------------|--------------|
| | 98 pounds | | |
| 3rd | 1. | Manuel Santana | Sweet Home |
| | 2. | Walker | Sweet Home |
| | 3. | Vargas | Woodburn |
| | 4. | Fleming | Stayton |
| 5th | 106 pounds | | |
| 6th | 1. | Ted Karr | Sweet Home |
| | 2. | Ty Schatz | Sweet Home |
| | 3. | Rusty Satterfield | Cascade |
| | 4. | Angle | Cascade |
| 5th | 115 pounds | | |
| | 1. | Steve Thorpe | Sweet Home |
| | 2. | Ty Sonnen | Woodburn |
| | 3. | Elizar Quinones | Woodburn |
| | 4. | Castle | Cascade |
| 3rd | 123 pounds | | |
| | 1. | Junior Fields | Sweet Home |
| | 2. | Frank Orta | Woodburn |
| | 3. | Jeff Whaley | Sweet Home |
| | 4. | Pardo | Woodburn |
| 5th | 130 pounds | | |
| | 1. | Scott Lynn | Sweet Home |
| | 2. | Phil DeCleve | Sweet Home |
| | 3. | Peterson | Cascade |
| | 4. | Marcos Orta | Woodburn |
| 5th | 136 pounds | | |
| | 1. | Mark Adams | Sweet Home |
| | 2. | Lewis | Cascade |
| | 3. | Lowell Sonnen | Woodburn |
| | 4. | Orr | Stayton |
| | 141 pounds | | |
| | 1. | Chris Gunderson | Woodburn |
| | 2. | Brandy James | Sweet Home |
| | 3. | Newport | Sweet Home |
| | 4. | LaFerty | Cascade |
| | 148 pounds | | |
| | 1. | Steve Hammer | Sweet Home |
| | 2. | Mark Harrison | Woodburn |
| | 3. | Kirk Beggs | Cascade |
| | 4. | Stewart | Cascade |
| 2nd | 157 pounds | | |
| | 1. | Sid Sonnen | Woodburn |
| | 2. | Knight | Sweet Home |
| | 3. | Anders | Cascade |
| | 4. | Reed | Stayton |
| 4th | 168 pounds | | |
| | 1. | Kris Larsen | Cascade |
| | 2. | Melcher | Sweet Home |
| | 3. | Beaumont | Stayton |
| | 4. | Mike McCally | North Marion |
| 2nd | 178 pounds | | |
| | 1. | John Ybarra | Woodburn |
| | 2. | Slater | Stayton |
| | 3. | Tyler | Sweet Home |
| | 4. | Van Ieve | Sweet Home |
| | 191 pounds | | |
| | 1. | Tadd Davis | Sweet Home |
| | 2. | Zanona | Sweet Home |
| | 3. | Potter | Cascade |
| | 4. | Younger | Cascade |
| | Heavyweight | | |
| | 1. | Dave Yonally | North Marion |
| | 2. | Phillip Sanders | Cascade |
| | 3. | O'Brian | Sweet Home |
| | 4. | Clint Dysinger | Sweet Home |

| | |
|-----------------------|----------------------|
| Team Results | Coaches |
| 1. Sweet Home | 429 Norm Davis |
| 2. Woodburn | 224 Sam Jones |
| 3. Cascade | 204 Tom Phillips |
| 4. Stayton | 98.5 Steve Zimmerman |
| 5. North Marion | 57.5 Bob Johnston |
| 6. Chemawa | 7 |

Outstanding Wrestler
Sid Sonnen
Woodburn

Herald, Canby, Feb. 27, 1985, page 6.

192 Class 3A High School District Championships

Capital Conference District Eight-AA Championships February 28-March 1, 1986 Cascade High School Turner, Oregon

| | | |
|-----|----------------------------------|--------------|
| | 98 pounds | |
| | 1. Lance Powelson (11-3) | Woodburn |
| | 2. Jason Kennedy | North Marion |
| 1st | 106 pounds | |
| | 1. Manuel Santana (18-1) | Sweet Home |
| | 2. Jose Ahumada | Woodburn |
| 4th | 115 pounds | |
| | 1. Ted Karr (6-2) | Sweet Home |
| 5th | 2. Rusty Satterfield | Cascade |
| | 3. Lester Sparks | Woodburn |
| | 4. Gary Stanton | North Marion |
| 5th | 123 pounds | |
| | 1. Steve Thorpe (4-2) | Sweet Home |
| 6th | 2. Jeff Whaley | Sweet Home |
| | 3. Ty Sonnen | Woodburn |
| 3rd | 130 pounds | |
| | 1. Jesse Meza (5:48) | Woodburn |
| | 2. Frank Orta | Woodburn |
| | 4. Elizar Quinones | Woodburn |
| 6th | 136 pounds | |
| | 1. Marcos Orta (4:57) | Woodburn |
| | 2. Phil DeCleve | Sweet Home |
| | 4. Oscar Amaya | North Marion |
| 5th | 141 pounds | |
| | 1. Jamey Calhoun (default) | Sweet Home |
| | 2. Chris Gunderson | Woodburn |
| | 3. Joe Marales | North Marion |
| 1st | 148 pounds | |
| | 1. Mike Murphy (7-0) | Sweet Home |
| | 2. Mark Harrison | Woodburn |
| | 157 pounds | |
| | 1. Kirk Beggs (13-4) | Cascade |
| | 2. Vecchi | Cascade |
| | 168 pounds | |
| | 1. Ray Potter (2:13) | Cascade |
| | 2. Zanona | Sweet Home |
| | 178 pounds | |
| | 1. Tadd Davis (:29) | Sweet Home |
| | 2. Tony Klein | Stayton |
| | 3. Dane Haase | Woodburn |
| 2nd | 191 pounds | |
| | 1. James O'Brien (8-2) | Sweet Home |
| | 2. Klein | Stayton |
| 1st | Heavyweight | |
| | 1. Dave Yonally (10-2) | North Marion |
| | 2. Phillip Sanders | Cascade |
| | 3. John Jones | Woodburn |
| | Team Results | |
| | 1. Sweet Home | 313 |
| | 2. Woodburn | 219.5 |
| | 3. Cascade | 204.5 |
| | 4. Stayton | 119 |
| | 5. North Marion | 69.5 |
| | 6. Chemawa | 6 |
| | Coaches | |
| | Norm Davis | |
| | Sam Jones | |
| | Tom Phillips | |
| | Steve Zimmerman | |
| | Bob Johnston | |
| | Don Bailey | |

Outstanding Wrestler

Marcos Orta
Woodburn

Statesman-Journal, Salem, March 2, 1986, Page 7E.

Capital League District Eight-AA Championships February 27-28, 1987 Sweet Home High School Sweet Home, Oregon

| | | |
|-----|--------------------------------------|--------------|
| | 98 pounds | |
| | 1. Marvin Fessler (6-5) | Woodburn |
| | 2. Joe Sorenson | Stayton |
| | 3. Jed Barrett | Sweet Home |
| | 106 pounds | |
| | 1. David Pardo (6-5) | Woodburn |
| | 2. Lance Powelson | Woodburn |
| | 3. Ryan Brock | Silverton |
| | 4. Kenny Weld | Sweet Home |
| 2nd | 115 pounds | |
| | 1. Rusty Satterfield (TF 15-0) | Cascade |
| | 2. Brian Lemos | North Marion |
| | 3. Roy Branson | Sweet Home |
| | 4. Eric Forster | Silverton |
| 1st | 123 pounds | |
| | 1. Ty Sonnen (7-3) | Woodburn |
| 6th | 2. Karl Knoll | Silverton |
| | 4. Rob Schatz | Sweet Home |
| 6th | 130 pounds | |
| | 1. Phil Knoll (7-6) | Silverton |
| | 2. Steve Martinelli | Dallas |
| | 4. Shane Cochran | Sweet Home |
| 6th | 136 pounds | |
| | 1. Gabe Laudette (7-2) | Silverton |
| | 2. Sean Whitacre | Dallas |
| | 4. Anthony Bentley | Sweet Home |
| 1st | 141 pounds | |
| | 1. Flint Sterns (TF) | Silverton |
| 6th | 2. Troy Cunningham | Cascade |
| | 4. Joey Morales | Woodburn |
| 1st | 148 pounds | |
| | 1. Mike Murphy (4-2) | Sweet Home |
| 2nd | 2. Brett Martin | Silverton |
| | 4. Rob Porter | Sweet Home |
| 1st | 157 pounds | |
| | 1. Tony Olliff (8-7) | Dallas |
| 4th | 2. Steve Lewis | Cascade |
| | 3. Darin Knutson | Sweet Home |
| | 168 pounds | |
| | 1. Dave Vecchi (7-6) | Cascade |
| | 2. Dave Wooley | Sweet Home |
| | 3. Steve Teeney | Silverton |
| | 178 pounds | |
| | 1. Jeff Peterson (TF) | Dallas |
| | 2. Matt Vanderwall | Silverton |
| | 4. Pete Hurlman | Woodburn |
| 1st | 191 pounds | |
| | 1. Jeff Earhart (pin 1st) | Dallas |
| 5th | 2. James O'Brien | Sweet Home |
| | 4. Clint Dysinger | Sweet Home |
| | 5. Wes Clausen | Woodburn |
| | Heavyweight | |
| | 1. Matt Redden (5-2) | Sweet Home |
| | 2. Chris Anderson | Cascade |
| | 4. Dave Kaufman | Silverton |
| | Team Results | |
| | 1. Silverton | 209 |
| | 2. Sweet Home | 206.5 |
| | 3. Cascade | 180.5 |
| | 4. Dallas | 157 |
| | 5. Woodburn | 143.5 |
| | 6. Stayton | 109 |
| | 7. North Marion | 61 |
| | Coaches | |
| | Dan Nugent | |
| | Norm Davis | |
| | Tom Phillips | |
| | Sam Jones | |
| | Steve Zimmerman | |
| | Perry Miles | |

Outstanding Wrestler

Marvin Fessler
Woodburn

Fessler was a freshman who had wrestled Junior Varsity all season. He pulled off some upsets in winning the 98 pound championship.

Appeal-Tribune, Silverton, March 5, 1987, Section 1 page 4.
Independent, Woodburn, March 4, 1987, page 9.
New Era, Sweet Home, March 4, 1987, page 10.

Capital Conference District Eight-AA Championships February 26-27, 1988 Silverton High School Silverton, Oregon

| | | |
|-----|-----------------------------|--------------|
| | 98 pounds | |
| 5th | 1. Scott McCandless | Sweet Home |
| 2nd | 2. Marvin Fessler | Woodburn |
| | 6. Bill McKee | Sweet Home |
| | 106 pounds | |
| | 1. Jed Barrett | Sweet Home |
| | 2. Chris Blum | Sweet Home |
| | 4. George Grijhalva | Woodburn |
| | 5. Quintero | Woodburn |
| | 115 pounds | |
| | 1. Ken Weld | Sweet Home |
| | 2. Bill Leder | Woodburn |
| | 5. Lance Powelson | Woodburn |
| | 123 pounds | |
| | 1. Bullard | Stayton |
| 3rd | 2. Brian Lemos | Woodburn |
| | 3. Dean Roth | Woodburn |
| | 4. Vic Lime | Cascade |
| 2nd | 130 pounds | |
| | 1. Ty Sonnen | Woodburn |
| 5th | 2. Pee Wee Quesado | Woodburn |
| | 3. Shane Cochran | Sweet Home |
| | 5. Dave Steagall | Sweet Home |
| | 136 pounds | |
| 6th | 1. Phil Knoll | Silverton |
| 1st | 2. Cory Sonnen | Woodburn |
| | 4. Gordon Walker | Sweet Home |
| | 6. Anthony Rodriguez | Cascade |
| | 141 pounds | |
| 6th | 1. Anthony Bentley | Sweet Home |
| | 2. Jeff Mack | Silverton |
| | 3. Troy Richards | Sweet Home |
| | 6. Ruben Gonzales | Woodburn |
| 1st | 148 pounds | |
| | 1. Troy Cunningham | Cascade |
| | 3. Mac Crockier | Sweet Home |
| | 6. Vance Corcoran | North Marion |
| | 157 pounds | |
| 5th | 1. Steve Teeney | Silverton |
| 3rd | 2. Scott Buzzard | Cascade |
| | 3. Rob Angle | Cascade |
| | 5. Flavio Urbana | Woodburn |
| | 6. Chris Chavira | Woodburn |
| | 168 pounds | |
| 6th | 1. Darrin Knutson | Sweet Home |
| | 2. Shawn Frellinger | Silverton |
| | 3. Dave Wooley | Sweet Home |
| | 5. Ramon Flores | Woodburn |
| | 178 pounds | |
| 3rd | 1. Steve Lewis | Cascade |
| | 2. Buxman | Dallas |
| | 3. Jason Henderson | Cascade |
| | 6. Jeff Shilling | Woodburn |
| | 191 pounds | |
| | 1. David Veechey | Cascade |
| | 2. Jason Starr | Woodburn |
| | 3. Matt Walker | Cascade |
| | 5. Freddy Geschwell | Woodburn |
| | Heavyweight | |
| 1st | 1. John Paul Jones | Woodburn |
| 6th | 2. Chris Anderson | Cascade |
| | 4. Rick Bruijn | Sweet Home |
| | 5. Matt Redden | Sweet Home |
| | 6. Bruce Davidson | Woodburn |
| | Team Results | |
| | 1. Woodburn | 311.5 |
| | 2. Sweet Home | 283.5 |
| | 3. Silverton | 223.5 |
| | 4. Cascade | 214.5 |
| | 5. Dallas | 154.5 |
| | 6. Stayton | 136.5 |
| | 7. North Marion | 8.5 |
| | Coaches | |
| | Sam Jones | |
| | Norm Davis | |
| | Noel Hygelund | |
| | Tom Phillips | |
| | Steve Zimmerman | |
| | Mike Robinson | |
| | Outstanding Wrestler | |
| | Steve Lewis Cascade | |

Democrat-Herald, Albany, Feb. 29, 1988, page 22.
Appeal-Tribune, Silverton, March 2, 1988, page 9, Section 1
Independent, Woodburn, March 2, 1988, page 14.
Mail, Stayton, March 3, 1988, page 12A.
New Era, Sweet Home, March 2, 1988, page 11.

**Capital Conference
District Eight-AA Championships
February 24-25, 1989
Dallas High School
Dallas, Oregon**

- 103 pounds
2nd 1. Josh Whisenhunt (2-0) Stayton
2. Jake Whisenhunt Stayton
3. Jay Farmer (decision) Silverton
4. Bralan Pfeiffer Silverton

- 112 pounds
1st 1. Scott McCandless (3-2) Sweet Home
5th 2. Marvin Fessler Woodburn
3. Dan Punzel (decision) Cascade
4. Tony Thomas Stayton
5. Wade Gregory Sweet Home

- 119 pounds
6th 1. Jeremy Keese (12-7) Stayton
2. Bill Leder Woodburn
3. Chad Kill (decision) Silverton
4. Mike Young Silverton
5. Kerry Vandervort Stayton

- 125 pounds
5th 1. Chris Blem (13-8) Sweet Home
2. Ford Stigall North Marion
3. Brian Kill Silverton
4. Dennis Kaufman Silverton
5. Ken Weld Sweet Home
6. Cory Watson Stayton

- 130 pounds
2nd 1. Brian Lemos (19-7) Woodburn
2. Jed Barrett Sweet Home
3. Chet Elder Sweet Home
4. Adam Kaufman Silverton
6. Troy Fixon Stayton

- 135 pounds
1st 1. Shane Cochrane (8-3) Sweet Home
5th 2. Dean Roth Woodburn
3. Jose Ahumada Woodburn
4. Leroy Barker Silverton
5. John Stone Cascade
6. Shayne Pritchard Sweet Home

- 140 pounds
3rd 1. Pee Wee Quesada (3:22) Woodburn
2. Ray Stannerson Silverton
3. Terry Stewart Stayton
4. Frank Tudela Cascade

- 145 pounds
1st 1. Cory Sonnen (:27) Woodburn
2nd 2. Mike Green Dallas
3. Dave Hoover Cascade
4. Troy Richards Sweet Home
5. Tim Brandt Cascade
6. Mike Coulter Stayton

- 152 pounds
1. John Pond (9-3) Cascade
2. Jay Mack Silverton
3. Mac Crocker Sweet Home
4. Jose Lopez Woodburn

- 160 pounds
1st 1. Steve Teeney (5-2) Silverton
2nd 2. Mark Sharp Dallas
3. Tom Doman Woodburn
4. Niles Holder Stayton
5. Vance Corcoran North Marion
6. Travis Roy Silverton

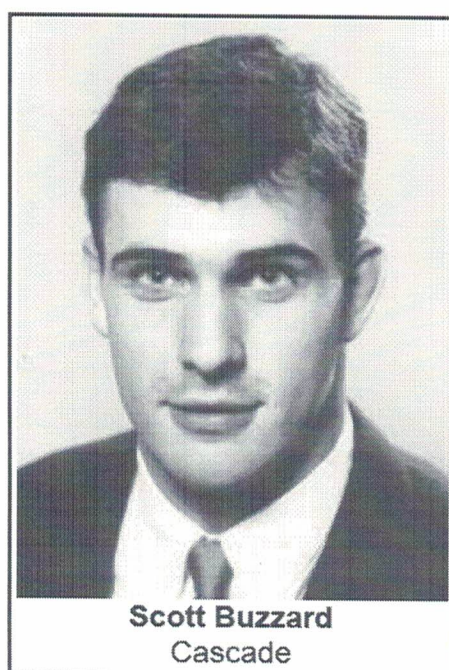
- 171 pounds
1st 1. Scott Buzzard (9-3) Cascade
6th 2. Jason Henderson Cascade
3. Tom Davidson Woodburn
4. Monte Kuenzi Silverton
5. Owen Von Flue Silverton

- 189 pounds
1. Jason Coulter (10-5) Stayton
2. Vernon Renzenites Stayton
3. Jason Van Eck Sweet Home
4. Josh Long Sweet Home
5. Shawn Frellinger Silverton

- 275 pounds
1st 1. John Jones (6-4) Woodburn
2nd 2. Matt Redden Sweet Home
3. Chris Anderson Cascade
4. Randy Lambert North Marion
5. Keith Logan Sweet Home



Steve Teeney
Silverton



Scott Buzzard
Cascade

| Team Results | | Coaches | |
|-----------------|-------|-----------------|--|
| 1. Woodburn | 316.5 | Sam Jones | |
| 2. Silverton | 260.5 | Noel Hygelund | |
| 3. Sweet Home | 259.5 | Norm Davis | |
| 4. Stayton | 231.5 | Steve Zimmerman | |
| 5. Cascade | 186 | Tom Phillips | |
| 6. Dallas | 104.5 | | |
| 7. North Marion | 66.5 | Mike Robinson | |

Statesman-Journal, Salem, Feb. 26, 1989, p. 2E.
Appeal, Silverton, March 1, 1989, Sect. 1 p. 10.
Independent, Woodburn, March 1, 1989, page 9.
New Era, Sweet Home, March 1, 1989, page 10.
Mail, Stayton, March 1, 1989, page 8A.

**Capital League
District Eight-AA Championships
February 23-24, 1990
Woodburn High School
Woodburn, Oregon**

- 98 pounds
1. Aaron Womack (6-2 OT) Woodburn
2. Jason Buce Dallas
4. Kyle Riestler Silverton

- 106 pounds
3rd 1. Jake Whisenhunt (5-0) Stayton
2. Long Quach Dallas
3. Nick Gostevskiyh Woodburn
6. Eric Kuenzi Silverton

- 115 pounds
1. Marvin Fessler (5-4 OT) Woodburn
2. Josh Whisenhunt Stayton
3. Dan Punzel (4-3) Cascade
4. Wade Gregory Sweet Home
5. Ryan Lichty Silverton
6. Rob Sayers Sweet Home

- 123 pounds
6th 1. Scott McCandless (5-4) Sweet Home
2nd 2. Bill Leder Woodburn
3. Arlo Manion Silverton
5. Bryan Pfeiffer Silverton

- 130 pounds
2nd 1. Ford Stigall (pin 1:41) North Marion
2. Ken Weld Sweet Home
3. Marky Flores Woodburn
4. Kaufman Silverton
5. B. Bischoff Silverton
6. Darrin Estrada Woodburn

- 136 pounds
3rd 1. Brian Lemos (3-2) North Marion
5th 2. Dean Roth Woodburn
3. Cory Gohn Silverton
4. Tony Leon Woodburn
5. Matt Young Silverton

- 141 pounds
3rd 1. Ramiro Quesada (pin 3:40) Woodburn
2. Chris Blim Sweet Home
3. Bruce Kuenzi Silverton
4. Lloyd Mosteller Woodburn
5. Ben Young Silverton

- 148 pounds
1st 1. Cory Sonnen (14-6) Woodburn
6th 2. Tim Brandt Cascade
3. Jed Barrett Sweet Home
4. R. Stannerson Silverton

- 157 pounds
4th 1. Sam Federico (5-4) Cascade
2. Mac Crocker Sweet Home
3. Jan Goetting Silverton
5. Javier Marquez Woodburn
6. Justin Renound Sweet Home

- 168 pounds
3rd 1. Michael Pace (12-6) Sweet Home
2. Tom Doman Woodburn
5. Travis Roy Silverton

- 178 pounds
1st 1. Scott Buzzard (13-0) Cascade
2. Brian Jersey Dallas
3. Josh Arnold Silverton
5. Moses Eagles Woodburn

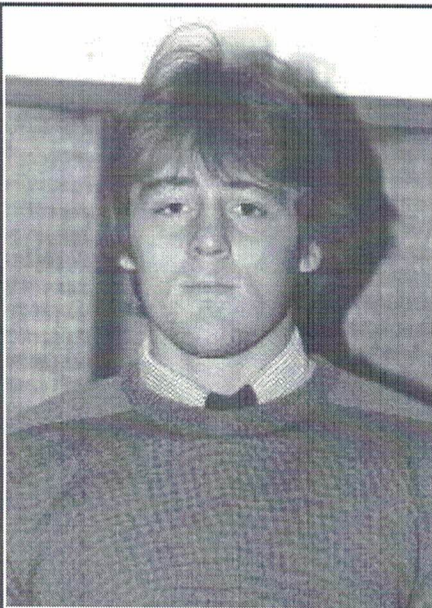
- 191 pounds
2nd 1. Shawn Fellingner (5-3) Silverton
3rd 2. Jeff Schillings Woodburn
3. Dean Hall (5-4) Sweet Home
4. Z. Bosvert Dallas
5. Tony Holden Sweet Home
6. J. Adams North Marion

- 275 pounds
5th 1. Andrew Gibby (6-2) Dallas
2. Keith Logan Sweet Home
3. Ed Berger Silverton
5. Bruce Davidson Woodburn
6. Eric Cummings Woodburn

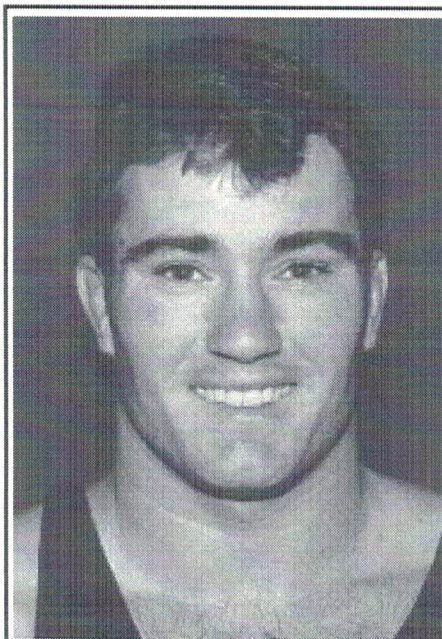
| Team Results | | Coaches | |
|-----------------|-------|-----------------|--|
| 1. Woodburn | 263 | Sam Jones | |
| 2. Sweet Home | 234 | Norm Davis | |
| 3. Silverton | 232 | Noel Hygelund | |
| 4. Cascade | 165.5 | Tom Phillips | |
| 5. Dallas | 137 | | |
| 6. North Marion | 127 | Mike Robinson | |
| 7. Stayton | 84.5 | Steve Zimmerman | |

Outstanding Wrestler
Ramiro Quesada
Woodburn

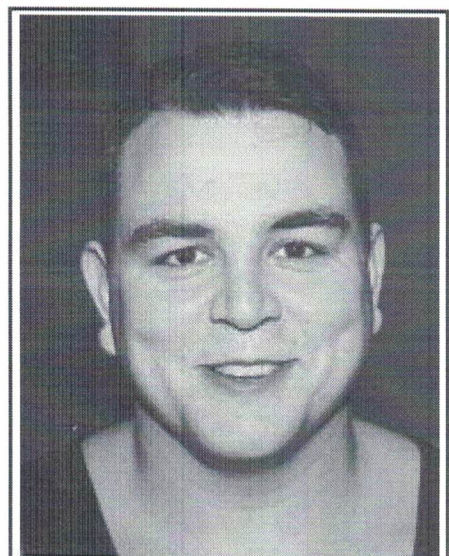
Oregonian, Portland, Feb. 26, 1990, page C5.
Democrat-Herald, Albany, Feb. 26, 1990, page 13.
Independent, Woodburn, Feb. 28, 1990, page 10.
New Era, Sweet Home, Feb. 28, 1990, pp. 10-11.
Appeal-Tribune, Silverton, Feb. 28, 1990, page 4A.



Lonnie Wolfe
Woodburn



Ty Sonnen
Woodburn



John Paul Jones
Woodburn

**Capital Conference
District Eight-3A Championships
February 22-23, 1991
Cascade High School
Turner, Oregon**

| | | |
|-----|-----------------------------------|--------------|
| | 98 pounds | |
| 1st | 1. Jason Buce (1:55) | Dallas |
| 2nd | 2. Brent Castle | Cascade |
| | 106 pounds | |
| 1st | 1. Long Quach (1:17) | Dallas |
| 5th | 2. Greg Sauer | Molalla |
| | 115 pounds | |
| 3rd | 1. Dan Punzel (22-7) | Cascade |
| | 2. Jim Nelson | Sweet Home |
| | 123 pounds | |
| 4th | 1. Scott McCandless (2-0) | Sweet Home |
| | 2. Ryan Lichty | Silverton |
| | 130 pounds | |
| 5th | 1. Josh Whisenhunt (20-7) | Stayton |
| | 2. Duane Stearns | Molalla |
| | 136 pounds | |
| 1st | 1. Ford Stigall (17-8) | North Marion |
| | 2. Arlo Manjon | Silverton |
| | 141 pounds | |
| | 1. Tony Leon (6-0) | Woodburn |
| | 2. Lloyd Mosteller | Woodburn |
| | 148 pounds | |
| 3rd | 1. Chris Blem (7-6) | Sweet Home |
| | 2. Bruce Kuenzi | Silverton |
| | 157 pounds | |
| 2nd | 1. Tim Brandt (inj. def) | Cascade |
| | 2. Shayne Prichard | Sweet Home |
| | 168 pounds | |
| 4th | 1. Craig Thomas (6-2) | Dallas |
| | 2. Jeff Lewis | Cascade |
| | 178 pounds | |
| 3rd | 1. Tom Doman (9-0) | Woodburn |
| 6th | 2. Josh Arnold | Silverton |
| | 191 pounds | |
| 5th | 1. Travis Roy (OT criteria) | Silverton |
| | 2. Owen Von Flue | Silverton |
| | 275 pounds | |
| 5th | 1. Eric Cummings (3-0) | Woodburn |
| | 2. Jason Marshall | Molalla |

Team North Marion

Coaches Mike Robinson

**Capital Conference
District Eight-3A Championships
February 28-29, 1992
North Marion High School
Aurora, Oregon**

| | | |
|-----|---------------------------|--------------|
| | 98 pounds | |
| 1st | 1. Jarrett Mathews | Dallas |
| | 2. Jason Grim | Molalla |
| | 3. Czaplak (5-4) | Silverton |
| | 4. Cully | Cascade |
| | 5. Barlow | Silverton |
| | 6. Kranz | Silverton |
| | 106 pounds | |
| 1st | 1. Jason Buce | Dallas |
| 5th | 2. Bryan Coulter | Sweet Home |
| | 3. Mathews (7-4) | Dallas |
| | 4. Brent Castle | Cascade |
| | 5. Morales (4-3) | North Marion |
| | 6. Jessey | Stayton |
| | 115 pounds | |
| 4th | 1. Dan Punzel | Cascade |
| 5th | 2. Greg Sauer | Molalla |
| | 3. Nelson (default) | Dallas |
| | 4. Wood | Molalla |
| | 5. Leon | Woodburn |
| | 6. Chavez | Woodburn |
| | 123 pounds | |
| 5th | 1. Ryan Lichty | Silverton |
| | 2. Mike Thompson | Cascade |
| | 3. Gregory (10-2) | Woodburn |
| | 4. Christian | Stayton |
| | 5. Austin (10-4) | Dallas |
| | 6. Dahl | Cascade |
| | 130 pounds | |
| 1st | 1. Jake Whisenhunt | Stayton |
| | 2. Chad Kill | Silverton |
| | 3. Forsberg (7-2) | Dallas |
| | 4. Clasen | Molalla |
| | 5. Harbick | Woodburn |
| | 6. Relsterer | Silverton |
| | 136 pounds | |
| | 1. Travis King | Stayton |
| | 2. Chad Daniels | Stayton |
| | 3. Pfeifer (8-2) | Silverton |
| | 4. Haberstitch | Woodburn |
| | 5. Leder | Woodburn |
| | 6. Eider (pin) | Sweet Home |

| | | |
|-----|---------------------------|--------------|
| | 141 pounds | |
| 2nd | 1. Josh Whisenhunt | Stayton |
| 4th | 2. Austin Roberts | Molalla |
| | 3. Manion (14-1) | Silverton |
| | 4. Gonzalez | Woodburn |
| | 5. Maurer (default) | Silverton |
| | 6. Martin | Sweet Home |
| | 148 pounds | |
| 6th | 1. Jeremy South | Dallas |
| | 2. Chrs Taylor | Molalla |
| | 3. Soland (6-5) | Sweet Home |
| | 4. Mosteller | Woodburn |
| | 5. West (default) | Sweet Home |
| | 6. Young | Silverton |
| | 157 pounds | |
| 1st | 1. Sam Federico | Cascade |
| | 2. Sanders Freed | Dallas |
| | 3. Goetting (pin) | Silverton |
| | 4. Basl | Stayton |
| | 5. Oer (7-4) | Sweet Home |
| | 6. Hadeth | Woodburn |
| | 168 pounds | |
| | 1. Jeff Lewis | Cascade |
| | 2. Alex Dam | Woodburn |
| | 3. Reber (pin) | North Marion |
| | 4. Clifford | Woodburn |
| | 5. Burnett (13-5) | Sweet Home |
| | 6. Burger | Sweet Home |
| | 178 pounds | |
| 1st | 1. Josh Arnold | Silverton |
| | 2. Jason Lander | Dallas |
| | 3. Sandoval (pin) | Woodburn |
| | 4. Weitman | Stayton |
| | 5. Lutz (7-6) | Cascade |
| | 6. Cupp | Stayton |
| | 191 pounds | |
| 1st | 1. Owen Von Flue | Silverton |
| 2nd | 2. Brian Jersey | Dallas |
| | 3. Doman (pin) | Woodburn |
| | 4. Marshall | Molalla |
| | 5. Hampton (pin) | Molalla |
| | 6. Carrbajal | North Marion |
| | 275 pounds | |
| 5th | 1. Eric Cummings | Woodburn |
| 3rd | 2. Travis Roy | Silverton |
| | 3. Hall (pin) | Sweet Home |
| | 4. Adams | North Marion |
| | 5. Hansen (OT) | Dallas |
| | 6. Young | Silverton |

| | | |
|-----------------------|----------------|-----------------|
| Team Results | Coaches | |
| 1. Silverton | 254 | Noel Hygelund |
| 2. Dallas | 215.5 | |
| 3. Woodburn | 208.5 | Sam Jones |
| 4. Stayton | 181.5 | Steve Zimmerman |
| 5. Sweet Home | 169.5 | Norm Davis |
| 6. Molalla | 162 | John Olson |
| 7. Cascade | 158 | Tom Phillips |
| 8. North Marion | 56.5 | Mike Robinson |

**Capital Conference
District Eight-3A Championships
February 26-27, 1993
Stayton High School
Stayton, Oregon**

98 pounds

| | | | |
|-----|----|-----------------------|------------|
| 5th | 1. | Todd Thomas (8-7) | Dallas |
| | 2. | Gary Sauer | Molalla |
| | 3. | Eric Schmidgall (5-0) | Silverton |
| | 4. | Rob Oar | Sweet Home |

106 pounds

| | | | |
|-----|----|----------------------|--------------|
| 5th | 1. | Dustin Czaplak (8-7) | Silverton |
| | 2. | Monse Vasquez | Woodburn |
| | 3. | Jason Grim (8-6) | Molalla |
| | 4. | Dane Barlow | Cascade |
| | 6. | Sergio Morales | North Marion |

115 pounds

| | | | |
|-----|----|-----------------------------|----------|
| 1st | 1. | Jason Buce (pin 2nd period) | Dallas |
| | 2. | Cesar Chavez | Woodburn |
| | 3. | Charles Quintron (10-3) | Dallas |
| | 4. | Ben Colby | Molalla |

123 pounds

| | | | |
|-----|----|----------------------|------------|
| 3rd | 1. | Brian Coulter (10-8) | Sweet Home |
| 4th | 1. | Jarret Mathews | Dallas |
| | 2. | Jacob Mathews (3-2) | Dallas |
| | 4. | Dave Christian | Stayton |

130 pounds

| | | | |
|--|----|-------------------------------|--------------|
| | 1. | Chad Daniels (pin 3rd period) | Stayton |
| | 2. | Jim Nelson | Sweet Home |
| | 3. | Chris Austin (16-2) | Dallas |
| | 4. | Dave Juster | North Marion |

136 pounds

| | | | |
|-----|----|-------------------|----------|
| 1st | 1. | Travis King (7-1) | Stayton |
| 6th | 2. | Brent Castle | Cascade |
| | 3. | Keros Leder (7-5) | Woodburn |
| | 4. | Neal Clausen | Molalla |

141 pounds

| | | | |
|--|----|------------------------|----------|
| | 1. | Anthony Keller (9-5) | Molalla |
| | 2. | Brady Hamilton | Dallas |
| | 3. | Felipe Gonzalez (12-3) | Woodburn |
| | 4. | Dave Hicks | Cascade |

148 pounds

| | | | |
|-----|----|-------------------------|--------------|
| 5th | 1. | Lorenzo Garza (pin 1st) | North Marion |
| | 2. | Wilfred Landry | Dallas |
| | 3. | Kris Brunner (4-2) | Dallas |
| | 4. | Josh Faulkner | Stayton |

157 pounds

| | | | |
|-----|----|---------------------|-----------|
| 1st | 1. | Sanders Freed (5-0) | Dallas |
| | 2. | Terry Buzzard | Cascade |
| | 3. | Dave Anglen (9-5) | Cascade |
| | 4. | Ryan Wertz | Silverton |

168 pounds

| | | | |
|-----|----|---------------------------|------------|
| 6th | 1. | Alex Cam (pin 3rd period) | Woodburn |
| | 2. | Derek Basal | Stayton |
| | 3. | Brandon Fisher (4-0) | Molalla |
| | 4. | Ernie Oar | Sweet Home |

178 pounds

| | | | |
|-----|----|---------------------------|------------|
| 5th | 1. | Charles Clifford (14-0) | Woodburn |
| | 2. | Eugene Luke | Sweet Home |
| | 3. | Mac Paye (pin 2nd period) | Cascade |
| | 4. | Cameron Hall | Sweet Home |

191 pounds

| | | | |
|-----|----|-----------------------|-----------|
| 2nd | 1. | Leo Sandoval (8-4) | Woodburn |
| 4th | 2. | Jason Lander | Dallas |
| | 3. | Dustin Weitman (11-5) | Stayton |
| | 4. | Murray Clemetson | Silverton |

275 pounds

| | | | |
|-----|----|-------------------------------|--------------|
| 6th | 1. | Matt Mathews (pin 1st period) | Silverton |
| | 2. | Joe Adams | North Marion |
| | 3. | Aaron Cupp (6-5) | Stayton |
| | 4. | Jay Omelias | North Marion |

Team Results

| | | |
|----|--------------|-------|
| 1. | Dallas | 285.5 |
| 2. | Woodburn | 235.5 |
| 3. | Cascade | 198 |
| 4. | Stayton | 168 |
| 5. | Molalla | 164 |
| 6. | Sweet Home | 156 |
| 7. | Silverton | 143.5 |
| 8. | North Marion | 85 |

Coaches

| |
|-----------------|
| Sam Jones |
| Tom Phillips |
| Steve Zimmerman |
| John Olson |
| Norm Davis |
| Noel Hygelund |
| Mike Robinson |

Statesman-Journal, Salem, March 1, 1993, p. 2F.

**Capital Conference
District Eight-3A Championships
February 25-26, 1994
Sweet Home High School
Sweet Home, Oregon**

98 pounds

| | | | |
|-----|----|------------------|------------|
| 1st | 1. | Gary Sauer (7-4) | Molalla |
| | 2. | Mike Graves | Dallas |
| | 3. | Hutcheson (11-4) | Dallas |
| | 4. | Adams | Dallas |
| | PL | Mike Worth | Sweet Home |

106 pounds

| | | | |
|-----|----|--------------------|------------|
| 2nd | 1. | Todd Thomas (10-5) | Dallas |
| | 2. | Jason Grim | Molalla |
| | 3. | Schmidgall (8-2) | Silverton |
| | 4. | Rob Oar | Sweet Home |

115 pounds

| | | | |
|--|----|----------------|------------|
| | 1. | Mark Vasquez | Woodburn |
| | 2. | Cesar Chavez | Woodburn |
| | 3. | David Sandberg | Molalla |
| | 4. | Jeremy Totman | Sweet Home |

123 pounds

| | | | |
|-----|----|---------------------|------------|
| 2nd | 1. | Bryan Coulter | Sweet Home |
| 6th | 2. | Dustin Czaplak | Silverton |
| | 3. | Mike S. Clark (5-2) | Sweet Home |
| | 4. | Jo. Leder | Woodburn |

130 pounds

| | | | |
|-----|----|-----------------------|------------|
| 1st | 1. | Jarret Mathews (12-3) | Dallas |
| 3rd | 2. | Jim Nelson | Sweet Home |
| | 3. | Archibald (13-5) | Silverton |
| | 4. | Wetzel | Silverton |

136 pounds

| | | | |
|-----|----|-------------------|------------|
| 4th | 1. | Jacob Mathews | Dallas |
| 2nd | 2. | Brent Castle | Cascade |
| | 3. | Jacob Leder (7-0) | Woodburn |
| | 4. | Damian Blehm | Sweet Home |
| | 5. | Pat Clausen | Molalla |
| | 6. | Glenn Griswold | Sweet Home |

141 pounds

| | | | |
|-----|----|-------------------|------------|
| 6th | 1. | Justin Wood (8-6) | Molalla |
| | 2. | Joe Lancour | Cascade |
| | 3. | Shannon Stover | Sweet Home |
| | 4. | Allen | Corvallis |

148 pounds

| | | | |
|--|----|--------------------|------------|
| | 1. | Neil Clasen (14-3) | Molalla |
| | 2. | K. Brunner | Dallas |
| | 3. | Estrada (7-6) | Dallas |
| | 4. | Chad Soland | Sweet Home |
| | 5. | Cory Coulter | Sweet Home |

157 pounds

| | | | |
|-----|----|-------------------|--------------|
| 4th | 1. | Ryan Wertz (14-7) | Silverton |
| | 2. | L. Garza | North Marion |
| | 3. | Angleu (8-6) | Sweet Home |
| | 4. | Justin Chafin | Sweet Home |
| | 6. | Zeb Busweel | Molalla |

168 pounds

| | | | |
|-----|----|---------------------|--------------|
| 5th | 1. | Terry Buzzard (4-0) | Cascade |
| | 2. | Ernie Oar | Sweet Home |
| | 3. | J. Bielenberg (4-3) | Silverton |
| | 4. | Josh Walkup | Molalla |
| | 5. | Tim McGee | North Marion |
| | 6. | Nathan Brewer | Sweet Home |

178 pounds

| | | | |
|-----|----|--------------------|------------|
| 6th | 1. | Jerime Hamm (1:17) | Dallas |
| | 2. | Eugene Luke | Sweet Home |
| | 3. | Luke (.48) | Sweet Home |
| | 4. | Tim Korkeakoski | Molalla |
| | PL | Tom Reasons | Sweet Home |

191 pounds

| | | | |
|--|----|-------------------------|--------------|
| | 1. | Aaron Cupp | Stayton |
| | 2. | Nathan Rice (2:04)(WB?) | Sweet Home |
| | 3. | Chad Riddle | Molalla |
| | 4. | Jared Gochenour | Molalla |
| | PL | Jason Cousin | North Marion |

275 pounds

| | | | |
|-----|----|---------------------|--------------|
| 1st | 1. | Matt Mathews (1:25) | Silverton |
| 2nd | 2. | Jay Omelias | North Marion |
| | 3. | Ron Reasons (4-2) | Sweet Home |
| | 4. | Mabry | Sweet Home |
| | 6. | Nesario Valenciano | North Marion |

Team Results

| | | |
|----|--------------|-----|
| 1. | Sweet Home | 287 |
| 2. | Dallas | 237 |
| 3. | Molalla | 226 |
| 4. | Silverton | 214 |
| 5. | Cascade | 169 |
| 6. | Woodburn | 143 |
| 7. | Stayton | 84 |
| 8. | North Marion | 83 |

Coaches

| |
|-----------------|
| Norm Davis |
| Steve Lander |
| John Olson |
| Noel Hygelund |
| Tom Phillips |
| Sam Jones |
| Steve Zimmerman |
| Mike Robinson |

Matt Mathews (275 lbs. from Silverton) had 11 and 10 second pins.

**Capital Conference
District Eight-3A Championships
February 24-25, 1995
Molalla High School
Molalla, Oregon**

100 pounds

| | | |
|----|-------------------------|------------|
| 1. | Drew Hollifield (13-12) | Central |
| 2. | Thaddus Berry (3:01 WB) | Woodburn |
| 3. | Brian Bebout | Sweet Home |

106 pounds

| | | | |
|-----|----|--------------------|----------|
| 1st | 1. | David Castle (4-3) | Cascade |
| 3rd | 2. | David Perez | Central |
| | 3. | Virgil Adams | Woodburn |

112 pounds

| | | | |
|-----|----|--------------------------|--------------|
| 6th | 1. | David Sandberg (MD 11-1) | Molalla |
| 3rd | 2. | Jason Baynes | Sisters |
| | 3. | Isalah Camp | North Marion |

119 pounds

| | | | |
|-----|----|------------------------|----------|
| 1st | 1. | Monse Vasquez (:58) | Woodburn |
| | 2. | C. Pachocoho (2:43 WB) | Central |
| | 3. | Horocio Lamas | Woodburn |

126 pounds

| | | | |
|--|----|----------------------|------------|
| | 1. | Clark (inj. default) | Cascade |
| | 2. | Leder | Woodburn |
| | 4. | Chris Dougherty | Sweet Home |

134 pounds

| | | | |
|-----|----|-----------------------|------------|
| 1st | 1. | Bryan Coulter (5-4) | Sweet Home |
| 2nd | 2. | Brad Horner (10-0 WB) | Central |
| | 3. | Clasen | Molalla |
| | 6. | Manny Victor | Sweet Home |

142 pounds

| | | | |
|--|----|-----------------------|------------|
| | 1. | Muzchenko (6-5) | Cascade |
| | 2. | Chad Soland (5:07 WB) | Sweet Home |
| | 3. | John Zimmerman (5-1) | Stayton |
| | 4. | Junior Lopez | Sweet Home |

151 pounds

| | | | |
|--|----|-------------------------|---------|
| | 1. | Neil Clasen (inj. def.) | Molalla |
| | 2. | Joe Lancour (5-0 WB) | Cascade |
| | 3. | Juan Landerus | Central |

160 pounds

| | | | |
|--|----|-------------------------|------------|
| | 1. | Jacob Leder (8-2) | Woodburn |
| | 2. | Chad Allen (TF 16-0 WB) | Cascade |
| | 3. | Jeremy Coulter | Sweet Home |
| | 5. | Adam Cooley | Sweet Home |

172 pounds

| | | | |
|-----|----|----------------------|--------------|
| 5th | 1. | Tim McGee (1:36) | North Marion |
| | 2. | Josh Walkup (6-2 WB) | Molalla |
| | 3. | Sam Wasman | Central |
| | 5. | Tom Reasons (4-2) | Sweet Home |
| | 6. | Nathan Brewer | Sweet Home |

185 pounds

| | | | |
|-----|----|-------------------|------------|
| 1st | 1. | Nathan Rice (9-2) | Sweet Home |
| | 2. | Matt Payne | Cascade |
| | 3. | Tim Korkeakoski | Molalla |

215 pounds

| | | | |
|-----|----|-------------------|------------|
| 1st | 1. | Eugene Luke (8-0) | Sweet Home |
| | 2. | Jeremy Usher | Sisters |
| | 3. | Matt Sowa | Molalla |
| | 4. | Tony Luttrell | Molalla |

275 pounds

| | | | |
|--|----|---------------------|------------|
| | 1. | Cameron Hall (2:14) | Sweet Home |
| | 2. | Ceferino Gonzalez | Woodburn |
| | 3. | Chad Stahlnecker | Molalla |
| | 4. | Kevin Barton | Molalla |

Team Results

| | | |
|----|--------------|-------|
| 1. | Molalla | 265.5 |
| 2. | Woodburn | 253.5 |
| 3. | Sweet Home | 251.5 |
| 4. | Cascade | 188 |
| 5. | Central | 180 |
| 6. | Stayton | 86 |
| 7. | North Marion | 73.5 |
| 8. | Sisters | 54 |

Coaches

| |
|---------------|
| John Olson |
| Sam Jones |
| Mike Robinson |

Outstanding Wrestler
David Castle
Cascade

Oregonian, Portland Feb. 26, 1995, p. C12
Statesman-Journal, Salem, Feb. 26, 1995, p. 6D.
Pioneer, Molalla, March 1, 1995, p. 7.

196 Class 3A High School District Championships

Capital League District Eight 3A Championships February 23-24, 1996 Woodburn High School Woodburn, Oregon

100 pounds

| | | | |
|-----|----|-----------------------|--------------|
| 2nd | 1. | Clint Sieminski | Sweet Home |
| | 2. | Oliver Newkirk | North Marion |
| | 3. | Brett Rosenthal (pin) | Molalla |
| | 4. | Don Wood | Sweet Home |
| | 5. | Chun Hung | Stayton |
| | 6. | Mike Kite | Stayton |

106 pounds

| | | | |
|-----|----|------------------|------------|
| 5th | 1. | Ben Adams | Central |
| | 2. | P. Lopez | Woodburn |
| | 3. | Dan Boice | Stayton |
| | 4. | Jeff Landtroop | Sweet Home |
| | 5. | Tim Stearns | Molalla |
| | 6. | Valente Calvillo | Central |

112 pounds

| | | | |
|--|----|--------------------|------------|
| | 1. | Kevin Lummus (7-4) | Sweet Home |
| | 2. | Zac Enoch | Sisters |
| | 3. | Drew Hollifield | Central |
| | 5. | Ben Laro | Stayton |
| | 6. | James Dodge | Stayton |

119 pounds

| | | | |
|-----|----|-----------------------------|------------|
| 2nd | 1. | David Castle (4-3) | Cascade |
| | 2. | David Sandberg (dec.) (2-0) | Molalla |
| | 3. | Jason Baynes | Sisters |
| | 4. | Cecilio Pacheco | Central |
| | 5. | Chad Zurcher | Sweet Home |
| | 6. | Lamas | Woodburn |

126 pounds

| | | | |
|-----|----|-------------------|--------------|
| 4th | 1. | Josh Leder | Woodburn |
| | 2. | Isaiah Camp (4-3) | North Marion |
| | 3. | Terry Robb | Stayton |
| | 5. | T.J. Horner | Central |
| | 6. | Eli Haught | Central |

134 pounds

| | | | |
|-----|----|-----------------------|------------|
| 4th | 1. | Luke Heuberger (12-2) | Stayton |
| | 2. | Pat Clasen (12-6) | Molalla |
| | 3. | Manny Victor | Sweet Home |
| | 6. | Josh Pask | Stayton |

142 pounds

| | | | |
|--|----|----------------------------|--------------|
| | 1. | Junior Lopez (8-6) | Sweet Home |
| | 2. | John Zimmerman (4-3) (6-5) | Stayton |
| | 3. | Dan Lapp | North Marion |
| | 4. | Clay Doman | Woodburn |

151 pounds

| | | | |
|-----|----|-------------------------|----------|
| 6th | 1. | Shane Muzzechenko (1-0) | Cascade |
| | 2. | Nathan Ritchie | Woodburn |
| | 3. | Aaron Renhard (5-0) | Molalla |
| | 4. | Chris Gager | Sisters |
| | 5. | Jose Campos | Central |
| | 6. | Joe Burton | Central |

160 pounds

| | | | |
|--|----|----------------------|------------|
| | 1. | Richard Jones (6-1) | Woodburn |
| | 2. | Brent Allen (9-2) | Cascade |
| | 3. | Justin Chafin (10-4) | Sweet Home |
| | 4. | Joe Cochran | Molalla |
| | 5. | Pepis Avila | Central |
| | 6. | John Viane | Central |

172 pounds

| | | | |
|-----|----|--------------------|------------|
| 3rd | 1. | Jason Lovell (3-0) | Cascade |
| | 2. | Cavazos (3-2) | Woodburn |
| | 3. | Adam Cooley | Sweet Home |
| | 5. | Brett Cupp | Stayton |

185 pounds

| | | | |
|--|----|-------------------|------------|
| | 1. | Sam Wasmann (3-2) | Stayton |
| | 2. | Nathan Brewer | Sweet Home |
| | 4. | Scott Viner | Central |
| | 5. | Sowa | Molalla |
| | 6. | Jeff Martinez | Sweet Home |

215 pounds

| | | | |
|-----|----|---------------------------|------------|
| 1st | 1. | Nathan Rice (inj. deflt.) | Sweet Home |
| | 2. | Tony Luttrell | Molalla |
| | 3. | James Courley (9-6) | Sweet Home |
| | 4. | David Gonzalez | Central |
| | 6. | Ben Bielenberg | Stayton |

275 pounds

| | | | |
|--|----|----------------------|------------|
| | 2. | Chris Vasfaret (8-2) | Sweet Home |
| | 3. | Aubrey Pierce | Central |
| | 5. | Stacy Vaughn (-59) | Sweet Home |
| | 6. | Chavez | Cascade |

| | | |
|---------------------|-------|----------------|
| Team Results | | Coaches |
| 1. Sweet Home | 286.5 | |
| 2. Woodburn | 216 | Sam Jones |
| 3. Central | 188.5 | |
| 4. Molalla | 178 | John Olson |
| 5. Cascade | 173.5 | |
| 6. Stayton | 157.5 | |

| | | |
|-----------------|------|---------------|
| 7. North Marion | 113 | Mike Robinson |
| 8. Sisters | 56.5 | |

Democrat-Herald, Albany, Feb. 26, 1996, page B2.
Pioneer, Molalla, Feb. 28, 1996, page 6.
Mail, Stayton, Feb. 27, 1996, page 23.
New Era, Sweet Home, Feb. 28, 1996, pages 10-11.

Capital Conference District Eight-3A Championships February 21-22, 1997 Cascade High School Turner, Oregon

100 pounds

| | | | |
|--|----|----------------|--------------|
| | 1. | Oliver Newkirk | North Marion |
| | 2. | Joel Lantz | Molalla |

106 pounds

| | | | |
|-----|----|-----------------|------------|
| 1st | 1. | Clint Sieminski | Sweet Home |
| 3rd | 2. | Pedro Lopez | Woodburn |

112 pounds

| | | | |
|-----|----|----------------|---------|
| 3rd | 1. | David Sandberg | Molalla |
| | 2. | Zac Enoch | Sisters |

119 pounds

| | | | |
|--|----|---------------|------------|
| | 1. | Kevin Lummus | Sweet Home |
| | 2. | Josh Cantrell | Cascade |

126 pounds

| | | | |
|-----|----|--------------|------------|
| 1st | 1. | David Castle | Cascade |
| | 2. | Chad Zurcher | Sweet Home |

134 pounds

| | | | |
|-----|----|-------------|--------------|
| 4th | 1. | Mike Clark | Cascade |
| 2nd | 2. | Isalah Camp | North Marion |

142 pounds

| | | | |
|-----|----|----------------|----------|
| 2nd | 1. | Luke Heuberger | Stayton |
| 5th | 2. | Virgil Adams | Woodburn |

151 pounds

| | | | |
|--|----|-------------------|---------|
| | 1. | Shane Muzzechenko | Cascade |
| | 2. | John Zimmerman | Stayton |

160 pounds

| | | | |
|--|----|--------------|---------|
| | 1. | Adam Kamstra | Cascade |
| | 2. | Dan Kemp | Sisters |

172 pounds

| | | | |
|-----|----|---------------------|------------|
| 1st | 1. | Jason Lovell | Cascade |
| | 2. | Joe Burton (cc. WB) | Central |
| | 3. | Nathan Brewer | Sweet Home |

185 pounds

| | | | |
|-----|----|---------------|------------|
| 5th | 1. | Adam Cooley | Sweet Home |
| | 2. | James Gourley | Sweet Home |

215 pounds

| | | | |
|-----|----|---------------|---------|
| 6th | 1. | Tony Luttrell | Molalla |
| | 2. | Eric Sphoom | Cascade |

275 pounds

| | | | |
|--|----|---------------|---------|
| | 1. | Aubrey Pierce | Central |
| | 2. | Jarrod Runion | Stayton |

| | | |
|---------------------|-------|-----------------|
| Team Results | | Coaches |
| 1. Cascade | 294.5 | Tom Phillips |
| 2. Sweet Home | 284.5 | Steve Thorpe |
| 3. Stayton | 161 | Steve Zimmerman |
| 4. Molalla | 15.5 | John Olson |
| 5. Central | 139.5 | Randy Sullivan |
| 6. North Marion | 119.5 | Mike Robinson |
| 7. Woodburn | 99.5 | Sam Jones |
| 8. Sisters | 58.5 | Chuck DeKay |

Coch of the Year
Tom Phillips
Cascade

Joe Burton won the 172 pound consolation finals and then beat Nathan Brewer, the losing finalist for the right to go to state.

Statesman-Journal, Salem, Feb. 24, 1997, page 2B.

Capital Conference District Eight 3A Championships February 20-21, 1998 North Marion High School Aurora, Oregon

103 pounds

| | | | |
|-----|----|-------------------|---------|
| 4th | 1. | Joel Lantz (8-4) | Molalla |
| 8th | 2. | Brian Reel | Molalla |
| | 3. | Cole Pelky (12-3) | Cascade |
| | 4. | Josh Leason | Sisters |

112 pounds

| | | | |
|--|----|-------------------------|--------------|
| | 1. | Jeff Landtroop (8-6 OT) | Sweet Home |
| | 2. | Jason Roberts | North Marion |
| | 3. | Aklueck Adams (4-0) | Central |
| | 4. | Nash | Molalla |

119 pounds

| | | | |
|-----|----|-----------------------|------------|
| 1st | 1. | Clint Sieminski (5-2) | Sweet Home |
| 5th | 2. | Ben Adams | Central |
| | 3. | Zac Enoch (4-3) | Sisters |
| | 4. | Josh Cantrell | Cascade |
| | 6. | Nick Grieve | Molalla |

125 pounds

| | | | |
|-----|----|-----------------------|--------------|
| 1st | 1. | Kevin Lummus (7-3) | Sweet Home |
| 6th | 2. | Almonzo Kurtz | Sweet Home |
| | 3. | Chris Hernandez (1-0) | North Marion |
| | 4. | Tommy Peters | Cascade |
| | 5. | Eric Cole (15-0 TF) | Molalla |
| | 6. | Brian Danielson | Central |

130 pounds

| | | | |
|-----|----|---------------------|------------|
| 1st | 1. | David Castle (1:06) | Cascade |
| 2nd | 2. | Chad Zurcher | Sweet Home |
| | 3. | J.T. Horner (10-4) | Central |
| | 4. | Williams | Molalla |

135 pounds

| | | | |
|-----|----|-------------------|--------------|
| 1st | 1. | Isaiah Camp (8-1) | North Marion |
| 2nd | 2. | Eli Haught (3-1) | Central |
| | 3. | Russ Walkup (7-4) | Molalla |
| | 6. | Travis Smith | Sweet Home |

140 pounds

| | | | |
|-----|----|-----------------------|------------|
| 5th | 1. | Tristan Nichols (7-1) | Sweet Home |
| | 2. | Ben Dahl | Cascade |
| | 3. | Tony Lopez (5-1) | Sweet Home |
| | 4. | Harra | Central |
| | 6. | Kyle St. Clair | Molalla |

145 pounds

| | | | |
|-----|----|---------------------|------------|
| 4th | 1. | T.J. Paul (6-1) | Sweet Home |
| 8th | 2. | Casey Lovell | Cascade |
| | 3. | Paul Betts (7-5 OT) | Sweet Home |
| | 4. | Weigel | Molalla |

152 pounds

| | | | |
|-----|----|-----------------------|------------|
| 2nd | 1. | John Zimmerman (8-2) | Stayton |
| | 2. | Mason Haycock | Woodburn |
| | 3. | Oliver Anderson (5-2) | Cascade |
| | 4. | Aker | Sweet Home |

160 pounds

| | | | |
|-----|----|-------------------|--------------|
| 2nd | 1. | Dan Lapp (6-4 OT) | North Marion |
| 3rd | 2. | Adam Kamstra | Cascade |
| | 3. | Adriano (5-1) | Stayton |
| | 4. | Skelly | Sweet Home |
| | 6. | Chris Walkup | Molalla |

171 pounds

| | | | |
|-----|----|-------------------|------------|
| 5th | 1. | Cooley (7-1) | Sweet Home |
| | 2. | Chad Kamstra | Cascade |
| | 3. | Chuck Doman (7-3) | Woodburn |
| | 4. | Bemrose | Stayton |

189 pounds

| | | | |
|-----|----|---------------------|------------|
| 1st | 1. | Jason Lovell (3:48) | Cascade |
| 4th | 2. | James Courley | Sweet Home |
| | 3. | Joe Webber (15-2) | Molalla |
| | 4. | Todd Sphoom | Cascade |

215 pounds

| | | | |
|--|----|----------------------|---------|
| | 1. | Herbie Carson (-45) | Molalla |
| | 2. | Levi Bauldree | Stayton |
| | 3. | Ross Starbuck (3:42) | Stayton |
| | 4. | Derek Noel | Cascade |
| | 5. | Thom Rivera | Moalla |

275 pounds

| | | | |
|-----|----|-----------------------------|------------|
| 5th | 1. | Aubrey Pierce (1:11) | Central |
| | 2. | Dennis Bechtal (3:41) (pin) | Sweet Home |
| 8th | 3. | Jerrad Runion | Stayton |
| | 4. | Isaac Crosair | Cascade |
| | 5. | Ellis | |
| | 6. | Todd Luttrell | Moalla |

| | | |
|---------------------|-------|----------------|
| Team Results | | Coaches |
| 1. Sweet Home | 344.5 | Steve Thorpe |
| 2. Cascade | 209.5 | |
| 3. Molalla | 213 | |
| 4. Central | 176.5 | Randy Sullivan |
| 5. Stayton | 166.5 | |
| 6. North Marion | 154.5 | |
| 7. Woodburn | 68 | |
| 8. Sisters | 56 | |

Outstanding Wrestlers
Clint Sieminski
Sweet Home
&
David Castle
Cascade

Bechtal (275 lb.) successfully challenged Runion for the second qualifying spot in a wrestle-back match.

Oregonian, Portland, Feb. 23, 1998, page D7.
Mail, Stayton, Feb. 24, 1998, page 1B.
New Era, Sweet Home, Feb. 25, 1998, page 8.
Statesman-Journal, Salem, Feb. 23, 1998, page 5B.
Nugget, Sisters, OR, Feb. 25, 1998, page 13.
Pioneer, Molalla, OR, Feb. 25, 1998, page 8.

**Capital Conference
District Eight 3A Championships
February 19-20, 1999
Central High School
Independence, Oregon**

| | | |
|------------|---------------------------------|--------------|
| 103 pounds | | |
| 1st | 1. Justin Pearch (3-2) | Molalla |
| 2nd | 2. Cole Pelky (pin) | Cascade |
| | 3. Rardin | Central |
| 112 pounds | | |
| 1st | 1. Brett Phillips (7-5) | Cascade |
| | 2. Pedro Lopez (pin) | Woodburn |
| | 3. Kenny Roberts | Molalla |
| | 5. Neil Workman | Sweet Home |
| | 6. Tim O'Brien | Sweet Home |
| 119 pounds | | |
| 1st | 1. Clint Sieminski (16-0 TF) | Sweet Home |
| | 2. Jeremy Deloretto | Cascade |
| | 4. Israel Helfrich | Sweet Home |
| 125 pounds | | |
| 1st | 1. Mike Unger (8-2) | Cascade |
| 6th | 2. Joel Lantz | Molalla |
| | 3. Almonzo Kurtz | Sweet Home |
| 130 pounds | | |
| 6th | 1. Jeff Landtroop (pin) | Sweet Home |
| | 2. Josh Meadors | North Marion |
| | 5. Dalen Page | |
| | 6. John Pepple | Sweet Home |
| 135 pounds | | |
| 3rd | 1. Kevin Lummus (17-0 TF) | Sweet Home |
| | 2. Doug Washburn | Stayton |
| | 3. Travis Smith | Sweet Home |
| | 6. Jake Hart | |
| 140 pounds | | |
| 2nd | 1. Chad Zurcher (pin) | Sweet Home |
| | 2. David Kemp | Sisters |
| | 6. Kelly Huston | |
| 145 pounds | | |
| 2nd | 1. T.J. Paul (pin) | Sweet Home |
| | 2. David Helfrich | Sweet Home |
| | 3. A.J. Lawrence | |
| 152 pounds | | |
| 2nd | 1. Tony Lopez (4-3) | Sweet Home |
| 5th | 2. Casey Lovell (9-3 WB) | Cascade |
| | 3. Nick Barnett | Stayton |
| | 4. Eric Keller | |
| | 5. Rusty Thompson | Sweet Home |
| 160 pounds | | |
| 4th | 1. Oliver Anderson (11-7) | Cascade |
| | 2. Mason Haycock (win) (6-2 WB) | Woodburn |
| | 3. Duane Weigel | Molalla |
| | 6. Tim Carr | Sweet Home |
| 171 pounds | | |
| 8th | 1. Shane Porterfield (7-5) | Cascade |
| | 2. Austin Lawrence (7-4 WB) | Stayton |
| | 3. Doman | Woodburn |
| 189 pounds | | |
| 6th | 1. James Gourley (inj. defft.) | Sweet Home |
| 3rd | 2. Joe Webber | Molalla |
| | 5. Ross Starbuck | |
| 215 pounds | | |
| 2nd | 1. Levi Bauldree (5-3) | Stayton |
| | 2. Andy Ellis | Sweet Home |
| | 5. Bobby LaFollette | Sweet Home |
| 275 pounds | | |
| 7th | 1. Jarrod Runion (pin) | Stayton |
| | 2. Matt Shutlz | Molalla |
| | 3. Bechtel | Sweet Home |
| | 5. Donnie Zimmerman | |
| | 6. Eddie Vaughn | Sweet Home |

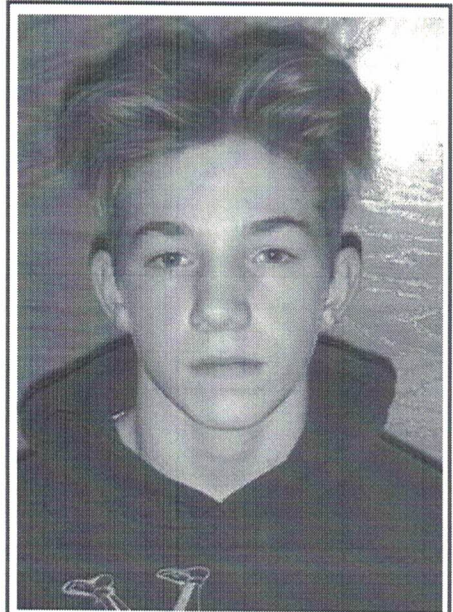
Team Results

| | | |
|----|--------------|-------|
| 1. | Sweet Home | 396 |
| 2. | Cascade | 289 |
| 3. | Molalla | 281 |
| 4. | Stayton | 202.5 |
| 5. | Woodburn | 153 |
| 6. | North Marion | 149 |
| 7. | Central | 50.5 |
| 8. | Sisters | 27 |

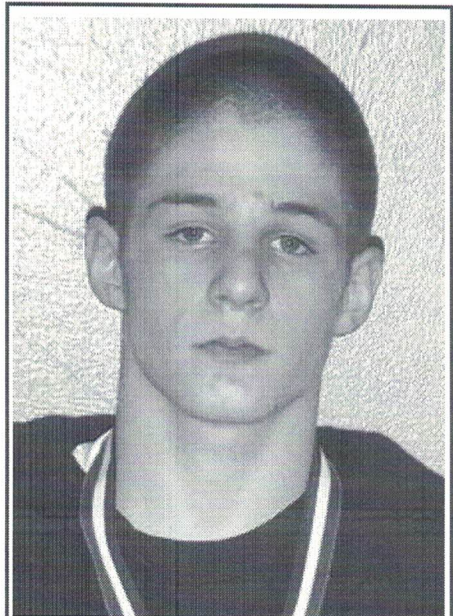
Statesman-Journal, Salem
Democrat-Herald, Albany, Feb. 22, 1999, page B2.
Mail, Stayton, Feb. 24, 1999, p. B1.

**Capital Conference
District Eight 3A Championships
February 18-19, 2000
Sisters High School
Sisters, Oregon**

| | | |
|------------|---------------------------|--------------|
| 103 pounds | | |
| 3rd | 1. Chad Emmert (7-4) | Sweet Home |
| 5th | 2. Keith Horn | Sweet Home |
| | 3. Nathan Garcia | Central |
| | 7. Paul Frasier | North Marion |
| 112 pounds | | |
| 1st | 1. Brett Phillips (4-3) | Cascade |
| 3rd | 2. Justin Pearch | Molalla |
| | 3. Kyle Temple | Sweet Home |
| | 6. Andrew Swanson | Sweet Home |
| | 8. Andrew McBride | North Marion |
| 119 pounds | | |
| 1. | Jeremy Deloretto (3-2) | Cascade |
| 5th | 2. Cole Pelky | Cascade |
| | 3. Neil Workman | Sweet Home |
| | 5. Kyle Russell | North Marion |
| | 7. Mike Aerni | Sweet Home |
| 125 pounds | | |
| 1. | Joel Lantz (5-0) | Molalla |
| 7th | 2. Nick Demaris | Cascade |
| | 3. Kenny Roberts | Molalla |
| | 4. Andrew Zurcher | Sweet Home |
| | 5. Ros Almason | Sweet Home |
| 130 pounds | | |
| 1st | 1. Mike Unger (11:51) | Cascade |
| | 2. Jered Roberts | Molalla |
| | 3. Brian Reel | Molalla |
| 135 pounds | | |
| 1. | Cisco Adams (13-4) | Stayton |
| | 2. Chance Dettwyler | Molalla |
| | 3. Danny Helfrich | Sweet Home |
| | 5. Israel Helfrich | Sweet Home |
| | 7. Zach Martushev | North Marion |
| 140 pounds | | |
| 4th | 1. Andy Williams (4-2) | Molalla |
| | 2. Jamison Miller | Cascade |
| | 3. Adam Knight | Sweet Home |
| | 4. Robert Carr | Sweet Home |
| 145 pounds | | |
| 5th | 1. Brandt McManamon (8-3) | Cascade |
| | 2. Shawn Lacy | Cascade |
| | 3. Tim Carr | Sweet Home |
| | 5. Kenny Maynard | Sweet Home |
| | 8. Nick Adams | North Marion |
| 152 pounds | | |
| 1. | David Helfrich (9-1) | Sweet Home |
| | 2. Doug Washburn | Stayton |
| | 3. Arnold Garcia | Central |
| | 4. Sean Hegge | Sweet Home |
| | 6. Alex Gonzalesz | North Marion |
| 160 pounds | | |
| 2nd | 1. Casey Lovell (5-1) | Cascade |
| 4th | 2. Oliver Anderson | Cascade |
| | 3. Joel Walkup | Molalla |
| | 8. Ian Bastrom | Sweet Home |
| 171 pounds | | |
| 4th | 1. Austin Lawrence (10-9) | Stayton |
| 7th | 2. Shane Porterfield | Cascade |
| | 3. Justin Willis | North Marion |
| | 4. Kerrick Ramseyer | Cascade |
| | 5. Trevor Burchard | Sweet Home |
| | 7. Troy Scott | Sweet Home |
| 189 pounds | | |
| 1st | 1. Rex Doman (7-2) | Woodburn |
| | 2. Bobby LaFollette | Sweet Home |
| | 3. Britton Cooper | Cascade |
| | 4. Matt Vassar | Sweet Home |
| | 8. Andrew McLaren | North Marion |
| 215 pounds | | |
| 5th | 1. Levi Bauldree (4-1) | Stayton |
| | 2. Scott Doman | Woodburn |
| | 3. Denny Kirk | Molalla |
| | 5. Daniel Brewer | Sweet Home |
| | 6. Dallas Branum | North Marion |
| | 8. Greg Jorgenson | North Marion |
| 275 pounds | | |
| 1st | 1. Andy Ellis (6-1) | Sweet Home |
| 8th | 2. Nathan Kosikowski | Woodburn |
| | 3. Tim Sprintz | Cascade |
| | 8. Jason Ellingson | North Marion |



Justin Pearch
Molalla



Mike Unger
Cascade

Team Results

| | | |
|----|--------------|-----|
| 1. | Cascade | 358 |
| 2. | Sweet Home | 355 |
| 3. | Molalla | 256 |
| 4. | Stayton | 187 |
| 5. | Woodburn | 158 |
| 6. | Central | 102 |
| 7. | North Marion | 55 |
| 8. | Sisters | 35 |

Coaches

| |
|-----------------|
| Tom Phillips |
| Steve Thorpe |
| Steve Zimmerman |
| Mike Robinson |

Outstanding Wrestler

Brett Phillips
Cascade

Coach of the Year

Steve Zimmerman
Stayton

Oregonian, Portland, Feb. 21, 2000, page C6.
WWW, Democrat-Herald, Albany.
New Era, Sweet Home, Feb. 23, 2000, page 8.
Herald, Canby, Feb. 23, 2000, pp. 10-11.

198 Class 3A High School District Championships

Capital League District Eight 3A Championships February 16-17, 2001 Sweet Home High School Sweet Home, Oregon

103 pounds

| | | | |
|-----------------|----|--------------------------------|------------|
| 2 nd | 1. | Andrew Swanson (3:29) | Sweet Home |
| 8 th | 2. | Anthony Michel | Stayton |
| | 3. | Johnny Weight | Cascade |
| | 5. | John Nash (6 th ??) | Molalla |

112 pounds

| | | | |
|-----------------|----|-----------------------|------------|
| 1 st | 1. | Brett Phillips (10-5) | Cascade |
| 2 nd | 2. | Chad Emmert | Sweet Home |
| 5 th | 3. | Joe Michel | Stayton |
| | 5. | Kyle Crawford | Molalla |
| | 6. | Mitch Howard | Molalla |

119 pounds

| | | | |
|--|----|---------------------|------------|
| | 1. | Neal Workman (7-2) | Sweet Home |
| | 2. | Nathan Garcia | Central |
| | 3. | Michael Lantz (4-3) | Molalla |
| | 4. | Tony Arevalo | Central |
| | 6. | George Fletcher | Molalla |

125 pounds

| | | | |
|-----------------|----|------------------|------------|
| 2 nd | 1. | KC Stokes (2:46) | Sweet Home |
| | 2. | Kyle Temple | Sweet Home |
| | 3. | David Rardin | Central |
| | 5. | Nick Peters | Molalla |

130 pounds

| | | | |
|-----------------|----|--------------------|------------|
| 7 th | 1. | Nic Demaris (11-3) | Cascade |
| | 2. | Jered Roberts | Molalla |
| | 3. | Ross Almason | Sweet Home |
| | 6. | Joe Lewis | Molalla |

135 pounds

| | | | |
|--|----|----------------------|--------------|
| | 1. | Matt Unger (10-8 OT) | Cascade |
| | 2. | Jason Roberts | North Marion |
| | 3. | Rodney Favaro (7-1) | Stayton |
| | 4. | Johnny Weigel | Molalla |
| | 5. | Larson Wood | Molalla |

140 pounds

| | | | |
|-----------------|----|------------------------|------------|
| 1 st | 1. | Mike Unger (Inj. dft.) | Cascade |
| | 2. | Kenny Roberts | Molalla |
| | 3. | Keegan Burnett | Sweet Home |

145 pounds

| | | | |
|-----------------|----|-----------------------|------------|
| 6 th | 1. | Israel Helfrich (pin) | Sweet Home |
| | 2. | Adam Knight | Sweet Home |
| | 3. | Scott Puhlman (9-3) | Molalla |
| | 4. | Kelly Huston | Stayton |

152 pounds

| | | | |
|--|----|------------------------|------------|
| | 1. | Brent McManamon (18-7) | Cascade |
| | 2. | Eric Lambert | Sweet Home |
| | 3. | Arnold Garcia | Central |
| | 6. | Ryan Barr | Molalla |

160 pounds

| | | | |
|-----------------|----|----------------------|------------|
| 2 nd | 1. | David Helfrich (6-5) | Sweet Home |
| 1 st | 2. | Oliver Anderson | Cascade |
| 4 th | 3. | A.J. Lawrence (14-3) | Stayton |
| | 4. | Joel Walkup | Molalla |

171 pounds

| | | | |
|-----------------|----|----------------------|--------------|
| 2 nd | 1. | Justin Willis (1:00) | North Marion |
| | 2. | Trevor Burchard | Sweet Home |
| | 3. | Derrick Ramseyer | Cascade |
| | 5. | Joseph Goldsby | Molalla |
| | 6. | John McDonald | Molalla |

189 pounds

| | | | |
|--|----|------------------|------------|
| | 1. | Matt Vaser (7-2) | Sweet Home |
| | 2. | Steve Cook | Central |
| | 3. | Matt Miner | Sweet Home |
| | 5. | Jeff Nuffer | Molalla |

215 pounds

| | | | |
|-----------------|----|----------------------|------------|
| 8 th | 1. | Daniel Brewer (3:51) | Sweet Home |
| | 2. | Denny Kirk | Molalla |
| | 3. | Luke Erwinski | Cascade |

275 pounds

| | | | |
|-----------------|----|-------------------|------------|
| 2 nd | 1. | Andy Ellis (1:00) | Sweet Home |
| | 2. | Tim Strinz | Cascade |
| | 3. | Mat Neiffer | Central |

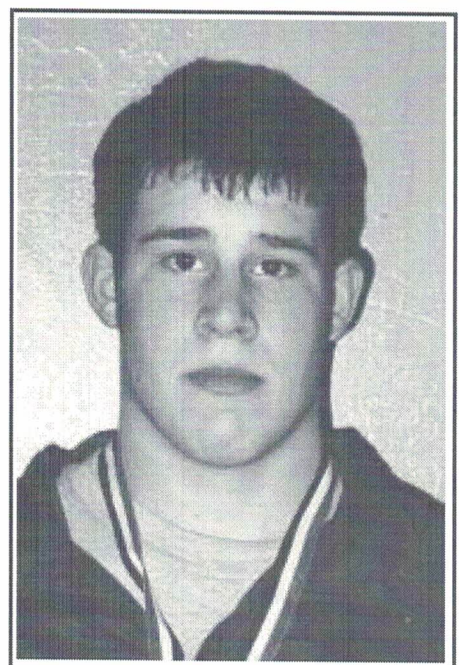
Team Results

| | | |
|----|--------------|-------|
| 1. | Sweet Home | 440.5 |
| 2. | Cascade | 238 |
| 3. | Molalla | 219.5 |
| 4. | Central | 169.5 |
| 5. | Stayton | 113.5 |
| 6. | North Marion | 97 |

www.Oregonlive.com
Pioneer, Molalla, Feb. 21, 2001, p. 7.



Brett Phillips
Cascade



Rex Doman
Woodburn

Capital Conference District Eight 3A Championships February 15-16, 2002 Woodburn High School Woodburn, Oregon

103 pounds

| | | | |
|-----------------|----|--------------------|------------|
| 6 th | 1. | Chad Workman (pin) | Sweet Home |
| | 2. | Roman Garcia | Central |
| | 3. | David Smith | Stayton |
| | 5. | Matt Maloney | Sweet Home |

112 pounds

| | | | |
|-----------------|----|----------------------|------------|
| 4 th | 1. | Andrew Swanson (pin) | Sweet Home |
| | 2. | Chris Harnden | Sweet Home |
| | 3. | Sam Grunsten | Stayton |

119 pounds

| | | | |
|-----------------|----|--------------------|--------------|
| 6 th | 1. | Andy Jackson (4-3) | North Marion |
| | 2. | Steven Daily | Molalla |
| | 3. | Nick Wixon | Stayton |

125 pounds

| | | | |
|-----------------|----|------------------|------------|
| 3 rd | 1. | Mike Aerni (dec) | Sweet Home |
| | 2. | Jordan Johnson | Sweet Home |
| | 3. | Michael Lantz | Molalla |

130 pounds

| | | | |
|--|----|--------------------|------------|
| | 1. | Nick Peters (2:17) | Molalla |
| | 2. | Chad Emmert | Sweet Home |
| | 3. | Nathan Garcia | Central |
| | 4. | Adam Zurcher | Sweet Home |

135 pounds

| | | | |
|-----------------|----|----------------|------------|
| 3 rd | 1. | KC Stokes (MD) | Sweet Home |
| | 2. | David Rardin | Central |
| | 3. | Kyle Temple | Sweet Home |

140 pounds

| | | | |
|-----------------|----|--------------------|------------|
| 4 th | 1. | Nic Demaris (11-6) | Cascade |
| | 2. | Jeremy Bradley | Stayton |
| | 3. | Jon Dearborn | Sweet Home |
| | 4. | Robert Carr | Sweet Home |

145 pounds

| | | | |
|-----------------|----|------------------|--------------|
| 2 nd | 1. | Matt Unger (3-2) | Cascade |
| | 2. | Jared Roberts | Molalla |
| | 3. | Newkirk | North Marion |
| | 5. | Chris Phillips | Sweet Home |
| | 6. | Tomas Rosa | Sweet Home |

152 pounds

| | | | |
|-----------------|----|--------------------------|------------|
| 4 th | 1. | Kenny Roberts (27-10 TF) | Molalla |
| | 2. | Travis Rush | Cascade |
| | 3. | Mike Lummus | Sweet Home |
| | 4. | Keegan Burnett | Sweet Home |

160 pounds

| | | | |
|-----------------|----|---------------------|------------|
| 6 th | 1. | A.J. Lawrence (5-3) | Stayton |
| | 2. | Adam Knight | Sweet Home |
| | 3. | Puhlman | Molalla |
| | 4. | Joe Rosa | Sweet Home |

171 pounds

| | | | |
|-----------------|----|-----------------------|------------|
| 1 st | 1. | David Helfrich (3:14) | Sweet Home |
| 5 th | 2. | Joel Walkup | Molalla |
| | 3. | Noah Franke | Cascade |

189 pounds

| | | | |
|-----------------|----|-------------------|------------|
| 6 th | 1. | Matt Vasser (pin) | Sweet Home |
| | 2. | Matt Miner | Sweet Home |
| | 3. | Mack Strawn | Stayton |

215 pounds

| | | | |
|-----------------|----|---------------------|------------|
| 4 th | 1. | Daniel Brewer (7-1) | Sweet Home |
| 7 th | 2. | Denny Kirk | Molalla |
| | 3. | Spencer Little | Central |
| | 4. | Troy Scott | Sweet Home |

275 pounds

| | | | |
|-----------------|----|--------------------|------------|
| 5 th | 1. | Matt Neiffer (3-1) | Central |
| 8 th | 2. | Tim Strinz | Cascade |
| | 3. | Lenny Vidana | Central |
| | 4. | Rob Martin | Sweet Home |
| | 5. | Logan Cooley | Sweet Home |

Team Results

| | | |
|----|--------------|-------|
| 1. | Sweet Home | 223.5 |
| 2. | Molalla | 205.5 |
| 3. | Stayton | 176 |
| 4. | Central | 171 |
| 5. | Cascade | 61.5 |
| 6. | North Marion | 33 |
| 7. | Sisters | 33 |

Outstanding Wrestler
David Helfrich
Sweet Home

Coach of the Year
Steve Thorpe
Sweet Home

Oregonian, Portland, Feb. 19, 2002, p. D8.
New Era, Sweet Home, OR, Feb. 20, 2003, p. 6.

**Capital Conference
District Eight 3A Championships
February 14-15, 2003
Cascade High School
Turner, Oregon**

103 pounds

| | | |
|-----|-------------------------------|------------|
| 7th | 1. Shane Vandhel (3:22) | Sweet Home |
| | 2. Beach | Molalla |
| | 3. Smith (3:24) | Stayton |
| | 4. Schnelle | Stayton |
| | 5. White (2:11) | Cascade |
| | 6. Kaster | Molalla |

112 pounds

| | | |
|--|------------------------|------------|
| | 1. Michel (3:14) | Stayton |
| | 2. Trevor Tagle | Sweet Home |
| | 3. Kendall (9-7) | Sisters |
| | 4. Krivoshein | Molalla |
| | 5. Feidler (7-3) | Stayton |
| | 6. Walker | Sweet Home |

119 pounds

| | | |
|-----|----------------------------|------------|
| 6th | 1. John Farris (9-2) | Sweet Home |
| | 2. Sam Gruneth | Stayton |
| | 3. Howard (15-3 MD) | Molalla |
| | 4. Helfrich | Sweet Home |
| | 5. Peters (:32) | Stayton |
| | 6. Perkins | Molalla |

125 pounds

| | | |
|-----|--------------------------------|--------------|
| 3rd | 1. Andrew Swanson (12-7) | Sweet Home |
| | 2. Newkirk | North Marion |
| | 3. Wixom (12-11) | Stayton |
| | 4. Marris | Molalla |
| | 5. Gordon (3:28) | Sisters |
| | 6. Merrell | Stayton |

130 pounds

| | | |
|--|------------------------------|------------|
| | 1. Lantz (6-0) | Molalla |
| | 2. Reynolds | Stayton |
| | 3. Adam Zurcher (5:40) | Sweet Home |
| | 4. Weight | Cascade |
| | 5. Corliss (8-7) | Sweet Home |
| | 6. Schmitz | Stayton |

135 pounds

| | | |
|-----|----------------------------------|------------|
| 6th | 1. Steven Dailey (14-3 MD) | Moalla |
| | 2. Tom Rosa | Sweet Home |
| | 3. Clause (inj. dflt.) | Sisters |
| | 4. Murray | Sweet Home |
| | 5. Kamstra (17-1 TF) | Cascade |
| | 6. Agullar | Stayton |

140 pounds

| | | |
|-----|----------------------------|--------------|
| 3rd | 1. Nic Demaris (8-4) | Cascade |
| 4th | 2. Kyle Temple | Sweet Home |
| | 3. Peters (19-4 TF) | Molalla |
| | 4. Yoder | |
| | 5. Keeton (1:38) | Sisters |
| | 6. Hall | North Marion |

145 pounds

| | | |
|-----|--------------------------------|------------|
| 5th | 1. Robert Carr (18-5 MD) | Sweet Home |
| | 2. Porter | Stayton |
| | 3. Chris Phillips (14-7) | Sweet Home |
| | 4. Hayner | Molalla |
| | 5. Crawford (4:52) | Molalla |
| | 6. Kroker | Cascade |

152 pounds

| | | |
|--|--------------------------|--------------|
| | 1. Joe Rosa (10-9) | Sweet Home |
| | 2. Burlington | Cascade |
| | 3. Barr (1:44) | Molalla |
| | 4. Newkirk | North Marion |
| | 5. Lindsey (4:55) | Sweet Home |
| | 6. Merrell | Stayton |

160 pounds

| | | |
|-----|------------------------------|------------|
| 4th | 1. Scott Puhlan (10-8) | Molalla |
| | 2. Mike Lumms | Sweet Home |
| | 3. Summers (5-0) | Stayton |
| | 4. O'Brien | Sisters |
| | 5. Peterson (2:34) | Sweet Home |
| | 6. Ellison | Stayton |

171 pounds

| | | |
|-----|-----------------------------|--------------|
| 4th | 1. Noah Franke (1:48) | Cascade |
| | 2. Chance Woody | Sweet Home |
| | 3. Ramirez (10-6) | Cascade |
| | 4. Hammak | Sisters |
| | 5. Everson (1:27) | Stayton |
| | 6. Ingle | North Marion |

189 pounds

| | | |
|-----|----------------------------|--------------|
| 4th | 1. Darin Frey (10-6) | Cascade |
| | 2. Jesse Altin | Sweet Home |
| | 3. Matt Harkey | Sweet Home |
| | 4. Culbertson | Stayton |
| | 5. Young (12-1 MD) | North Marion |
| | 6. Goete | Cascade |

215 pounds

| | | |
|-----|------------------------------|--------------|
| 7th | 1. Jesse Weight (3:11) | Cascade |
| 8th | 2. Rob Martin | Sweet Home |
| | 3. Gaboury (16-1 TF) | North Marion |
| | 4. Ellis | Sweet Home |
| | 5. Mentzer (2:32) | Cascade |
| | 6. Thatcher | Stayton |

275 pounds

| | | |
|--|-------------------------|--------------|
| | 1. Strinz (4-0) | Cascade |
| | 2. Brad Seiber | Sweet Home |
| | 3. Wallace (1:15) | Stayton |
| | 4. Allyn | Sweet Home |
| | 5. McGee (:51) | North Marion |
| | 6. White | Cascade |

Team Results

| | |
|-----------------------|-------|
| 1. Sweet Home | 420.5 |
| 2. Stayton | 247 |
| 3. Molalla | 232.5 |
| 4. Cascade | 227.5 |
| 5. North Marion | 91 |
| 6. Sisters | 69 |

OregonLive.com
Statesman-Journal, Salem, Feb. 16, 2003, p. 7B.



Sweet Home High School
1999 State 3A Champions